



# 2010 Bison Elementary Relays

Wednesday, February 3, 2010

University of Manitoba

Max Bell Field House

Hosted by the University of Manitoba Track & Field team

## Facilities:

6 lane banked Mondo track

8 lane Mondo straightaway

There are also washrooms and change rooms available

## Entry Fee:

Entry fee for Member Schools will be \$100.00

Entry fee for Non-Member Schools will be \$150.00

## Entries:

All entries must be received by Mon, Feb 1, 2010

Entries can be mailed, faxed or e-mailed to the following contact

University of Manitoba Track & Field

Attn: Claude Berube

100A Max Bell Centre

University of Manitoba

Wpg, MB

R3T 2N2

Fax number: 474-7695

E-mail address: [berubecr@ms.umanitoba.ca](mailto:berubecr@ms.umanitoba.ca)

Athletes will be allowed to move up a grade class in order to field a team, however they may not participate on two different teams in the same event.

Inquiries:

All inquiries can be made to:  
Claude Berube  
Head Coach,  
University of Manitoba  
Track & Field / Cross Country  
(204) 474-8989 or [berubecr@ms.umanitoba.ca](mailto:berubecr@ms.umanitoba.ca)

Events:

- 1) 8 x 40m Shuttle
  - 8 team members run 40m each
  - (back & forth shuttle style)
- 2) 4 x 200m Relay
  - 4 team members run 200m (1 lap) each
- 3) 4 x Long Jump
  - total distance of 1 jump each for the 4 team members
- 4) 4 x Shot Put
  - total distance of 1 throw each for the 4 team Members (2.73 kg / 6 lb Shot)

Awards:

All Competitors will receive a participation certificate  
Ribbons will be awarded to the Top 6 in  
each event



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## ENTRY FORM

Entry Fee Member Schools: \$100.00

Entry Fee Non-Member Schools \$ 150.00

Entries: Please indicate the number of teams per event.

	Boys			Girls		
Event	Gr. 4	Gr. 5	Gr. 6	Gr. 4	Gr. 5	Gr. 6
8 x 40m Shuttle						
4 x 200m						
4 x Long Jump						
4 x Shot Put						

Send Entries to:

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Please make cheques payable to: University of Manitoba Track & Field



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## TENTATIVE SCHEDULE

<b>10:00am</b> 4 x 200m Relay Grade 6 Boys	<b>10:00am</b> 4 x LJ Relay Grade 4 Girls
4 x 200m Relay Grade 5 Boys	4 x LJ Relay Grade 6 Boys
4 x 200m Relay Grade 4 Boys	4 x LJ Relay Grade 4 Boys
4 x 200m Relay Grade 6 Girls	4 x LJ Relay Grade 5 Boys
4 x 200m Relay Grade 5 Girls	4 x LJ Relay Grade 6 Girls
4 x 200m Relay Grade 4 Girls	4 x LJ Relay Grade 5 Girls

**10:00am** 8 x 40m Shuttle Grade 6 Girls  
8 x 40m Shuttle Grade 5 Girls  
8 x 40m Shuttle Grade 4 Girls  
8 x 40m Shuttle Grade 6 Boys  
8 x 40m Shuttle Grade 5 Boys  
8 x 40m Shuttle Grade 4 Boys

Once the Shuttle relays are completed the following events will take place on the infield

4 x SP Relay Grade 4 Girls  
4 x SP Relay Grade 5 Girls  
4 x SP Relay Grade 6 Girls  
4 x SP Relay Grade 4 Boys  
4 x SP Relay Grade 5 Boys  
4 x SP Relay Grade 6 Boys