### Elementary Relays Tuesday, March 2, 2010

9:30 AM	4 x 200m Relay	Grade 6 Boys
10:15 AM	4 x 200m Relay	Grade 5 Boys
11:00 AM	4 x 200m Relay	Grade 4 Boys
11:48 AM	4 x 200m Relay	Grade 6 Girls
12:30 PM	4 x 200m Relay	Grade 5 Girls
1:06 PM	4 x 200m Relay	Grade 4 Girls
9:30 AM	8 x 40m Relay	Grade 6 Girls
9:54 AM	8 x 40m Relay	Grade 5 Girls
10:12 AM	8 x 40m Relay	Grade 4 Girls
10:36 AM	8 x 40m Relay	Grade 6 Boys
11:00 AM	8 x 40m Relay	Grade 5 Boys
11:24 AM	8 x 40m Relay	Grade 4 Boys
9:30 AM 10:00 AM 10:30 AM 11:10 AM 11:40 AM 12:15 PM 12:45 PM	4 X Standing Long Jump Awards	Grade 4 Girls Grade 6 Boys Grade 4 Boys Grade 5 Boys Grade 6 Girls Grade 5 Girls

### Friday March 5, 2010

#### **Field Events**

8:30 AM	Long Jump	Midget Women
8:30 AM	High Jump	Midget Men
11:00 AM	Long Jump	Bantam Women
2:15 PM	Long Jump	Bantam Men
4:15 PM	Long Jump	Youth Men
4:45 PM	Shot Put	Youth Men
6:15 PM	Long Jump	PeeWee Women
6:45 PM	Long Jump	Youth Women
7:00 PM	Shot Put	PeeWee Women
7:00 PM	Shot Put	Peewee Men
8:15 PM	Long Jump	Junior / Senior Men

#### **Track Events**

8:30 AM	300m Time Final	Bantam Women
8:46 AM	300m Time Final	Bantam Men
9:02 AM	300m Time Final	Midget Women
9:30 AM	300m Time Final	Midget Men
9:54 AM	4 x 100m Time Final	Bantam Women
10:09 AM	4 x 100m Time Final	Bantam Men
10:24 AM	4 x 100m Time Final	Midget Women
10:47 AM	4 x 100m Time Final	Midget Men
11:02 AM	60m Heats	Bantam Women
11:23 AM	60m Heats	Bantam Men
11:37 AM	60m Heats	Midget Women
12:05 PM	60m Heats	Midget Men
12:19 PM	Lunch	

#### Friday March 5, 2010

1:27 PM 60m Hurdle Heats Midget Women 1:39 PM 60m Hurdle Heats Bantam Wen 1:49 PM 60m Hurdle Heats Bantam Men 1:49 PM 60m Hurdle Heats Midget Men 1:59 PM 1500m Time Finals Bantam Women 2:06 PM 1500m Time Finals Bantam Women 2:21 PM 60m Final Bantam Women 2:26 PM 60m Final Bantam Men 2:31 PM 60m Final Midget Women 2:36 PM 60m Final Midget Women 2:41 PM 60m Heats Youth Women 3:29 PM 60m Heats Youth Men 3:52 PM 1500m Time Finals Midget Women 4:12 PM 1500m Time Finals Midget Men 4:34 PM 1500m Time Final Youth Women 4:37 PM 1500m Time Final Youth Men 4:41 PM 60m Hurdle Finals Bantam Women 4:44 PM 60m Hurdle Finals Midget Women 4:47 PM 60m Hurdle Finals Midget Women 4:51 PM 60m Hurdle Finals Midget Men 4:56 PM 60m Hurdle Finals Midget Men 5:01 PM 60m Hurdle Heats Junior Women	
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7:07 PM 60m Hurdle Final Junior Men	
7:12 PM 60m Hurdle Final Senior Men	
7:17 PM 60m Hurdle Final Junior Women	
7:22 PM 60m Hurdle Final Senior Women	
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#### Saturday, March 6, 2010 Track Events

