



## 2011 MANITOBA ROAD RUNNING CALENDAR OF EVENTS

### APRIL

**Sat. 30 Run at the Ridge**  
2km, 5km, 10km  
400 Scurfield Blvd (Whyte Ridge School)  
8:30 am (2km); 9:00 am (5km/10km)  
Race Director: Joe Woitas jwoitas@shaw.ca  
Contact: Bernie Agius bernieagius@hotmail.com

### MAY

**Sun. 1 Police Half Marathon**  
**TIMEX #4: Half Marathon**  
**Half Marathon Provincial Championship**  
Half Marathon, 2 person relay  
Assiniboine Park 8:00 am  
Race Director: Nick Paulet 803-4018  
npaulet@winnipeg.ca www.wpshalfmarathon.ca

**Sat. 7 Physio Fit Run**  
**TIMEX #5: 10km**  
10km, 5km fun run, 3km walk, 10km inline  
Assiniboine Park (Duck Pond) 8:00 am  
Race Director: Stephanie Roberecki 942-2463 or  
771-7844 physiotherapy@shaw.ca

**Sat. 28 Headingley Fire Dept Run for Wishes**  
**TIMEX #6: 5km**  
**5km Provincial Championships**  
5km; 3km fun walk/run 9:00 am  
Headingley Fire Dept—126 Bridge Road  
Race Director: Glenn Reimer 889-5806  
greimer@shaw.ca

**Sun. 29 Brandon Family YMCA Spring Run**  
**TIMEX #7: Half Marathon**  
(8:00 am) Half Marathon (8:05 am) 5km & 10km  
(8:10 am) 5km & 10 km walkers  
Brandon YMCA—231 8th Street  
Race Director: Cindie Dunn 727-5456  
ymca.hfr@wgwave.ca

### JUNE

**Sat. 4 Run for Rights**  
10km/5km fun run 9:30 am  
Kildonan Park  
Race Director: Allan Beach 250-1556 or 982-6438  
racedirector4r@mts.net

**Jun. 19 Manitoba Marathon: Full Marathon, Half  
Marathon, Marathon Relay, 10k Walk, Super  
Run**  
7:00 a.m. start; University of Manitoba  
MB Marathon office: 925-5751

### JULY

**Sun. 10 Grand Beach Sun Run**  
**TIMEX #8: 10 km**  
10km, 5km, 3km fun run 8:30 am  
Grand Beach Provincial Park, West Beach  
Race Director: Sandra Marriott-Silver 471-0329  
smsilver@mrha.mb.ca

**Sun. 24 Neepawa Chiropractic Lily Duster**  
Neepawa  
10km & 5km 8:00 am  
Race Director: Beth Eagan: 476-3984  
Email: neepawachiropractic@gmail.com  
[www.lilyfestival.com](http://www.lilyfestival.com)

### JULY

**Sun. 31 Islandingadagurinn**  
**TIMEX #9: 10 mile (16 km)**  
10 mile, Winnipeg Beach to Gimli 8:00 am  
Jan's 1 mile Family Fun Run—Pavillion Park 8:30 am  
Race Director: Jill Neumann 983-2266  
jillian.neumann@servicecanada.gc.ca

### AUGUST

**Sat. 21 Rocky Mountain Soap Company Woman's  
Run & Walk**  
5km, 10km 9:00 am  
Assiniboine Park (Duck Pond)  
Race Director: Marion Worm  
marion@rmswomensrun.com  
www.rmswomensrun.com

### SEPTEMBER

**Sun. 11 Treherne Marathon—Run for the Hills**  
Marathon, Half Marathon, 10km2 fun run 8:00 am  
Race Director: Gary Lodwich 723-2542  
trehernemarathon@mts.net

**Sun. 18 Empower Run**  
**TIMEX #10: 10km**  
**Provincial 10km Championship**  
10km 9:00 am 5km fun run/walk 9:05 am  
Kildonan Park  
Race Director: Diana Stevens 925-5744  
diana\_stevens@shaw.ca  
www.athleticsmanitoba.com

**Sun. 25 A Run Through History**  
**5km; 10km The Forks**  
Race Director: Erick Oland  
[citypark@mts.net](mailto:citypark@mts.net)

### OCTOBER

**Sat. 1 Race for Your Heart Hi-Speed Hounds  
Greyhound Recue and Adoption Inc.**  
Lockport  
½ Marathon  
Michaela Lamoureux baywater1@hotmail.com

### Athletics Manitoba

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