

Wednesday, February 1, 2012 University of Manitoba Max Bell Field House

Hosted by the University of Manitoba Track & Field team

Facilities: 6 lane banked Mondo track

8 lane Mondo straightaway

There are also washrooms and change

rooms available

Entry Fee: Entry fee for Member Schools will be \$100.00

Entry fee for Non-Member Schools will be \$150.00

Entries: All entries must be received by Mon, Jan 30, 2012

Entries can be mailed, faxed or e-mailed to the

following contact:

University of Manitoba Track & Field

Attn: Claude Berube 100A Max Bell Centre Unviersity of Manitoba

Wpg, MB R3T 2N2

Fax number: 474-7695

E-mail address: berubecr@ms.umanitoba.ca

Athletes will be allowed to move up a grade class in order to field a team, however they may not participate on two

different teams in the same event.



<u>Inquiries:</u> All inquiries can be made to:

Claude Berube Head Coach,

University of Manitoba

Track & Field / Cross Country

(204) 474-8989 or berubecr@ms.umanitoba.ca

Events: 1) 8 x 40m Shuttle

- 8 team members run 40m each

- (back & forth shuttle style)

2) 4 x 200m Relay

- 4 team members run 200m (1 lap) each

3) 4 x Long Jump

- total distance of 1 jump each for the 4 team members

4) 4 x Shot Put

- total distance of 1 throw each for the 4 team members

(2.73 kg / 6 lb Shot)

Awards: All Competitors will receive a participation certificate

Ribbons will be awarded to the Top 6 in each event



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ENTRY FORM

Entry Fee Member Schools: \$100.00 Entry Fee Non-Member Schools \$ 150.00

Entries: Please indicate the number of teams per event.

	Boys			Girls		
Event	Gr. 4	Gr. 5	Gr. 6	Gr. 4	Gr. 5	Gr. 6
8 x 40m Shuttle						
4 x 200m						
4 x Long Jump						
4 x Shot Put						

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Please make cheques payable to: University of Manitoba Track & Field



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TENTATIVE SCHEDULE

10:00am 4 x 200m Relay Grade 6 Boys 10:00am 4 x LJ Relay Grade 4 Girls

4 x 200m Relay Grade 5 Boys4 x LJ Relay Grade 6 Boys4 x 200m Relay Grade 4 Boys4 x LJ Relay Grade 4 Boys4 x 200m Relay Grade 6 Girls4 x LJ Relay Grade 5 Boys4 x 200m Relay Grade 5 Girls4 x LJ Relay Grade 6 Girls4 x 200m Relay Grade 4 Girls4 x LJ Relay Grade 5 Girls

10:00am 8 x 40m Shuttle Grade 6 Girls

8 x 40m Shuttle Grade 5 Girls 8 x 40m Shuttle Grade 4 Girls 8 x 40m Shuttle Grade 6 Boys 8 x 40m Shuttle Grade 5 Boys 8 x 40m Shuttle Grade 4 Boys

Once the Shuttle relays are completed the following events will take place on the infield

4 x SP Relay Grade 4 Girls

4 x SP Relay Grade 5 Girls

4 x SP Relay Grade 6 Girls

4 x SP Relay Grade 4 Boys

4 x SP Relay Grade 5 Boys

4 x SP Relay Grade 6 Boys

We are projecting an approximate 2:00pm completion time for the meet.