

2010 ATHLETICS MANITOBA JUNIOR HIGH CHAMPIONSHIPS

University of Manitoba Outdoor Stadium

Wednesday, June 9, 2010 10:00 am – 4:30 pm

TENTATIVE SCHEDULE OF EVENTS

TRACK			FIELD		
10:00	Grade 9 Girls	80mh Heats	10:00	Grade 9 Boys	Shot Put
	Grade 8 Girls	80mh Heats		Grade 8 Boys	Shot Put
	Grade 7 Girls	80mh Heats		Grade 7 Boys	Shot Put
	Grade 7 Boys	80mh Heats		Grade 9 Girls	Shot Put
	Grade 8 Boys	100mh Heats		Grade 8 Girls	Shot Put
	Grade 9 Boys	100mh Heats		Grade 7 Girls	Shot Put
Grade 7 Girls and Boys – start to first hurdle 12m; 7.5m spacing at 30" Grade 8 & 9 Girls – start to first hurdle 12m; 8.0m spacing at 30" For grade 8 & 9 Boys – start to first hurdle 13m; 8.5m spacing; hurdle height 33"					
11:00	Grade 9 Girls	1200m	10:00	Grade 7 Girls	Long Jump
	Grade 8 Girls	1200m		Grade 8 Girls	Long Jump
	Grade 7 Girls	1200m		Grade 9 Girls	Long Jump
	Grade 7 Boys	1200m		Grade 9 Boys	Long Jump
	Grade 8 Boys	1200m		Grade 8 Boys	Long Jump
	Grade 9 Boys	1200m		Grade 7 Boys	Long Jump
12:30	Hurdle finals as needed		10:00	Grade 8 Boys	High Jump
				Grade 9 Boys	High Jump
				Grade 7 Boys	High Jump
12:45	Grade 9 Boys	100m Heats		Grade 7 Girls	High Jump
	Grade 8 Boys	100m Heats		Grade 8 Girls	High Jump
	Grade 7 Boys	100m Heats		Grade 9 Girls	High Jump
	Grade 9 Girls	100m Heats		Grade 9 Boys – starting height 1.25m	
	Grade 8 Girls	100m Heats		Grade 8 Boys – starting height 1.25m	
	Grade 7 Girls	100m Heats		Grade 7 Boys – starting height 1.20m	
2:00	Grade 9 Boys	100m Final		Grade 9 Girls - starting height 1.20m	
	Grade 8 Boys	100m Final		Grade 8 Girls - starting height 1.20m	
	Grade 7 Boys	100m Final		Grade 7 Girls - starting height 1.15m	
	Grade 9 Girls	100m Final			
	Grade 8 Girls	100m Final	11:00	Grade 9 Boys	Discus
	Grade 7 Girls	100m Final		Grade 8 Boys	Discus
2:30	Grade 9 Boys	800m		Grade 7 Boys	Discus
	Grade 8 Boys	800m		Grade 9 Girls	Discus
	Grade 7 Boys	800m		Grade 8 Girls	Discus
	Grade 9 Girls	800m		Grade 7 Girls	Discus
	Grade 8 Girls	800m			
	Grade 7 Girls	800m			
3:30	Grade 9 Boys	300m	NOTE:	<ul style="list-style-type: none"> ▪ The hurdles & 100m events will have heats and finals if entry numbers are over 8, otherwise it will be a straight final at the earliest posted time. ▪ Athletes will have four attempts in Long Jump and Shot Put. ▪ Medals for the top three in each event. 	
	Grade 8 Boys	300m			
	Grade 7 Boys	300m			
	Grade 9 Girls	300m			
	Grade 8 Girls	300m			
	Grade 7 Girls	300m			