

## TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY

214-200 MAIN ST. WINNIPEG, MB R3C 4M2 TEL: 204-925-5743 FAX: 204-925-5792 EMAIL: athleticsmb@shaw.ca www.athleticsmanitoba.com

## **2010 ELITE ATHLETE FUNDING STANDARDS**

## Overview

Elite athlete funding is available to athletes, youth and older, who meet or exceed the outlined standards as of August 31, 2009. The goal of the program is to provide these elite athletes financial assistance to attend training camps and/or national/international competitions.

## **Funding**

Youth & Junior athletes are eligible for \$500.00, Senior athletes \$1000, plus an additional \$500.00 available to those athletes living and training in Manitoba year round.

WOMEN	EVENT	Youth	Junior	Senior
	100m	12.57	12.27	11.90
	200m	25.93	24.91	24.38
	400m	59.44	56.26	55.33
	800m	2:18.7	2:12.59	2:09.0
	1500m	4:46.8	4:31.49	4:26.1
	3000m/5000m	10:21.6	9:48.24	16:34.5
	100m/110m hurdles	14.99	14.36	13.97
	300m/400m hurdles	48.25	1:01.70	1:00.0
	2000m/3000m steeple	7:45.30	7:11.49	10:00.0
	Heptathlon/Decathlon	4168	4250	4865
	High Jump	1.60m	1.70m	1.72m
	Pole Vault	3.40m	3.50m	3.55m
	Long Jump	5.23m	5:53m	5.88M
	Triple Jump	11.20m	11.68m	12.15m
	Shot Put	12.51m	13.05m	14.55m
	Discus	40.30m	41.14m	47.64m
	Javelin	41.04m	42.00m	48.00m
	Hammer	45.00m	49.64m	52.50m

MEN	EVENT	Youth	Junior	Senior
	100m	11.15	10.85	10.60
	200m	22.65	22.13	21.50
	400m	50.82	48.93	48.00
	800m	1:58.5	1:54.03	1:52.0
	1500m	4:03.6	3:56.20	3:49.8
	3000m/5000m	8:50.0	15:12.76	14:15.3
	100m/110m hurdles	15.60	14.89	14.55
	400m hurdles	56.91	54.29	53.11
	3000m steeple.	9:39.6	9:28.02	9:00.00
	Heptathlon/Decathlon	5582	6100	6500
	High Jump	1.96m	2.05m	2.07m
	Pole Vault	3.60m	4.20m	4.85m
	Long Jump	6.83m	6.89m	7.28m
	Triple Jump	13.04m	14.04m	15.20m
	Shot Put	14.23m	15.96m	16.15m
	Discus	41.75m	47.53m	50.90m
	Javelin	56.90m	58.11m	65.00m
	Hammer	52.36m	53.81m	60.44m