

TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY

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Indoor Grand Prix # 6 Wednesday, February 10th, 2010

Max Bell Centre, University of Manitoba 6:00 pm

Tentative Schedule

(Please note start times will likely change, as they are dependent on the number of entries)

Please note the addition of the 4x100m relay

Track

6:00 pm	60m	– Men
6:25 pm	60m	– Women
6:50 pm	1200m	– Men (Midget and Under)
7:10 pm	1200m	Women (Midget and Under)
7:30 pm	1500m	Men (Youth and Older)
7;50 pm	1500m	Women (Youth and Older)
8:10 pm	300m	 Women (Midget and Under / University)
8:30 pm	300m	 Men (Midget and Under / University)
8:50 pm	400m	Women (Youth and Over)
9:10 pm	400m	Men (Youth and Over)
9:30 pm	4x100m Relay	 Men and Women

Field

6:00 pm	l riple Jump	- Women
7:00 pm	Triple Jump	– Men
7:00 pm	High Jump	– Men
7:00 pm	Weight Toss	– All Men /Wome
8:15 pm	High Jump	Women





