



TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY

214-200 MAIN ST. WINNIPEG, MB R3C 4M2 TEL: 204-925-5743 FAX: 204-925-5792 EMAIL: athleticsmb@shaw.ca www.athleticsmanitoba.com

2009-2010 JUNIOR & SENIOR HIGH SCHOOL CLUB PROGRAM

Competitive Events

Cross Country	Birch Open	September 19, 2009	Birch Ski, Roseisle
	AM School Team Challenge	October 8, 2009	Harbourview GC, WPG
	AM Provincial Age Class	October 17, 2009	Harbourview GC, WPG
Junior High Indoor Track & Field	Track Attack #1	January 25, 2010	Max Bell Ctr, WPG
	Track Attack #2	February 10, 2010	Max Bell Ctr, WPG
	Track Attack #3	February 22, 2010	Max Bell Ctr, WPG
	Track Attack #4	March 10, 2010	Max Bell Ctr, WPG
Indoor Track & Field	Flying M Fall Frolic	December 5, 2009	Max Bell Ctr, WPG
	Indoor Grand Prix #1	December 11, 2009	Max Bell Ctr, WPG
	Indoor Grand Prix #2	December 12, 2009	Max Bell Ctr, WPG
	Indoor Grand Prix #3	January 13, 2010	Max Bell Ctr, WPG
	Indoor Grand Prix #4	January 22, 2010	Max Bell Ctr, WPG
	Indoor Grand Prix #5	January 23, 2010	Max Bell Ctr, WPG
	University Games	February 6, 2010	Max Bell Ctr, WPG
	Indoor Grand Prix #6	February 24, 2010	Max Bell Ctr, WPG
	Boeing Age Class	March 4-6, 2010	Max Bell Ctr, WPG

JUNIOR HIGH OUTDOOR CHAMPIONSHIP ON WEDNESDAY, JUNE 9TH AT UNIVERSITY STADIUM!

Other Programs

Hershey's Track and Field Program: The Hershey's Track and Field program is for students ages 9-14 (age as of December 31, 2010). Schools can register existing school and divisional meets or organize a new meet as Hershey's Track and Field Qualifying meets. Students who finish first through third, plus all those who meet provincial standard will be invited to the Manitoba Hershey's Track and Field Championships in June with athletes having the opportunity to advance to the North American Championships in Hershey, Pennsylvania (all expenses paid) in August. Schools may request a FREE Hershey Program Manual with information on hosting a Hershey Qualifying Meet for your school. If your school hosts a meet, Athletics Manitoba can also provide prizes and some organizational support.

School Workshops: Member schools can request free half-day school clinics or workshops on specific track & field training topics. Contact the office for information and availability.

Coaching Resources: Coaches have access to the Athletics Manitoba Library as well as a network of coaching contacts and coaching clinic opportunities.

Run Jump Throw: Run, Jump, Throw is the nationally recognized grassroots track and field program in Canada. Full and half day workshops can be arranged as can full 10 direct delivery classes. Schools can also get full NCCP certification in the Run, Jump, Throw program and use the scripted lesson plans in their own physical education classes. For further details and information please contact Diana Stevens at 925-5744.

Athletics Manitoba Annual Awards: Coaches are asked to nominate themselves or another coach for the Athletics Manitoba Elementary & Junior High School Coach of the Year. Applications are available in this package.

NCCP Run Jump Throw Teacher Certification Course at SAG October 23rd!



2009-2010 JUNIOR & SENIOR HIGH SCHOOL CLUB PROGRAM

Registration as a School Club will involve a yearly fee for each club based on the number of club members (valid September through June). Students do not need to register as individual members of the association, unless they want to be involved in additional Athletics Manitoba programs. The registration fees will cover **all athletes and coaches**, and additional members can be added at any time during the year at **no additional cost** provided that all are registered members of the same school.

- 25 or more members \$175.00
- 24 or less members \$105.00

Athletics Manitoba uses Hy-Tek and Direct Athletics, an online registration system. Training for Hy-Tek or Direct Athletics registration can be done for free at the Athletics Manitoba office during business hours, or special arrangements can be made for evenings and weekends. Athletics Manitoba computers may be used, or schools can bring their own. Group sessions are available. To book a time, please contact Athletics Manitoba at 925-5745 or Shirley Allan Boudreau at shirley.athleticsmb@mts.net.