8:30 AM	150m Time Final	PeeWee Women
8:45 AM	150m Time Final	PeeWee Men
8:55 AM	150m Heats	Bantam Women
9:16 AM	150m Heats	Bantam Men
9:34 AM	150m Heats	Midget Women
10:06 AM	150m Heats	Midget Men
10:31 AM	800m Time Finals	Bantam Women
10:36 AM	800m Time Finals	Bantam Men
10:46 AM	800m Time Finals	Midget Women
11:01 AM	800m Time Finals	Midget Men
11:21 AM	150m Finals	Bantam Women
11:26 AM	150m Finals	Bantam Men
11:31 AM	150m Finals	Midget Women
11:36 AM	150m Finals	Midget Men
11:41 AM	Lunch	
12:41 PM	4 x 100m Time Final	Special Olympic Coed
12:46 PM	4 x 200m Time Final	Bantam Women
1:00 PM	4 x 200m Time Final	Bantam Men
1:07 PM	4 x 200m Time Final	Midget Women
1:21 PM	4 x 200m Time Final	Midget Men
1:28 PM	200m Heats	Youth Women
1:49 PM	200m Heats	Youth Men
2:21 PM	Official Ceremonies	
2:46 PM	200m Heats	Junior Women
2:56 PM	200m Heats	Junior Men
3:16 PM	200m Time Final	Special Olympic Women
3:26 PM	200m Time Final	Special Olympic Men
3:41 PM	800m Time Finals	Youth Women
4:01 PM	800m Time Finals	Youth Men
4:21 PM	800m Time Finals	Junior/Senior Women
4:26 PM	800m Time Finals	Junior Men
4:36 PM	800m Time Finals	Senior Men
4:41 PM	800m Special Olympic	Women/Men
4:51 PM	3000m Final	Midget Women
5:06 PM	3000m Final	Midget Men
5:21 PM	Supper	

#### Saturday, March 6, 2010 Track Events continued

6:31 PM	200m Final	Youth Women
6:36 PM	200m Final	Youth Men
6:41 PM	200m Heats	Senior Women
6:46 PM	200m Heats	Senior Men
6:50 PM	200m Final	Junior Women
6:55 PM	200m Final	Junior Men
7:00 PM	3000m Finals	Youth Women
7:15 PM	3000m Time Finals	Youth Men
7:30 PM	4 x 100m Time Final	Youth Women
7:35 PM	4 x 100m Time Final	Youth Men
7:40 PM	4 x 100m Time Final	Junior /Senior Women
7:55 PM	4 x 100m Time Final	Junior /Senior Men
8:10 PM	200m Final	Senior Women
8:24 PM	200m Final	Senior Men
8:38 PM	3000m Final	Junior/Senior Women
8:46 PM	3000m Final	Junior Men
8:54 PM	3000m Final	Senior Men
8:59 PM	4 x 400m Final	Youth Women
9:04 PM	4 x 400m Final	Youth Men
9:19 PM	4 x 400m Final	Junior /Senior Women
9:19 PM	4 x 400m Final	Junior /Senior Men

### Saturday, March 6, 2010 Field Events

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8:30 AM	Long Jump	Midget Men
9:00 AM	Shot Put	Bantam Men - Circle 1
9:00 AM	High Jump	Midget Women - Pit 2
9:00 AM	Shot Put	Midget Women - Circle 2
10:15 AM	Long Jump	Peewee Men
10:45 AM	High Jump	Bantam Men
10:45 AM	Shot Put	Midget Men - Circle 1
10:45 AM	Shot Put	Bantam Women - Circle 2
11:00 AM	Long Jump	Junior/ Senior Women
11:30 AM	High Jump	Youth/Junior/Senior Women
2:30 PM	Shot Put	Junior/Senior Women Circle 1
2:30 PM	Shot Put	Special Olympic Women/Men Circle 2
2:30 PM	High Jump	Bantam Women
2:30 PM	Triple Jump	Youth Men
2:30 PM	Pole Vault	Women
3:30 PM	Pole Vault	Men
3:30 PM	Shot Put	Youth Women
4:15 PM	Triple Jump	Junior/Senior Men
5:30 PM	Weight Throw	Youth/Junior/Senior Women
7:00 PM	Shot Put	Junior /Senior Men
7:00 PM	Triple Jump	Youth/Junior/Senior Women
7:00 PM	High Jump	Youth/Junior/Senior Men
8:25 PM	Weight Throw	Youth/Junior/Senior Men