



**TRACK ATTACK #1**  
**Monday, January 25<sup>th</sup>, 2010**  
**Tentative Schedule**  
**Max Bell Stadium**

***Please note that the meet starts at 11:00am. Please plan arrival times accordingly.***

**INFIELD**

11:00 am Grade 7 Boys 60m  
Grade 8 Boys 60m  
Grade 9 Boys 60m  
Grade 7 Girls 60m  
Grade 8 Girls 60m  
Grade 9 Girls 60m

**OVAL**

11:00 am Grade 9 Co-ed 4x200m  
Grade 8 Co-ed 4x200m  
Grade 7 Co-ed 4x200m

Grade 9 Girls 1500m  
Grade 9 Boys 1500m  
Grade 7 Girls 1200m  
Grade 8 Girls 1200m  
Grade 7 Boys 1200m  
Grade 8 Boys 1200m

**INSIDE PIT**

11:00 am Grade 9 Boys TJ  
Grade 8 Boys TJ  
Grade 7 Boys TJ

**OUTSIDE PIT**

11:00 am Grade 9 Girls TJ  
Grade 8 Girls TJ  
Grade 7 Girls TJ

Grade 7 Girls 400m  
Grade 8 Girls 400m  
Grade 9 Girls 400m

Grade 7 Boys 400m  
Grade 8 Boys 400m  
Grade 9 Boys 400m

**Pit #1- following 60m**

Grade 9 Boys High Jump  
Grade 8 Boys High Jump  
Grade 7 Boys High Jump

**Pit #2**

Grade 9 Girls High Jump  
Grade 8 Girls High Jump  
Grade 7 Girls High Jump

**NOTES**

- All track events are **timed finals including the 60m.**
- **Athletes competing in high jump must be proficient in these events, please ensure that proper training and minimum standards have been met.**
- There will be only 2 attempts per height in High Jump.
- There will be only 2 attempts per athlete in Triple Jump.