If Schools have a road running program, but not a track & field program, there is a \$25.00 School Run Manitoba membership that will enable students to receive the Run Manitoba discount at Athletics Manitoba sanctioned road races during the school year (September-December) when registered and competing for/with their school.

All competition results will be posted on the Athletics Manitoba website. Any school that has students with privacy issues must submit the year of birth, gender, and two word code for the athlete, made up of letters only, with each word containing a minimum of one letter for Hy-Tek registration and meet results.

Benefits

- Only member schools of Athletics Manitoba are allowed to register at sanctioned meets.
- Insurance Coverage for the full year, including training
- Club contact information on the Athletics Manitoba web site
- Max Bell Exclusive Use access at a cost of \$5.00 per person per session on a pre-arranged basis
- Free Hy-Tek or Direct Athletics training (if required) for athlete and meet registration
- Reduced cost for Athletics Manitoba technical courses and other coaching clinics

Limitations (unless student athletes register as individual members with Athletics Manitoba)

- Your club does not have voting status at the Athletics Manitoba Annual General Meeting
- Your club does not have access to bingo fund-raising program
- Your student athletes do not have access to funded programs (Canada Games, Western Canada Games, etc.)



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2009-2010 SCHOOL CLUB REGISTRATION

Please indicate Grades in School / Athletics Programs: 1 2 3 4 5 6 7 8 9 10 11 12
 Elementary Middle School/Jr High High School

NAME OF SCHOOL: _____ TEAM NAME: _____

ADDRESS: _____ POSTAL CODE: _____

SCHOOL PHONE: _____ FAX: _____

WEBSITE: _____ E-MAIL: _____

CONTACT: _____ TITLE: _____

Athletics Manitoba can do a search for NCCP numbers – please provide maiden name if changed.

HEAD COACH: _____ E-MAIL: _____

NCCP #: _____ TELEPHONE: _____

COACH 2: _____ E-MAIL: _____

NCCP #: _____ TELEPHONE: _____

COACH 3: _____ E-MAIL: _____

NCCP #: _____ TELEPHONE: _____

COACH 4: _____ E-MAIL: _____

NCCP #: _____ TELEPHONE: _____

COACH 5: _____ E-MAIL: _____

NCCP #: _____ TELEPHONE: _____

Fees: Please read all attached literature for proper registration:

Elementary Schools:	✓	Cost	SANCTIONED COMPETITIONS *A Full School Membership is required if your school will compete at more than one of the following competitions: <ul style="list-style-type: none"> • AM Provincial X Country • Grand Prix Series Meet, one meet indoor/outdoor • Flying M Frolic Meet • Manitoba Indoor Games • Boeing Provincial Championships • AM Track Attack • Boeing Elementary Relays • Athletics Manitoba Elementary Relays SCHOOLS THAT ARE BOTH ELEMENTARY AND JR HIGH SCHOOLS ONLY PAY ONE MEMBERSHIP FEE. CALL THE OFFICE FOR CLARIFICATION.
Full School Membership: (all athletes can compete in all Manitoba Sanctioned Competitions)		100.00	
DAY School Membership: (all athletes can compete in only ONE Manitoba Sanctioned Competition)		50.00	
*NOTE: School membership does not cover athletes for the Hershey's Provincial Final!			
Junior High & High Schools:			
Full 25+ School Membership: (all athletes can compete in all Manitoba Sanctioned Competitions)		175.00	
Full 24- School Membership: (team has less than 24 athletes and all can compete in all Manitoba Sanctioned Competitions)		105.00	
DAY School Membership: (all athletes can compete in only ONE Manitoba Sanctioned Competition)		50.00	
Road Running School Club		25.00	
My School would like to host a:			
One Day School Run Jump Throw (gr.1-6)* May-June 2010		100.00	
School Track & Field Skills Workshops*		No Charge	
*Mileage will be assessed if outside the perimeter Limited number of clinics will be offered, call for details			
Hershey Qualifying Meet		FREE Package	
GRAND TOTAL			

***To register for a sanctioned event, the Athletics Manitoba School membership must be paid in advance of competition.