



# TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave ● Winnipeg, MB R3B 2Z6 ● Tel: 204-925-5745 ● Fax: 204-925-5792 ● [athleticsmb@shaw.ca](mailto:athleticsmb@shaw.ca) ● [www.athleticsmanitoba.com](http://www.athleticsmanitoba.com)

**Outdoor Grand Prix #2**  
Wednesday, May 26th, 2010  
University Stadium, U of M  
5:00 pm

## FINAL SCHEDULE

### **TRACK**

5:00 pm	1600m Hershey (hand timed) ( 4 )
5:15 pm	Decathlon 110H
5:20 pm	2000m Steeplechase – Men ( 1 )
5:50 pm	100m – Male & Hershey ( 34 )
6:20 pm	100m – Female & Hershey ( 65 )
7:00 pm	1200m – Male / Female ( 4+1 )
7:10 pm	1500m – Male / Female ( 4+1 )
7:20 pm	300m – Male ( 5 )
7:25 pm	300m – Female ( 3 )
7:35 pm	400m – Male & Hershey ( 10 )
7:45 pm	400m – Female & Hershey ( 7 )
8:00 pm	Heptathlon – 800m
8:10 pm	Decathlon – 1500m

### **FIELD**

5:00 pm	Ball Throw – Men / Women ( 18+ 20 )
5:30 pm	Decathlon - Discus
6:00 pm	Decathlon - Pole Vault
6:00 pm	Heptathlon – Long Jump
6:00 pm	Shot Put – Men / Women ( 5+ 8 )
6:45 pm	Long Jump – Men ( 15 )
7:15 pm	Pole Vault – Men / Women ( 1+ 10 )
7:15 pm	Hammer – Men / Women ( 1 + 4 )
7:15 pm	Decathlon / Heptathlon - Javelin
7:45 pm	Long Jump – Women ( 26 )

**High School Qualifiers (School teacher or coach must be present):**

**Hershey qualifiers only:** No charge. Regular entry fees will be charged if athlete is entering regular Grand Prix events. Stickers must be picked up at registration prior to event.

### **Tonight's Hershey Eligible Events**

Age as of December 31, 2010

#### 9/10 year olds

100m  
400m  
4x100m relay  
Ball Throw

#### 11/12 year olds

100m  
400m  
4x100m relay  
Ball Throw

#### 13/14 year olds

100m  
1600m  
4x100m relay  
Ball Throw

