

2010 BOEING INDOOR CLASSIC MANITOBA INDOOR AGE CLASS CHAMPIONSHIPS

- DATE: **Friday and Saturday, March 5, 6, 2010**
- SANCTION: **Athletics Manitoba**
- SPONSOR: **BOEING OF CANADA**
- HOST: **Winnipeg Optimist Athletics**
- VENUE: **Max Bell Centre, University of MB, Winnipeg**
- TIMING: **Fully automatic electronic timing system** – Omega Phototiming Systems
- AWARDS: **1st, 2nd, & 3rd place medals in all events (except Elementary Relays)**
(See Elementary Relay Info)
- ENTRIES: A) Eligibility – All entrants must be registered members of Athletics Manitoba, Athletics Canada.
- B) **Entry Fees**
- \$ 6.00 per event for members
 - \$ 9.00 per each relay team for members
 - \$ 12.00 per individual event **Late Fee** \$13.00 per each relay team for members **Late Fee**
- Late entries will only be accepted if there is room and it does not change the schedule.
 - Late entries will be accepted at the discretion of the meet director.
 - Entry Fees must be paid before registration packages will be given out.
- C) **Please make cheques** payable to: **WINNIPEG OPTIMIST ATHLETICS**
- D) **Entry deadline** **Received by February 25, 2010.**
Please ensure that your entries are in on time, so that we can get the schedule out as soon as possible.
The sooner we get your entries, the sooner you get the final schedule.
- E) Only entries from the Hy-Tek system or the Direct Athletics online system will be accepted.
- F) Online entry system www.directathletics.com Information on Direct Athletics online entry is available from Athletics Manitoba. Hy-Tek files will be available for download at www.athleticsmanitoba.com
- G) No telephone or fax entries will be accepted.
- H) Seeded sections – Please submit **accurate seed performances** in order to allow for the accurate seeding of track events. It is the responsibility of club and school coaches to ensure the accuracy of their entry data.
- I) Questions may be directed to Larry Switzer at 204-885-5714
- FINALS: 60m, 60mh, 200m will proceed from heats to finals if entry numbers warrant. Other track events will be run as seeded timed final sections.
- SPECTATORS: There will be a daily \$2.00 admission fee.
- EVENT CHANGES: Adopting the Athletics Canada Long Term Athlete Development Model, Bantam and Midgets age groups now compete at 150m and 300m instead of 200m and 400m.
- AGE CLASSES FOR 2010:
- | | |
|----------|--------------------------------------|
| PEEWEE: | BORN in 1999 & later |
| BANTAM: | BORN in 1997 & 1998 |
| MIDGET: | BORN in 1995 & 1996 |
| YOUTH: | BORN in 1993 & 1994 |
| JUNIOR: | BORN in 1991 & 1992 |
| SENIOR: | BORN in 1990 & earlier |
| MASTERS: | Age 35 and over; Born 1975 & earlier |

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SHOT WEIGHTS:	PeeWee	2.73 kg (6 lbs)
	Bantam Men & Bantam & Midget Women	3 kg
	Youth Men	5 kg
	Junior Men	6 kg
	Senior Men	7.26 kg (16 lbs)
	All others	4 kg

WEIGHT THROW:	Youth Men & all Women	9.09 kg (20 lbs)
	Junior & Senior Men	15.91 kg (35 lbs)

HURDLES:		<u>Hurdle Height</u>	<u>To 1st Hurdle</u>	<u>Between Hurdles</u>
	Senior Men	1.067m (42")	13.72m	9.14m
	Junior Men	0.991m (39")	13.72m	9.14m
	Youth Men	0.914m (36")	13.72m	9.14m
	Midget Men	0.840m (33")	13.0m	8.5m
	Bantam Men	0.762m (30")	12.0m	7.5m
	Senior & Junior Women	0.840m (33")	13.0m	8.5m
	Youth Women	0.762m (30")	13.0m	8.5m
	Midget Women	0.762m (30")	12.0m	8.0m
	Bantam Women	0.762m (30")	12.0m	7.0m

- **Races will only be run at these standard distances.**

EVENTS: See accompanying chart on page 3. Athletes may enter an individual event in **only one age class**. Athletes may move up in an event or to complete a Relay Team, but may not run an event or a relay in two different age groups or on two separate teams.

RELAYS: **All teams members must be from the same Club or School.**

Entries will be accepted on a first come first served basis. Some field events may have the number of athletes competing capped, or the number of attempts will be limited to **three**. These decisions will be made by the meet director and/or meet manager based on time considerations during the meet.

