



2013 Bison Elementary Relays

Wednesday, January 30, 2013

University of Manitoba

Max Bell Field House

Hosted by the University of Manitoba Track & Field team

Facilities:

6 lane banked Mondo track
8 lane Mondo straightaway
There are also washrooms and change rooms available

Entry Fee:

Entry fee for Member Schools will be \$100.00
Entry fee for Non-Member Schools will be \$150.00

Entries:

All entries must be received by Mon, Jan 28, 2013
Entries can be mailed, faxed or e-mailed to the following contact University of Manitoba Track & Field
Attn: Claude Berube
100A Max Bell Centre
University of Manitoba
Wpg, MB
R3T 2N2
Fax number: 474-7695
E-mail address: Claude.Berube@ad.umanitob.ca

Athletes will be allowed to move up a grade class in order to field a team, however they may not participate on two different teams in the same event.



2013 Bison Elementary Relays

Inquiries: All inquiries can be made to:
Claude Berube
Head Coach, University of Manitoba
Track & Field / Cross Country
(204) 474-8989 or Claude.Berube@ad.umanitoba.ca

Events:

- 1) 8 x 40m Shuttle
 - 8 team members run 40m each (back & forth shuttle style)
- 2) 4 x 200m Relay
 - 4 team members run 200m (1 lap) each
- 3) 4 x Long Jump
 - total distance of 1 jump each for the 4 team members
- 4) 4 x Shot Put
 - total distance of 1 throw each for the 4 team Members (2.73 kg / 6 lb Shot)

Awards: All Competitors will receive a participation certificate
Ribbons will be awarded to the Top 6 in each event



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ENTRY FORM

Entry Fee Member Schools: \$100.00

Entry Fee Non-Member Schools \$ 150.00

Entries: Please indicate the number of teams per event.

	Boys			Girls		
Event	Gr. 4	Gr. 5	Gr. 6	Gr. 4	Gr. 5	Gr. 6
8 x 40m Shuttle						
4 x 200m						
4 x Long Jump						
4 x Shot Put						

Send Entries to:

University of Manitoba Track & Field

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University of Manitoba

Wpg, MB

R3T 2N2

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E-mail address: Claude.Berube@ad.umanitoba.ca

Please make cheques payable to: University of Manitoba Track & Field



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TENTATIVE SCHEDULE

- | | | | |
|---------------------------|-------------------------------|-----------------------|----------------------------|
| <u>10:00am</u> | 4 x 200m Relay Grade 6 Boys | <u>10:00am</u> | 4 x LJ Relay Grade 4 Girls |
| | 4 x 200m Relay Grade 5 Boys | | 4 x LJ Relay Grade 6 Boys |
| | 4 x 200m Relay Grade 4 Boys | | 4 x LJ Relay Grade 4 Boys |
| | 4 x 200m Relay Grade 6 Girls | | 4 x LJ Relay Grade 5 Boys |
| | 4 x 200m Relay Grade 5 Girls | | 4 x LJ Relay Grade 6 Girls |
| | 4 x 200m Relay Grade 4 Girls | | 4 x LJ Relay Grade 5 Girls |
|
<u>10:00am</u> | 8 x 40m Shuttle Grade 6 Girls | | |
| | 8 x 40m Shuttle Grade 5 Girls | | |
| | 8 x 40m Shuttle Grade 4 Girls | | |
| | 8 x 40m Shuttle Grade 6 Boys | | |
| | 8 x 40m Shuttle Grade 5 Boys | | |
| | 8 x 40m Shuttle Grade 4 Boys | | |

Once the Shuttle relays are completed the following events will take place on the infield

- 4 x SP Relay Grade 4 Girls
- 4 x SP Relay Grade 5 Girls
- 4 x SP Relay Grade 6 Girls
- 4 x SP Relay Grade 4 Boys
- 4 x SP Relay Grade 5 Boys
- 4 x SP Relay Grade 6 Boys

We are projecting an approximate 2:00pm completion time for the meet.