

#### TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY

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# 2013 CANADA SUMMER GAMES FINAL SELECTION CRITERIA – ABLE BODIED ATHLETES

Athletes will be chosen to the 2013 Canada Summer Games Team for Team Manitoba according to the following criteria as determined by the Athletics Manitoba Canada Games Coaching Staff and approved by the Board of Directors for Athletics Manitoba.

## **ALL ATHLETES MUST:**

- Participate at the Athletics Manitoba Provincial Outdoor Championships in 2012 & 2013
- Be a registered member of Athletics Manitoba, in good standing
- Compete at the 2013 Canada Games Trials
- Hold a birthdate between January 1<sup>st</sup>, 1991 and December 31<sup>st</sup>, 1995 (Junior Age & Older)

## PRESELECTION:

Athletes may be preselected to the team based on their 2012 outdoor performances ending August 31<sup>st</sup> 2012. Only 1 athlete per event is eligible for pre-selection providing the athlete has met the required standard, and is the top ranked performance in that event for Canada Summer Games eligible athletes at the end of the performance period. Preselected athletes must prove fitness during the 2013 outdoor campaign by hitting the B standard, and finishing top 3 at the Canada Games Trials. No NCAA or NAIA athletes will have their preselection or selected position confirmed until Athletics Manitoba has received in writing a declaration of release from the athletes educational institution based Athletic Department allowing for participation at the 2013 Canada Summer Games Competition.

#### **SELECTION:**

- 1. Preselected Athletes who place TOP 3 in their event at the trials and achieve the B standard
- 2. Those athletes who place FIRST in their event at the trials and achieves the A standard
- 3. Those athletes who place SECOND in their event at the trials and achieves the A standard
- 4. Those athletes who place FIRST in their event at the trials and achieves the B standard
- 5. Those athletes who place SECOND in their event at the trials and achieves the B standard
- 6. Those athletes who place FIRST in their event at the trials and achieve no standard
- 7. Those athletes who are needed for relay teams

Note: In consideration of the athlete's primary events, placement into secondary events will be decided by the Canada Games coaching staff in consultation with the athlete and personal coach, with the intention of improving the TEAM'S overall performance. Those athletes not wishing to comply with this decision may be removed from the team.

# 2013 CANADA GAMES TEAM SELECTION STANDARDS

	MEN		<u>EVENT</u>		WOMEN	
<u>PRE</u>				<u>PRE</u>		
<u>SELECT</u>	<u>A</u>	<u>B</u>		<u>SELECT</u>	<u>A</u>	<u>B</u>
10.67	10.77	10.86	100m	12.01	12.18	12.35
21.51	21.90	22.11	200m	24.39	25.13	25.49
48.04	49.00	50.59	400m	55.46	57.07	58.21
1:51.76	1:53.34	1:56.08	800m	2:11.07	2:12.80	2:15.36
3:53.67	3:55.66	3:59.00	1500m	4:31.66	4:36.15	4:38.28
14:34.41	14:56.68	15:10.67	5000m	17:11.74	17:36.07	17:49.11
14.57	15.19	15.31	100/110mH	14.19	14.69	15.51
53.52	55.43	57.95	400mH	62.20	63.92	64.97
9:16.42	9:33.15	9:40.02	2/3000mST	7:00.28	7:08.90	7:12.59
2.03	1.97	1.95	HJ	1.68	1.62	1.60
7.22	7.06	6.75	LJ	5.69	5.37	5.29
14.76	13.97	13.67	TJ	11.96	11.32	11.04
4.67	4.47	4.30	PV	3.72	3.43	3.35
15.38	14.04	13.11	SP	13.30	12.48	11.81
45.64	41.68	39.74	DT	44.02	40.34	37.24
63.11	57.26	54.96	JAV	44.84	40.97	38.39
53.94	47.44	43.18	HAM	54.00	46.20	43.18
6391	5811	5484	HEP/DEC	4845	4452	4273

- In the result of a tie either in the field events or track events the head to head result from the Athletics Manitoba Provincial Outdoor Championships will decide the top ranked performer.
- The Pre-Selection Competitive period window commences April 1, 2012 ending August 31<sup>st</sup>, 2012.
- The 2013 Competitive period window commences April 1, 2013, ending the Athletics Manitoba Canada Summer Games Trials competition.