



## ATHLETICS MANITOBA TRACK ATTACK #1

**Schedule**  
**January 25, 2010**  
**Max Bell Stadium**

**Please note that the meet starts at 11:00am. Please plan arrival times accordingly.**

### INFIELD

11:00 Grade 7 Boys 60m  
Grade 8 Boys 60m  
Grade 9 Boys 60m  
Grade 7 Girls 60m  
Grade 8 Girls 60m  
Grade 9 Girls 60m

### OVAL

11:00 Grade 9 Co-ed 4x200m  
Grade 8 Co-ed 4x200m  
Grade 7 Co-ed 4x200m

Grade 9 Girls 1500m  
Grade 9 Boys 1500m  
Grade 7 Girls 1200m  
Grade 8 Girls 1200m  
Grade 7 Boys 1200m  
Grade 8 Boys 1200m

### INSIDE PIT

11:00 Grade 9 Boys TJ  
Grade 8 Boys TJ  
Grade 7 Boys TJ

### OUTSIDE PIT

11:00 Grade 9 Girls TJ  
Grade 8 Girls TJ  
Grade 7 Girls TJ

Grade 7 Girls 400m  
Grade 8 Girls 400m  
Grade 9 Girls 400m

Grade 7 Boys 400m  
Grade 8 Boys 400m  
Grade 9 Boys 400m

### CIRCLE#1- following 60m

Grade 9 Boys High Jump  
Grade 8 Boys High Jump  
Grade 7 Boys High Jump

### CIRCLE#2

Grade 9 Girls High Jump  
Grade 8 Girls High Jump  
Grade 7 Girls High Jump

### NOTES

- All track events are **timed finals including the 60m.**
- **Athletes competing in high jump must be proficient in these events, please ensure that proper training and minimum standards have been met.**
- There will be only 2 attempts per height in High Jump.
- There will be only 2 attempts per athlete in Triple Jump.