

2011 Summer Jam - Revised "Just Another Meet"

Date: Monday, July 4 and Tuesday, July 12, 2011

Sanction: Athletics Manitoba

Host : Winnipeg Optimist Athletics

Venue: University of Manitoba Outdoor Track

Timing: Omega Photo Timing System

Awards: None except maybe Firm Handshake

Entries: **1)** All participants must be a member of Athletics Manitoba, or Provincial Association, and Athletics Canada

**2) Entry Fees \$ 5.00 per individual event and \$5.00 per relay with \$10.00 per individual event Late Entry**

**3) Please make cheques payable to: Winnipeg Optimist Athletics**

**4) Entry Deadline: Thursday June 30, 2011 for June 4, 2011 and Monday July 11, 10:00 AM for July 12 Meet**

**5) Entries must be done online using Direct athletics or by using Hy-Tek. The link to the online registration and the Hy-Tek Meet Event File are posted on the Athletics Manitoba website Event Page:**

[www.athleticsmanitoba.com/track-field/current-events/outdoor 2011](http://www.athleticsmanitoba.com/track-field/current-events/outdoor 2011)

**6) NO** telephone or fax entries will be accepted

**7) Seeded sections – Please submit accurate seed performances**

**8) Any questions please contact Wayne McMahon (204) 261-0467 email – [gwaynemcmahon@gmail.com](mailto:gwaynemcmahon@gmail.com)**

**\*\*\*NOTE:** The Preliminary Schedule is a rough estimate of event times. It will change to a FINAL SCHEDULE based on the number of athletes that are entered per event.

The Final Schedule will be produced as soon as possible once all entries are received

EVENTS MAY RUN UP TO 15 MINUTES AHEAD OF SCHEDULE

Summer Jam Day 1 Monday, July 4, 2011	
5:15 PM	Track 200mH/300mH/400mH 100m 300m 400m 1500m 80mH/100mH/110mH
5:30 PM	Field Pole Vault - Men Long Jump - Women High Jump - Women Javelin - Women Shot Put - Men
6:15 PM	Pole Vault Women Long Jump - Men Javelin - Men Shot Put - Women

Summer Jam Day 2 Tuesday, July 12, 2011	
5:15 PM	Track 150m 200m 600m 800m 4X100m
5:30 PM	Field Triple Jump - Men
5:30 PM	High Jump - Men
5:30 PM	Discus - Women Discus - Men
6:15 PM	Triple Jump - Women
6:15 PM	Hammer - Women Hammer - Men

