



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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Outdoor Grand Prix #3

Tuesday, June 1st, 2010

Selkirk

6:00 pm

FINAL SCHEDULE

TRACK

6:00 pm	80m Men and Women (1) (10)
6:15 pm	100m Men and Women (10) (3)
6:30 pm	800m Men (18)
6:45 pm	800m Women (9)
7:00 pm	200m Men (7)
7:10 pm	200m Women (7)
7:20 pm	150m Men (10)
7:30 pm	150m Women (13)
7:45 pm	5000m Men/Women (2)
8:10 pm	800-200-200-400 Relay

FIELD

6:00 pm	Triple Jump - Men (9)
6:00 pm	High Jump - Women (10)
6:00 pm	Javelin - M / W (3)
7:15 pm	Triple Jump - Women (12)
7:15 pm	Discus - M / W (8)
7:30 pm	High Jump - Men (6)



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