Please be advised that the Preliminary Schedule is exactly that, preliminary, and it will change. Final Schedule is based on the number of athletes that are entered per event. We will produce the final schedule out as soon as possible, once the entries are received.

All jump and throw athletes are required to report to their event one half hour before the start of their events for warm up.

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EVENTS OFFERED

Events	PeeWee	Bantam	Midget	Youth	Junior	Senior	Special Olympic	Wheel Chair
	Boys/Girls	Boys/Girls	Boys/Girls	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women
Year of Birth	1999 & later	1997/98	1995/96	1993/1994	1991/92	1990 & before		
60m	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
150m	Yes	Yes	Yes	NO	NO	NO	NO	NO
200m	NO	NO	NO	Yes	Yes	Yes	Yes	No
300m	NO	Yes	Yes	NO	NO	NO	NO	NO
400m Youth & Up	NO	NO	NO	Yes	Yes	Yes	Yes	No
600m PeeWee only	Yes	No	No	No	No	No	No	No
800m	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
1500m	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
3000m	No	No	Yes	Yes	Yes	Yes	No	No
60m Hurdle - 60H	No	Yes	Yes	Yes	Yes	Yes	No	No
4x100m Relay	No	Yes	Yes	Yes	Yes	Yes	Yes	No
4x200m Relay	No	Yes	Yes	No	No	No	No	No
4x400m Relay	No	No	No	Yes	Yes	Yes	No	No
Shot Put - SP	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
Long Jump - LJ	Yes	Yes	Yes	Yes	Yes	Yes	No	No
High Jump - HJ	No	Yes	Yes	Yes	Yes	Yes	No	No
Triple Jump - TJ	No	No	No	Yes	Yes	Yes	No	No
Pole Vault - PV	No	No	No	Yes	Yes	Yes	No	No
Weight Toss - WT	No	No	No	Yes	Yes	Yes	No	No

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Tentative Schedule for March 5th and 6th

Friday March 5, 2010 Field Events Morning

8:30 AM	Long Jump	Midget Women
8:30 AM	High Jump	Midget Men
11:00 A.M.	Long Jump	Bantam Women
2:15 P.M.	Long Jump	Bantam Men
4:15 P.M.	Long Jump	Youth Men
4:45 P.M.	Shot Put	Youth Men

Friday, March 5, 2010

6:15 P.M.	Long Jump
6:45 P.M.	Long Jump
7:00 P.M.	Shot Put
7:00 P.M.	Shot Put
8:15 P.M.	Long Jump

Field Evening

PeeWee Women
Youth Women
PeeWee Women
Peewee Men
Junior + Open Men

Friday March 5, 2010 Track

Tentative

8:30 AM	300m Time Final	Bantam Women
	300m Time Final	Bantam Men
	300m Time Final	Midget Women
	300m Time Final	Midget Men
	4x100m Time Final	Bantam Women
	4x100m Time Final	Bantam Men
	4x100m Time Final	Midget Women
	4x100m Time Final	Midget Men
	60m Heats	Bantam Women
	60m Heats	Bantam Men
	60m Heats	Midget Women
	60m Heats	Midget Men
12:15 PM	Lunch	
1:15 PM	60m Hurdle Heats	Bantam Women
	60m Hurdle Heats	Midget Women
	60m Hurdle Heats	Bantam Men
	60m Hurdle Heats	Midget Men
	1500m Time Finals	Bantam Women
	1500m Time Finals	Bantam Men
	60m Final	Bantam Women
	60m Final	Bantam Men
	60m Final	Midget Women
	60m Final	Midget Men
	60m Heats	Youth Women
	60m Heats	Youth Men
	1500m Time Finals	Midget Women
	1500m Time Finals	Midget Men
	1500m Time Final	Youth Women
	1500m Time Final	Youth Men
	60m Hurdle Finals	Bantam Women
	60m Hurdle Finals	Midget Women
	60m Hurdle Finals	Bantam Men
	60m Hurdle Finals	Midget Men
	60m Hurdle Finals	Youth Women
	60m Hurdle Heats	Junior Women
	60m Hurdle Heats	Open Women
	60m Hurdle Finals	Youth Men
	60m Hurdle Heats	Junior Men
	60m Hurdle Heats	Open Men
	400m Time Final	Youth Women

Friday, March 5, 2010

400m Time Final	Youth Men
600m Time Final	PeeWee Women
600m Time Final	PeeWee Men
6:30 PM	Supper
7:15 PM	Tentative

