



# TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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**Outdoor Grand Prix # 5**  
**Wednesday, June 23rd, 2010**  
**U of M Stadium**  
**6:00 pm**

## FINAL SCHEDULE

### **TRACK**

6:00 pm	200m / 300m / 400m Hurdles (1+ 4 + 2)
6:20 pm	80m / 100m / 110m Hurdles (2+ 1+ 5 )
6:40 pm	800m Men (17)
6:50 pm	800m Women ( 9)
7:00 pm	200m Men (21) Women (18)
7:20 pm	150m M / W (9+ 2)
7:30 pm	3000 / 5000m Men (2+ 2)
7:50 pm	4 x 100m Relay M / W ( 5)
8:00 pm	Invitational Men's 1500m ( 5 )

### **FIELD**

6:00 pm	Triple Jump – M /W ( 6+ 5)
6:00 pm	High Jump - Women ( 8)
6:00 pm	Javelin - M / W ( 2+ 2)
6:00 pm	Pole Vault M / W ( 6+7)
7:15 pm	High Jump - Men ( 7)
7:15 pm	Discus - M / W ( 3+ 4)



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