

National Coach Mentoring Program: Invitation to Apply

Athletics Canada and The Canadian Athletics Coaching Centre (CACC) are pleased to announce the launch of an exciting and innovative National Coach Mentoring Program. This program aims to assist six coaches to progress their learning and effectiveness in the throws, particularly the shot put and hammer throw. Coaches from across Canada will be selected through an application process to participate in this four-month program beginning January 6, 2012 and running through April 2012. Coaches should be expected to commit 3-4 hours a week of study and participation to this program.

Selected candidates will join world-class throws coach Don Babbitt for a kick-off weekend workshop in Edmonton January 6-8, 2012. Participants will then interact via online with a number of selected resource pieces from experts such as Dan Pfaff, Dr. Anatoliy Bondarchuck/Dylan Armstrong, Kari Ihalainen/Tero Pitkimaki and others. Following these elements, coaches will engage with Athletics Canada National Team coach Larry Steinke around planning and technical analysis. Additionally, coaches will participate in moderated discussions on ways to solve current coaching challenges they face. A practical component with University of Arizona throws coach Craig Carter in Tucson March 31-April 3 will conclude the program. The program is marked by a commitment to critical thinking, evaluation and review.

Costs for the program will be largely subsidized by Athletics Canada and the CACC including flights, accommodation and meals. However, each coach will be expected to contribute \$750 towards the running of this program. If accepted into the program full participation is expected.

Program Activities:

- Kick-off weekend workshop with Don Babbitt – Edmonton, January 6-8, 2012;
- Facilitated online discussion centered on planning for the throws;
- Facilitated online discussion centered on event technical analysis and correction for the throws;
- Unique online discussion centered on the specific needs of selected coaches;
- Interaction and program guidance with Athletics Canada National Team coach Larry Steinke;
- Practical weekend and competition with Craig Carter – Tucson, AZ, March 31 – April 3, 2012.

Prerequisites:

1. A record coaching the throws, particularly the shot put and hammer;
2. Level 3 certification in old NCCP or completion of AC competition development workshop;
3. Commitment to pay a program fee of \$750 if selected and agree to fully participate in all aspects;
4. Branch endorsement (AC and CACC will contact your branch)

Application:

Please complete the application below and send to wes.moerman@ualberta.ca by Friday November 18, 2011. Applications will be reviewed by a panel from Athletics Canada and the CACC. Applicants will notified by the end of November.

National Coach Mentoring Program: Application

General Information:

Full name (as it appears on your passport):

Address:

City:

Province:

Postal code:

Phone Number:

Email:

Date of Birth:

Coaching Certification:

Current club and record coaching throwers:

Specific Information:

Please describe in 250 words a recent professional development activity you participated in as a coach and the effect it had on your coaching.

Please describe in 250 words your goals as a coach and your vision for the development of throwing in Canada.

Please provide the contact information for 1 reference.