

## TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY

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## 2010 ATHLETICS MANITOBA JUNIOR & SENIOR TEAM PROGRAM FUNDING CRITERIA & STANDARDS

## Overview

The Athletics Manitoba Junior team program is comprised of athletes born in 1991 & 1992 and the Senior team is comprised of athletes born 1990 and earlier who have been identified as meeting or exceeding the outlined standards as of May 31, 2010. The goal of the program is to provide junior and senior aged athletes subsidies to compete out of province, in either the Ontario or West Coast tour.

Maximum Team Size: 24
Provincial Team Fee: \$650.00
Maximum Coaches: 2

## **General Information**

Athletes wishing to be considered for selection to the Athletics Manitoba Junior and Senior Team Program must be individual members of Athletics Manitoba (\$50.00) and have met their respective event standards. Athletics Manitoba will arrange all travel, accommodation and entry details. Athletes will be responsible for their own meal costs. Due to limitations in team size, achieving the selection standard does not guarantee selection.

EVENT	JR. WOMEN	JR. MEN	SR. WOMEN	SR. MEN
100m	13.09	11.60	12.77	11.33
	27.20	23.76	26.46	23.15
200m	·			
400m	61.00	53.10	59.38	51.59
800m	2:23.75	2:01.95	2:20.50	1:58.57
1500m	5:02.60	4:15.82	4:54.42	4:08.84
3000/5000m	10:53.95	16:57.0	10:36.43	15.29.0
100m/110mh	15.84	16.72	15.34	16.10
400mh	69.87	60.95	67.35	58.68
3000sc	12:03.06	10:22.30	11:36.11	9:58.95
Hept/Decathlon	3417	4514	3803	5086
Long Jump	5.03	6.25	5.20	6.46
High Jump	1.50	1.80	1.58	1.90
Triple Jump	10.42	12.53	10.76	12.96
Pole Vault	2.90	4.00	3.15	4.15
Shot Put	10.60	12.19	10.99	12.80
Discus	33.11	36.67	36.73	40.46
Javelin	34.15	46.97	37.67	51.93
Hammer	36.63	42.47	40.62	47.23