



SASKATCHEWAN ATHLETICS

Saskatoon Field House
2020 College Drive
Saskatoon, SK S7N 2W4
Phone: (306) 664-6744 Fax: (306) 664-6761
E-mail: athletics@sasktel.net
Home Page: <http://www.saskathletics.ca>

NCCP CLUB COACH COURSE (LEVEL 2)

- WHEN:** Friday, May 6, 6:00 p.m. – 10:00 pm (Meeting Room #3)
Saturday, May 7, 9:00 a.m. – 12:00 a.m. (Meeting Room #3)
1:00 p.m. – 5:30 p.m. (Coach Forum @
University of Saskatchewan, Neatby-Timlin
Theatre (Arts, Room 241)
6:00 p.m. – 9:00 p.m. (Meeting Room #3)
Sunday, May 8, 9:00 a.m. - 5:00 p.m. (SA Office/Track)
- WHERE:** Saskatoon Field House - Saskatoon, Saskatchewan
- ACCOMODATIONS:** Book and pay online at www.usask.ca/hospitality
Select Summer Accommodations, then online reservations, scroll
down to our event name (viewable March onwards)
\$54.95/night includes single occupancy room & breakfast
\$46.95/night double occupancy room & breakfast
- COST:** \$170.00 for Sask Athletics Members
\$200.00 for non-Sask Athletics Members
*Includes a 2011 Sask Athletics Coach Membership
- CLINICIANS:** Jim Holmstrom (Classroom Sessions - Friday & Saturday)
Technical Sessions by Event Area: Jim Holmstrom – Distance; Terry Mountjoy –
Jumps, Doug Medernach – Throws, Lyle Sanderson – Sprints/Hurdles

Course Content:

Classroom instruction focussed on sport specific theory, and seasonal planning.
Technical instruction includes warm-up exercises, safety precautions, conditioning, training and teaching
progression will be covered in selected event area. Please come dressed to participate for the course.
A coaching manual will be provided to all participants.

Please fill in the attached form and submit payment by **4:00 pm** on **Friday, April 29** to Saskatchewan
Athletics if you are interested in this opportunity.

Further information can be acquired by calling Sarah Junkin at 306-664-6744 or email at the above address.

PLEASE SUBMIT REGISTRATION FORM TO THE SASK ATHLETICS OFFICE:

CLUB COACH COURSE: FRIDAY, MAY 6 – SUNDAY, MAY 8, 2011

NAME: _____

ADDRESS: _____

PHONE: _____ CELL PHONE: _____

EMAIL (print legibly): _____

EVENT AREA (PLEASE SELECT ONE): DISTANCE ____ SPRINTS/HURDLES ____

JUMPS ____ THROWS ____

ARE YOU A MEMBER OF SASK ATHLETICS: YES ___ NO ___ NCCP #: CC _____