



Athletics Manitoba Spring Open

Tentative Schedule

Friday, May 11th, 2012

6:00 pm

Pan Am Stadium, University of Manitoba

Track Events will be run from Fastest to Slowest heats

****TRACK & FIELD EVENTS CAN RUN UP TO 15MIN AHEAD OF TIME****

Track

6:00 pm	80m	Pee Wee/ Bantam Men & Women
6:10 pm	100m	Midget & up Men
6:40 pm	100m	Midget & up Women
7:10 pm	400m	Youth & up Men
7:20 pm	400m	Youth & up Women
7:30 pm	1200m	Midget & under Men
7:35 pm	1200m	Midget & under Women
7:40 pm	400mH	Junior & up Men
7:45 pm	400mH	Junior & up Women
7:55 pm	300mH	Youth Men
8:00 pm	300mH	Youth Women
8:04 pm	200mH	Bantam & Midget Men & Women
8:05 pm	300m	Midget & Under Men
8:10 pm	300m	Midget & Under Women
8:20 pm	1500m	Youth & up Men
8:30 pm	1500m	Youth & up Women
8:40 pm	1500m SC	Midget Men & Women
8:50 pm	2000m/3000MSC	Youth & up Men & Women
9:00 pm	4x100m	Open Men & Women

Field

6:00 pm	Pole Vault	Midget & up Women/Men
6:00 pm	Discus	Open Men/Women
6:15 pm	Standing LJ	Pee Wee/Bantam Women
6:15 pm	Shot Put	Pee Wee/ Bantam Men
6:45 pm	Shot Put	Pee Wee/Bantam Women
6:45 pm	Standing LJ	Pee Wee/Bantam Men
7:00 pm	Triple Jump	Midget & up Women
7:30 pm	Shot Put	Midget & up Men / Women
8:00 pm	Triple Jump	Midget & up Men





TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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Athletics Manitoba Spring Open

Tentative Schedule

Saturday, May 12th, 2012

10:00 am

Pan Am Stadium, University of Manitoba

Track Events will be run from Fastest to Slowest heats

****TRACK & FIELD EVENTS CAN RUN UP TO 15MIN AHEAD OF TIME****

Track

10:00 am	3000m/5000m	Youth & up Men
10:20 am	3000m/5000m	Youth & up Women
10:40 am	110mH	Youth & up Men
10:50 am	100mH	Youth & up Women & Midget Men
10:55 am	80mh	Bantam & Midget Women
11:20 am	2000m	Midget Men
11:35 am	2000m	Midget Women
11:45 am	800m	Bantam & up Men
12:00 am	800m	Bantam & up Women
12:25 am	150m	Pee Wee/Bantam Men
12:45 am	150m	Pee Wee/Bantam Women
12:55 am	200m	Midget & up Men
1:10 pm	200m	Midget & up Women
1:20 pm	600m	Pee Wee Men & Women
1:25 pm	4x400m	Open Men & Women

Field

10:00 am	Long Jump	Bantam & under Men
10:00 am	High Jump	Open Women
10:00 am	Ball Throw	Pee Wee/ Bantam Men & Women
10:30 am	Long Jump	Bantam & under Women
11:00 am	Long Jump	Midget & up Men
11:00 am	Javelin	Midget & up Women
12:00 pm	Hammer Throw	Midget & up Men & Women
12:00 pm	Long Jump	Midget & up Women
12:00 pm	High Jump	Open Men
1:00 pm	Javelin	Midget & up Men

