

TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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Indoor Last Chance

Friday, December 7th, 2012 6:00 pm Max Bell Fieldhouse, University of Manitoba

Final Schedule

Track Events will be run from Fastest to Slowest heats

Events can run up to 15mins ahead of schedule*

Track

6:00 pm	60m	Open Men (53)
6:25 pm	60m	Open Women (38)
6:40 pm	1200m	Midget & Under Men (8)
6:45 pm	1200m	Midget & Under Women (4)
6:50 pm	400m	Youth & up Men (18)
7:05 pm	400m	Youth & up Women (8)
7:15 pm	300m	Midget & Under Men (27)
7:30 pm	300m	Midget & Under Women (23)
7:45 pm	1500m	Youth & up Men (17)
7:55 pm	1500m	Youth & up Women (4)
8:05 pm	150m	Invitational Women & Men (2) (2)
8:15 pm	4x400m	Youth & up Men & Women (1) (2)

Field

6:00 pm	Pole Vault	Midget & up Women (7)
6:00 pm	Standing Long Jump	Pee Wee/Bantam Men & Women
6:45 pm	Weight Throw	Midget & up Men (4)
6:35 pm	Triple Jump	Midget & up Men (8)
7:15 pm	Weight Throw	Youth & up Women (7)
7:15 pm	Pole Vault	Midget & up Men (8)
7:15 pm	Triple Jump	Midget & up Women (10)