Evening Session

60m Hurdle Final	Junior Men
60m Hurdle Final	Open Men
60m Hurdle Final	Junior Women
60m Hurdle Final	Open Women
60m Final	Youth Women
60m Final	Youth Men
60m Heats	PeeWee Women
60m Heats	PeeWee Men
60m Heats	Junior Women
60m Heats	Open Women
60m Heats	Junior Men
60m Heats	Open Men
60m Final	PeeWee Women
60m Final	PeeWee Men
60m Final	Special Olympic Women
60m Final	Special Olympic Men
60m Final	Junior Women
60m Final	Junior Men
60m Final	Open Women
60m Final	Open Men
400m Time Final	Junior Women
400m Time Final	Junior Men
400m Time Final	SO Women/Open Women
400m Time Final	SO/Open Men
1500m Time Final	Junior + Open Women
1500m Time Final	Junior + Open Men

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Saturday, March 6, 2010 - Field Events

8:30 AM	Long Jump	Midget Men	2:30 PM	Shot Put	Jr/Open Women C1
9:00 AM	Shot Put	Bantam Men - Circle 1	2:30 PM	Shot Put	Special Olympic Women/Men C2
9:00 AM	High Jump	Midget Women - Pit 2	2:30 PM	High Jump	Bantam Women - Pit 1
9:00 AM	Shot Put	Midget Women Circle 2	2:30 PM	Triple Jump	Youth Men
10:15 AM	Long Jump	Peewee Men	2:30 PM	Pole Vault	Women
10:45 AM	High Jump	Bantam Men - Pit 2	3:30 PM	Pole Vault	Men
10:45 AM	Shot Put	Midget Men - Circle 1	3:30 PM	Shot Put	Youth Women
10:45 AM	Shot Put	Bantam Women Circle2	4:15 PM	Triple Jump	Junior/Open Men
11:00 AM	Long Jump	Junior/ Open Women	5:30 PM	Weight Throw	Youth/Junior/Open Women
11:30 AM	High Jump	Youth Jr Open Women	7:00 PM	Shot Put	Junior + Open Men
			7:00 PM	Triple Jump	Youth/Jr/Sr Women
			7:00 PM	High Jump	Youth/Junior/Open Men
			8:25 PM	Weight Throw	Youth/Junior/Open Men

Saturday, March 6, 2010 - Track Events Tentative

8:30 AM	150m Time Final	PeeWee Women		3000m Final	Midget Women
	150m Time Final	PeeWee Men		3000m Final	Midget Men
	150m Heats	Bantam Women	5:15 PM	Supper	
	150m Heats	Bantam Men	6:30 PM	200m Final	Youth Women
	150m Heats	Midget Women		200m Final	Youth Men
	150m Heats	Midget Men		200m Heats	Open Women
	800m Time Finals	Bantam Women		200m Heats	Open Men
	800m Time Finals	Bantam Men		200m Final	Junior Women
	800m Time Finals	Midget Women		200m Final	Junior Men
	800m Time Finals	Midget Men		3000m Finals	Youth Women
	150m Finals	Bantam Women		3000m Time Finals	Youth Men
	150m Finals	Bantam Men		4x100m Time Final	Youth/ Junior Women
	150m Finals	Midget Women		4x100m Time Final	Youth Men
	150m Finals	Midget Men		4x100m Time Final	Junior /Senior Men
11:45 AM	Lunch			200m Final	Open Women
12:45 PM	4x100m Time Final	Special Olympic Co-ed		200m Final	Open Men
	4x200m Time Final	Bantam Women		3000m Finals	Junior/Open Women
	4x200m Time Final	Bantam Men		3000m Final	Junior Men
	4x200m Time Final	Midget Women		3000m Final	Open Men
	4x200m Time Final	Midget Men		4 x 400m Final	Youth Women
	200m Heats	Youth Women		4 x 400m Final	Youth Men
	200m Heats	Youth Men		4 x 400m Final	Junior/Open Women
1:50 PM	Official Ceremonies			4 x 400m Final	Junior /Open Men
	200m Heats	Junior Women			
	200m Heats	Junior Men			
	200m Time Final	Special O Women			
	200m Time Final	Special Olympic Men			
	800m Time Finals	Youth Women			
	800m Time Finals	Youth Men			
	800m Time Finals	Junior/Open Women			
	800m Time Finals	Junior Men			
	800m Time Finals	Open Men			
	800m Sp. Olympic	Women/Men			