



2011 Junior High School Track Attack Series

Sponsored & Sanctioned by Athletics Manitoba

This grassroots track and field series is open to any school with grades 7, 8 and 9 students. Schools must take out a school membership in order to compete at these meets (\$105.00 for teams of 24 or less; \$175.00 for teams of 25 or more) see membership options at www.athleticsmanitoba.com

4 Meet Series \$150.00 Athletics Manitoba member schools

Individual meets \$50.00 Athletics Manitoba member schools

Meet Information

Schools may enter as many athletes as they wish in each event. There are separate categories run for grade 7, grade 8 and grade 9. Details as to time of events will be sent out after team registration.

- Ribbons will be awarded for the top five places.
- ***All four meets run at the Max Bell Centre at the University of Manitoba from **11:00 a.m. to 4:00 p.m.** as follows:

Thursday, January 20	Friday, February 11	Wednesday, February 23	Friday, March 11
60m	60m Hurdles	60m	60m Hurdles
1200m	800m	1200m	800m
400m	200m	400m	200m
Triple Jump	Long Jump	Triple Jump	Long Jump
Shot Put	High Jump	Shot Put	High Jump
4 x 200m Co-Ed	4 x 100m Co-Ed	4 x 200m	4 x 100m

High Jump Minimum standards

Grade 7 Girls: 1.15m; Grade 8 Girls: 1.20m; Grade 9 Girls: 1.20m Grade 7 Boys: 1.20m; Grade 8 Boys: 1.25m; Grade 9 Boys: 1.30m

School Requirements

Each school must participate in the running of the meet and will need 2 adults plus 4 to 6 students in order to handle their function at the meet. Jobs will be assigned prior to the first event and the same job will be done at each of the 4 meets (eg. Long jump officiating, timing, etc.). A list of specific officiating rules will be sent in advance.

Due to a time frame restriction, we will have to limit the number of schools accepted. Those schools opting for participation in the full series will get preference. Parking passes are currently unavailable at the University of Manitoba. Athletics Manitoba will keep you posted of any changes closer to the time of the meet.

Schools are asked to bring their own medical kits as there are no medical personnel at these events.

Schools will be sent registration information upon confirmation in the program.

For more information, contact Diana Stevens, Program Director at 925-5744



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REGISTRATION FORM

Note: Priority given to date of registration (first come, first served) and to those entering all 4 meets.

School: _____ Main Contact E-mail: _____

Address: _____ City: _____ P. Code: _____

Phone: Work _____ Home _____ Fax _____

Coach(es): _____

Entry Fees: Please mark below.

January 20 @ \$50.00 = _____

February 11 @ \$50.00 = _____

February 23 @ \$50.00 = _____

March 11 @ \$50.00 = _____

OR

All four Meets @ \$150.00 = _____

Total Fee: _____

Payable to:
Athletics Manitoba

Forms & Fees are due by January 14, 2011

WAIVER

On behalf of the Athletes participating in the above mentioned meets, in consideration of your accepting it, I hereby waive their rights and claims for damages against the organizers of the meets, their representatives, successors and assigns, for any and all injuries and losses that the athletes may suffer at these meets.

Date: _____

Coach's Signature: _____

Principal's Signature: _____