



ATHLETICS MANITOBA Code of Conduct

This Code of Conduct identifies the standard of behaviour which is expected of all Athletics Manitoba participants, which include but is not limited to athletes, coaches, managers, chaperones, cultural staff, and mission staff. Participants who fail to abide by this Code may lose the privileges that come with being a member of Athletics Manitoba, including the opportunity to compete in the future.

The responsibilities of all Athletics Manitoba participants are as follows:

1. Be prepared to achieve the best result possible.
2. Participants of Athletics Manitoba are expected to conduct themselves at all times in a sportsmanlike and responsible manner that reflects credit upon yourself, your team, your coaches, and of Athletics Manitoba.
3. Athletics Manitoba is committed to providing a sport environment in which all individuals are treated with respect. Participants shall refrain from conduct which is deemed as harassment, is disrespectful, offensive, abusive, or discriminatory.
4. All Athletics Manitoba team members are expected to attend Competitions or Ceremonies except those excused by the staff. Athletes must wear their designated Athletics Manitoba uniform for all competitions and ceremonies as directed by the staff. Athletes must be prepared to make personal appearances on behalf of Athletics Manitoba.
5. All athletes, coaches, managers and chaperones shall reside in the designated Athletes' Residence & adhere to the curfew set by the Athletics Manitoba team staff.
6. Use of alcohol is strictly prohibited by an athlete under the legal drinking age of the province or state where the meet is taking place. Adult coaches and athletes shall not be under the influence of alcohol [(ie) excessive use of alcohol] while being a member of an Athletics Manitoba team.
7. Participants shall respect the rights of others and shall not engage in any activity or behaviour which interferes with a competition or with any athlete's preparation for a competition,
8. Participants shall not engage in any activity which endangers the safety of others.
9. Quiet hours will be in effect at the accommodation site as set down by the staff and must be respected (11:00 PM – 12:00 Noon).
10. Prior to the announcement of the team make-up, athletes and their coaches will be asked to confirm with the team coaches the events that they are committed to participating in.
11. Athletes must attend all team meetings and practices.
12. All relay team members, including alternates, are compelled to attend all practices. Order of running is the responsibility of the coach.
13. Athletics Manitoba recognises the Canadian Anti-Doping Policy from the Canadian Centre for Ethics in Sport. Participants shall not use illegal drugs/narcotics or banned substances or methods. Participants must be prepared for random drug testing prior to and during the competition. **ANY POSITIVE DRUG TEST WILL RESULT IN AUTOMATIC REMOVAL FROM ATHLETICS MANITOBA.** Other sanctions by Sport Manitoba, Sport Canada and the National Sport Organization may also apply.



14. The Head of Delegation, in consultation with team managers and coaches, shall have responsibility for discipline. Depending on the severity of the offence, sanctions may include any one or a combination of the following:
- earlier curfew
 - verbal or written reprimand
 - verbal or written apology
 - suspension from certain Athletics Manitoba activities, which may include suspension from the next scheduled competition
 - removal of certain Athletics Manitoba privileges
 - removal from a portion of, or the remainder of the Competition
 - expulsion from the Competition
 - removal from the Competition and being sent home at the expense of the athlete
 - other sanctions as may be considered appropriate for the offence
 - following the trip, the athlete will be subject to *Athletics Manitoba Discipline Policy*
15. Any individual who has been disciplined shall have the right to appeal this decision.

I have read and understand the above *Code of Conduct*.

Signature of Athlete/Coach/Manager

Signature of Parent/Guardian (if under 18 years of age)

Date