

The Western Canada Summer Games Prep/Open Meet originally scheduled on the website for the 25 and 26th of July, will now be run as a one day meet only, on **TUESDAY JULY 26th**.

The main goal of this competition is a final tune up for the Western Canada Summer Games team; however entries will be open to other athletes, midget age and older. Due to our anticipated small numbers, men's and women's events could be run together.

Entries will be done onsite, the day of the meet by stickers.

Events will start at 6 pm and be run in the following order;

Track:

100m/110m Hurdles

200m

800m

4x100m

Field:

6 pm Triple Jump*

6 pm High Jump

6 pm Pole Vault

6 pm Hammer*

Discus*

Javelin*

* Horizontal jumpers and throwers will be guaranteed 4 attempts.