

TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY

214-200 MAIN ST. WINNIPEG, MB R3C 4M2 TEL: 204-925-5743 FAX: 204-925-5792 EMAIL: athleticsmb@shaw.ca www.athleticsmanitoba.com

2009-2010 ELEMENTARY SCHOOL INFORMATION

There are many fun competitive and educational programs for Elementary Schools in Manitoba. These programs are available to all Elementary schools in the Province of Manitoba. They have been designed specifically to address the needs and encourage the development of Elementary school track & field / athletics programs. This sheet will outline all the opportunities available that a registered Athletics Manitoba Member School can take part in.

Competitive Events

| Cross Country: | AM Provincial Age Class (PeeWee to Junior & Masters) | October 31, 2009 | Harbourview Golf Course |
|-------------------------|--|--|---|
| Elementary Relays: | Elementary Relays Boeing Elementary Relays Athletics Manitoba Elementary Relays | February 3, 2010 March 2, 2010 March 17, 2010 | Max Bell Ctr. WPG Max Bell Ctr, WPG Max Bell Ctr, WPG |
| Indoor Track & Field | Flying M Fall Frolic Indoor Grand Prix #1 Indoor Grand Prix #2 Indoor Grand Prix #3 Indoor Grand Prix #4 Indoor Grand Prix #5 University Games Indoor Grand Prix #6 Boeing Age Class | December 5, 2009 December 11, 2009 December 12, 2009 January 13, 2010 January 22, 2010 January 23, 2010 February 6, 2010 February 24, 2010 March 4-6, 2010 | Max Bell Ctr, WPG |

Other Programs

Hershey's Track and Field Program: The Hershey's Track and Field program is for students ages 9-14 (age as of December 31, 2010). Schools can register existing school and divisional meets or organize a new meet as Hershey's Track and Field Qualifying meets. Students who finish first through third, plus all those who meet provincial standard will be invited to the Manitoba Hershey's Track and Field Championships in June with athletes having the opportunity to advance to the North American Championships in Hershey, Pennsylvania (all expenses paid) in August. Schools may request a FREE Hershey Program Manual with information on hosting a Hershey Qualifying Meet for your school. If your school hosts a meet, Athletics Manitoba can also provide prizes and some organizational support.

School Workshops: Member schools can request **free** half-day school clinics or workshops on specific track & field training topics. Contact the office for information and availability.

<u>Coaching Resources</u>: Coaches have access to the Athletics Manitoba Library as well as a network of coaching contacts and coaching clinic opportunities.

Run Jump Throw: Run, Jump, Throw is the nationally recognized grassroots track and field program in Canada. Full and half day workshops can be arranged as can full 10 direct delivery classes. Schools can also get full NCCP certification in the Run, Jump, Throw program and use the scripted lesson plans in their own physical education classes. For further details and information please contact Diana Stevens at 925-5744.

<u>Athletics Manitoba Annual Awards</u>: Coaches are asked to nominate themselves or another coach for the Athletics Manitoba Elementary & Junior High School Coach of the Year. Applications are available in this package.

NCCP Run Jump Throw Teacher Certification Course at SAG October 23rd!



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2009-2010 ELEMENTARY SCHOOL INFORMATION

Please note that a school membership is valid September through June.

School Club Registration

For Elementary School Programs, there is a \$50 membership fee with Athletics Manitoba if the school only participates in one sanctioned event or a \$100 membership fee to compete in all sanctioned events. Schools must have a membership with Athletics Manitoba in order to register for an event. **All registration forms and fees must be submitted in order for a school to be eligible to compete.**

Athletics Manitoba uses Hy-Tek and Direct Athletics, an online registration system for all sanctioned events (other than Elementary relays, Track Attack and Hershey's Track and Field Games). Training for Hy-Tek or Direct Athletics registration can be done for free at the Athletics Manitoba office during business hours, or special arrangements can be made for evenings and weekends. Athletics Manitoba computers may be used or schools can bring their own. Group sessions are available. To book a time, please contact Athletics Manitoba at 925-5745 or Shirley Allan Boudreau at shirley.athleticsmb@mts.net.

All school will be required to submit their athlete rosters by Hy-Tek. **NO PAPER REGISTRATIONS OF ROSTERS WILL BE ACCEPTED**.

Elementary School Registration: \$100.00 Elementary School Day Registration: \$50.00

*All competition results will be posted on the Athletics Manitoba website. **Any school that has students with privacy issues please contact the office for instructions.**

If Schools have a road running program, but not a track & field program, there is a \$25.00 School Run Manitoba membership that will enable students to receive the Run Manitoba discount at Athletics Manitoba sanctioned road races during the school year (September-June) when registered and competing for/with their school. Schools with full school memberships are also eligible to register for road running events.



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2009-2010 SCHOOL REGISTRATION

| NAME OF SCHOOL: | Elementary Middle School/Jr High High School TEAM NAME: |
|--|--|
| | |
| ADDRESS: | POSTAL CODE: |
| SCHOOL PHONE: | FAX: |
| WEBSITE: | E-MAIL: |
| CONTACT: | TITLE: |
| Athletics Manitoba can do a search for I | NCCP numbers – please provide maiden name if changed. |
| HEAD COACH: | E-MAIL: |
| NCCP #: | TELEPHONE: |
| COACH 2: | E-MAIL: |
| NCCP #: | TELEPHONE: |
| COACH 3: | E-MAIL: |
| NCCP #: | TELEPHONE: |
| COACH 4: | E-MAIL: |
| NCCP #: | TELEPHONE: |
| COACH 5: | |
| | TELEPHONE: |
| Fees: Please read all attached literat | ure for proper registration: |
| | Coot CANCTIONED |

| egistic | ition. | |
|----------|--------------|--|
| / | Cost | SANCTIONED |
| n | 100.00 | COMPETITIONS |
| | | *A Full School Membership |
| in | 50.00 | is required if your school |
| | | will compete at more than |
| ie | | one of the following |
| | | competitions: |
| | | AM Provincial X Country Grand Prix Series Meet, one |
| | 175.00 | meet indoor/outdoor |
| | | Flying M Frolic Meet |
| | 105.00 | Manitoba Indoor Games |
| | | Boeing Provincial |
| | | Championships |
| in | 50.00 | AM Track Attack |
| | | Boeing Elementary Relays |
| | 25.00 | Athletics Manitoba |
| | | Elementary Relays |
| 10 | 100.00 | |
| | No Charge | SCHOOLS THAT ARE BOTH |
| | | ELEMENTARY AND JR HIGH |
| | | SCHOOLS ONLY PAY ONE |
| | FREE Package | MEMBERSHIP FEE. CALL THE |
| AL | | OFFICE FOR CLARIFICATION. |
| | | |
| | in IIO | n 100.00 in 50.00 in 175.00 175.00 in 50.00 in 105.00 in 100.00 No Charge FREE Package |

^{***}To register for a sanctioned event, the Athletics Manitoba School membership must be paid in advance of competition.