



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave ● Winnipeg, MB R3B 2Z6 ● Tel: 204-925-5745 ● Fax: 204-925-5792 ● athleticsmb@shaw.ca ● www.athleticsmanitoba.com

Outdoor Grand Prix #1

Tuesday, May 25

University Stadium, U of M

4:45 pm

TENTATIVE SCHEDULE

Please note that the schedule may change depending on entries received.

Final Schedule will be posted by Tuesday A.M.

TRACK

4:45pm	10,000m Men & Women (hand timed)
5:00pm	50m Hershey Male / Female (hand timed)
5:30pm	Decathlon – 100m
5:40 pm	Heptathlon – 100H
5:45 pm	100mHurdles – Male / Female
6:00 pm	80m Hurdles – Male / Female
6:15 pm	110m Hurdles - Men
6:30 pm	800m – Male & Hershey
6:55 pm	800m – Female & Hershey
7:20 pm	150m – Male
7:40 pm	150m - Female
8:00 pm	Heptathlon - 200m
8:05 pm	200m – Male / Hershey
8:25 pm	200m – Female / Hershey
8:40 pm	Decathlon – 400m
8:45 pm	3000m - Male
9:05 pm	3000m - Female

FIELD

5:00 pm	Standing Long Jump – Hershey Men/Women (3 jumps)
6:00 pm	Decathlon - Long Jump
6:00 pm	Heptathlon / Women's High Jump
6:00 pm	Javelin – Men / Women
6:45 pm	Triple Jump - Men
6:45 pm	Decathlon - Shot Put
7:15 pm	Decathlon – High Jump
7:15 pm	Heptathlon – Shot Put
7:30 pm	Discus – Men / Women
7:45 pm	Triple Jump - Women
8:00 pm	High Jump - Men

High School Qualifiers (School teacher or coach must be present):

Hershey qualifiers only: No charge. Regular entry fees will be charged if athlete is entering regular Grand Prix events. Stickers must be picked up at registration prior to event.

Tonight's Hershey Eligible Events

Age as of December 31, 2010

9/10 year olds

50m
200m
Standing LJ

11/12 year olds

200m
800m
Standing LJ

13/14 year olds

200m
800m
Standing LJ



www.awardsandmore.ca

