



**2011 CHRIS MCCUBBINS  
ATHLETICS MANITOBA PROVINCIALCROSS COUNTRY CHAMPIONSHIPS  
Saturday, October 15  
INDIVIDUAL CHAMPIONSHIP**

**START TIME:** 10:00 a.m.  
**LOCATION:** Kilcona Park / Harbourview Golf Club

**AGE CLASSIFICATIONS**

Pee Wee Male/Female	2000 and later
Bantam Male/Female	1998—1999
Midget Male/Female	1996—1997
Youth Male/Female	1994—1995
Junior Male/Female	1992—1993
Senior Male/Female	1977 —1989
Masters Male/Female	35 Years of Age & Older on day

**SCHEDULE – Races can run up to 15 min. ahead**

10:00 am	Pee Wee Girls	2 km
10:20 am	Pee Wee Boys	2 km
10:40 am	Bantam Girls	2 km
11:00 am	Bantam Boys	2 km
11:20 am	Midget Girls	3 km
11:40 am	Midget Boys	3 km
12:00 pm	Youth Women	3 km
12:25 pm	Youth Men/Master Women	5 km
12:55 pm	Junior/Senior Women	6 km
1:25 pm	Junior/Master Men	7.5 km
	Senior Men	10 km

**AWARDS**

Provincial Champion receives T-Shirt  
Top Three Individuals per classification receive awards

**ENTRY INFORMATION**

**Team Entries:** A team will consist of a maximum of 6 and a minimum of 4 athletes of one gender. Athletes must belong to the same club or school.

**Entry Deadline:** Entries are due by October 12 on entry form available at [www.athleticsmanitoba.com](http://www.athleticsmanitoba.com)

<b>Team Entry (per Age Group)</b>	<b>\$20.00</b>	Late Entry Fees: \$40.00
<b>Individual Entry</b>	<b>\$5.00</b>	Late Entry Fees: \$10.00

**Cheques Payable to:** Athletics Manitoba  
**Questions:** [chris.belof@athleticsmanitoba.com](mailto:chris.belof@athleticsmanitoba.com) (204) 925-5745

**Exact schedule will be posted / distributed following finalization of course routes and registration.  
Please be sure to arrive in plenty of time to spare in case times change.**

Changing and washroom facilities will be open for use at the Harbourview Club House and registration areas. The restaurant will be open for purchasing refreshments. This meet is sanctioned by Athletics Manitoba and is the official qualifying event for the Canadian Cross Country Championships.

**NO OUTSIDE FOOD OR BEVERAGE IS ALLOWED INSIDE THE HARBOURVIEW CLUBHOUSE.**