



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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2011 ATHLETICS MANITOBA JUNIOR HIGH CHAMPIONSHIPS

University of Manitoba Outdoor Stadium

Wednesday, June 8, 2011 10:00 am – 4:30 pm

TENTATIVE SCHEDULE OF EVENTS – Events may run ahead of schedule – listen for announcements!

TRACK

10:00 Grade 9 Girls 80mh Timed Final
 Grade 8 Girls 80mh Timed Final
 Grade 7 Girls 80mh Timed Final
 Grade 7 Boys 80mh Timed Final
 Grade 8 Boys 100mh Timed Final
 Grade 9 Boys 100mh Timed Final

Grade 7 Girls and Boys – start to first hurdle 12m; 7.5m spacing at 30"
 Grade 8 & 9 Girls – start to first hurdle 12m; 8.0m spacing at 30"
 For grade 8 & 9 Boys – start to first hurdle 13m; 8.5m spacing; hurdle height 33"

11:00 Grade 9 Girls 1200m
 Grade 8 Girls 1200m
 Grade 7 Girls 1200m
 Grade 7 Boys 1200m
 Grade 8 Boys 1200m
 Grade 9 Boys 1200m

12:45 Grade 9 Boys 100m Heats
 Grade 8 Boys 100m Heats
 Grade 7 Boys 100m Heats
 Grade 9 Girls 100m Heats
 Grade 8 Girls 100m Heats
 Grade 7 Girls 100m Heats

2:00 Grade 9 Boys 100m Final
 Grade 8 Boys 100m Final
 Grade 7 Boys 100m Final
 Grade 9 Girls 100m Final
 Grade 8 Girls 100m Final
 Grade 7 Girls 100m Final

2:30 Grade 9 Boys 800m
 Grade 8 Boys 800m
 Grade 7 Boys 800m
 Grade 9 Girls 800m
 Grade 8 Girls 800m
 Grade 7 Girls 800m

3:30 Grade 9 Boys 300m
 Grade 8 Boys 300m
 Grade 7 Boys 300m
 Grade 9 Girls 300m
 Grade 8 Girls 300m
 Grade 7 Girls 300m

FIELD

10:00 Grade 9 Boys Shot Put
 Grade 8 Boys Shot Put
 Grade 7 Boys Shot Put
 Grade 9 Girls Shot Put
 Grade 8 Girls Shot Put
 Grade 7 Girls Shot Put

10:00 Grade 7 Girls Long Jump
 Grade 8 Girls Long Jump
 Grade 9 Girls Long Jump
 Grade 9 Boys Long Jump
 Grade 8 Boys Long Jump
 Grade 7 Boys Long Jump

10:00 Grade 8 Boys High Jump
 Grade 9 Boys High Jump
 Grade 7 Boys High Jump

Grade 7 Girls High Jump
 Grade 8 Girls High Jump
 Grade 9 Girls High Jump

Grade 9 Boys – starting height 1.35m
 Grade 8 Boys – starting height 1.30m
 Grade 7 Boys – starting height 1.25m
 Grade 9 Girls - starting height 1.25m
 Grade 8 Girls - starting height 1.20m
 Grade 7 Girls- starting height 1.20m

11:00 Grade 9 Boys Discus
 Grade 8 Boys Discus
 Grade 7 Boys Discus
 Grade 9 Girls Discus
 Grade 8 Girls Discus
 Grade 7 Girls Discus

NOTE:

- 100m events will have heats and finals if entry numbers are over 8, otherwise it will be a straight final at the earliest posted time.
- Athletes will have four attempts in Long Jump and Shot Put.
- Medals for the top three in each event.