

TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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Indoor Last Chance Friday, December 7th, 2012

6:00 pm

Max Bell Fieldhouse, University of Manitoba

Tentative Schedule

Track Events will be run from Fastest to Slowest heats

Events can run up to 15mins ahead of schedule*

Track

6:00 pm	60m	Open Men
6:15 pm	60m	Open Women
6:30 pm	1200m	Midget & Under Men
6:40 pm	1200m	Midget & Under Women
6:45 pm	400m	Youth & up Men
6:55 pm	400m	Youth & up Women
7:05 pm	300m	Midget & Under Men
7:15 pm	300m	Midget & Under Women
7:25 pm	1500m	Youth & up Men
7:40 pm	1500m	Youth & up Women
7:55 pm	4x400m	Youth & up Men & Women

Field

6:00 pm	Pole Vault	Midget & up Women
6:00 pm	Standing Long Jump	Pee Wee/Bantam Men & Women
6:45 pm	Weight Throw	Youth & up Men
6:35 pm	Triple Jump	Midget & up Men
7:15 pm	Weight Throw	Youth & up Women
7:15 pm	Pole Vault	Midget & up Men
7:15 pm	Triple Jump	Midget & up Women



