



## **TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY**

145 Pacific Ave Winnipeg, Manitoba R3B 2Z6 Tel: 204-925-5745  
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### **Provincial Team Practice Schedule**

Monday, May 10th	6:30 pm – 8:00 pm	Distance ( B. Walker)
Saturday, May 15th	11:00 am – 1:30 pm	High Jump (W.McMahon)
Tuesday, May 18th	5:30 pm – 7:00 pm	Sprints ( J. Iwanski )
	5:00 pm – 7:00 pm	High Jump Jr/Sr only ( M. Gregg)
Saturday, May 29th	11:00 am – 1:30 pm	Long Jump /Triple Jump (W.McMahon )
** Uniform Sizing **	12:00 pm – 3:00 pm	All Throws ( Neumann / Pirnie / Wirth )
	11:30 am – 2:00 pm	Sprints (J. Iwanski )
Sunday, May 30th	11:00 am – 12:30 pm	Hurdles ( R. Zacharias )
Monday, May 31st	6:30 pm – 8:00 pm	Distance ( B.Walker)
	5:00 pm – 7:00 pm	High Jump Jr/Sr only ( M. Gregg)
Sunday, June 6th	11:00 am – 12:30 pm	Hurdles ( R. Zacharias )
Monday, June 7th	5:00 pm – 7:30 pm	High Jump ( W. McMahon)
	6:30 pm – 8:00 pm	Distance ( B. Walker)
Monday, June 14th	5:30 pm – 7:00 pm	Relays ( D. Harris / J.Iwanski )
Tuesday, June 15th	5:30 pm – 7:00 pm	Sprints ( J. Iwanski )
Monday, June 21st	5:00 pm – 7:30 pm	Long Jump/Triple Jump (W. McMahon)
** Uniform Pickup **	5:30 pm – 7:00 pm	Sprints /Relays ( D. Harris / J.Iwanski )
	6:30 pm – 8:00 pm	Distance ( B. Walker)
Tuesday, July 6 <sup>th</sup>	5:30 pm – 7:00 pm	Sprints ( J. Iwanski )

There are also competition opportunities at the following:

Season Opener	U of M	May 12 <sup>th</sup>
Grand Prix #'s 1 & 2	U of M	May 25/26
Grand Prix #3	Selkirk	June 1 <sup>st</sup>
Grand Prix #4	U of M	June 9 <sup>th</sup>
MHSAA Provincials	U of M	June 10 <sup>th</sup> – 12 <sup>th</sup>
Grand Prix #5	U of M	June 23 <sup>rd</sup>
Provincial Age Class and Legion Meet	U of M	July 11 <sup>th</sup> -12 <sup>th</sup>

Feel free to call me if you have any further questions.

Sincerely,

Rob Guy  
Managing Director  
Athletics Manitoba  
925-5745