

LETICS TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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2010 ATHLETICS MANITOBA JUNIOR HIGH CHAMPIONSHIPS

University of Manitoba Outdoor Stadium

Wednesday, June 9, 2010 10:00 am – 4:30 pm

TENTATIVE SCHEDULE OF EVENTS

	TRACK					
40.00	TRACK			40.00	FIELD	CL + D +
10:00	Grade 9 Girls	80mh Heats		10:00	Grade 9 Boys	Shot Put
	Grade 8 Girls	80mh Heats			Grade 8 Boys	Shot Put
	Grade 7 Girls	80mh Heats			Grade 7 Boys	Shot Put
	Grade 7 Boys	80mh Heats			Grade 9 Girls	Shot Put
	Grade 8 Boys	100mh Heats			Grade 8 Girls	Shot Put
	Grade 9 Boys	100mh Heats			Grade 7 Girls	Shot Put
Grade 7 Girls and Boys – start to first hurdle 12m; 7.5m spacing at 30"						
Grade 8 & 9 Girls – start to first hurdle 12m; 8.0m spacing at 30"						
For grade 8 & 9 Boys – start to first hurdle 13m; 8.5m spacing; hurdle height 33"						
				10:00	Grade 7 Girls	Long Jump
11:00	Grade 9 Girls	1200m		10.00	Grade 8 Girls	Long Jump
11.00	Grade 8 Girls	1200m			Grade 9 Girls	Long Jump
	Grade 7 Girls	1200m			Grade 9 Boys	Long Jump
	Grade 7 Boys	1200m			Grade 8 Boys	Long Jump
	Grade 8 Boys	1200m			Grade 7 Boys	Long Jump
	Grade 9 Boys	1200m			Grade / Boys	Long Jump
	Grade 3 boys	1200111		10:00	Grade 8 Boys	High Jump
12:30	Hurdle finals as	noodod		10.00	Grade 9 Boys	High Jump
12.30	nuiule iiilais as	needed			•	
12.45	Crade O Boys	100m Heats			Grade 7 Boys	High Jump
12:45	Grade 9 Boys				Crada 7 Cirls	High lump
	Grade 8 Boys	100m Heats			Grade 7 Girls	High Jump
	Grade 7 Boys	100m Heats			Grade 8 Girls	High Jump
	Grade 9 Girls	100m Heats			Grade 9 Girls	High Jump
	Grade 8 Girls	100m Heats			0 1 0 0	
	Grade 7 Girls	100m Heats				arting height 1.25m
2.00	Crade O Boys	100m Final		Grade 8 Boys – starting height 1.25m		
2:00	Grade 9 Boys	100m Final 100m Final			Grade 7 Boys – starting height 1.20m Grade 9 Girls - starting height 1.20m	
	Grade 8 Boys				Grade 8 Girls - starting height 1.20m	
	Grade 7 Boys Grade 9 Girls	100m Final				
		100m Final			Grade / Giris - Sta	arting height 1.15m
	Grade 8 Girls	100m Final		11.00	Crada O Davis	Diagua
	Grade 7 Girls	100m Final		11:00	Grade 9 Boys	Discus
2.20	Crada O Davis	200			Grade 8 Boys	Discus
2:30	Grade 9 Boys	800m			Grade 7 Boys	Discus
	Grade 8 Boys	800m			Grade 9 Girls	Discus
	Grade 7 Boys	800m			Grade 8 Girls	Discus
	Grade 9 Girls	800m			Grade 7 Girls	Discus
	Grade 8 Girls	800m				
	Grade 7 Girls	800m				
2.20	Consider O. Dieser	200	NOTE	T L - L		and a cold based based and
3:30	Grade 9 Boys	300m	NOTE:	• The hurdles & 100m events will have heats and		
	Grade 8 Boys	300m		finals if entry numbers are over 8, otherwise it will		
	Grade 7 Boys	300m		 be a straight final at the earliest posted time. Athletes will have four attempts in Long Jump and Shot Put. Medals for the top three in each event. 		
	Grade 9 Girls	300m				
	Grade 8 Girls	300m				
	Grade 7 Girls	300m		• ivieda	is for the top thre	e in each event.