



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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2011 ATHLETICS MANITOBA JUNIOR HIGH CHAMPIONSHIPS

University of Manitoba Outdoor Stadium

Wednesday, June 8, 2011 10:00 am – 4:30 pm

TENTATIVE SCHEDULE OF EVENTS - Revised

– Events may run ahead of schedule – listen for announcements!

TRACK

10:00	Grade 9 Girls	80mh Timed Final
	Grade 8 Girls	80mh Timed Final
	Grade 7 Girls	80mh Timed Final
	Grade 7 Boys	80mh Timed Final
	Grade 8 Boys	100mh Timed Final
	Grade 9 Boys	100mh Timed Final

Grade 7 Girls and Boys – start to first hurdle 12m; 7.5m spacing at 30"
 Grade 8 & 9 Girls – start to first hurdle 12m; 8.0m spacing at 30"
 For grade 8 & 9 Boys – start to first hurdle 13m; 8.5m spacing; hurdle height 33"

11:00	Grade 9 Girls	800m
	Grade 8 Girls	800m
	Grade 7 Girls	800m
	Grade 7 Boys	800m
	Grade 8 Boys	800m
	Grade 9 Boys	800m

12:45	Grade 9 Boys	100m Heats
	Grade 8 Boys	100m Heats
	Grade 7 Boys	100m Heats
	Grade 9 Girls	100m Heats
	Grade 8 Girls	100m Heats
	Grade 7 Girls	100m Heats

2:00	Grade 9 Boys	100m Final
	Grade 8 Boys	100m Final
	Grade 7 Boys	100m Final
	Grade 9 Girls	100m Final
	Grade 8 Girls	100m Final
	Grade 7 Girls	100m Final

2:30	Grade 9 Boys	1200m
	Grade 8 Boys	1200m
	Grade 7 Boys	1200m
	Grade 9 Girls	1200m
	Grade 8 Girls	1200m
	Grade 7 Girls	1200m

3:30	Grade 9 Boys	300m
	Grade 8 Boys	300m
	Grade 7 Boys	300m
	Grade 9 Girls	300m
	Grade 8 Girls	300m
	Grade 7 Girls	300m

FIELD

10:00	Grade 9 Boys	Shot Put
	Grade 8 Boys	Shot Put
	Grade 7 Boys	Shot Put
	Grade 9 Girls	Shot Put
	Grade 8 Girls	Shot Put
	Grade 7 Girls	Shot Put

10:00	Grade 7 Girls	Long Jump
	Grade 8 Girls	Long Jump
	Grade 9 Girls	Long Jump
	Grade 9 Boys	Long Jump
	Grade 8 Boys	Long Jump
	Grade 7 Boys	Long Jump

10:00	Grade 8 Boys	High Jump
	Grade 9 Boys	High Jump
	Grade 7 Boys	High Jump

	Grade 7 Girls	High Jump
	Grade 8 Girls	High Jump
	Grade 9 Girls	High Jump

Grade 9 Boys – starting height 1.35m
 Grade 8 Boys – starting height 1.30m
 Grade 7 Boys – starting height 1.25m
 Grade 9 Girls - starting height 1.25m
 Grade 8 Girls - starting height 1.20m
 Grade 7 Girls- starting height 1.20m

11:00	Grade 9 Boys	Discus
	Grade 8 Boys	Discus
	Grade 7 Boys	Discus
	Grade 9 Girls	Discus
	Grade 8 Girls	Discus
	Grade 7 Girls	Discus

NOTE: ▪ 100m events will have heats and finals if entry numbers are over 8, otherwise it will be a straight final at the earliest posted time.
 ▪ Athletes will have four attempts in Long Jump and Shot Put.
 ▪ Medals for the top three in each event.