

NOTICE OF DATE CHANGE!!
2010 MASRC Track & Field Meet
Friday, January 29, 2010
University of Manitoba



Join us for the first annual Manitoba Aboriginal Sport & Recreation Council (MASRC) Track & Field Meet on **Friday, January 29, 2010** at the University of Manitoba Max Bell Centre. This is an age class meet for athletes born in 1997/98/99 (Bantam), 1995/96 (Midget) and 1993/94 (Youth). This inter-provincial track meet is an identification opportunity and is open to all Aboriginal and non-Aboriginal athletes in the specified age classes. The top five athletes in each event will receive award recognition.

The events being offered include the 60m, 200m, 800m, 1500m, 4x200m relay, shot put, high jump and long jump. Each athlete is allowed to enter into three individual events plus a relay. Entry fee is \$10.00 per person. Spikes are allowed on the rubber synthetic track (7mm or less). Starting blocks will be optional for the sprint events.

Registration and payments must be submitted to the MASRC office no later than January 25, 2010. Send registration form with Cheque or Money Order payable to MASRC, 200 Main Street, Winnipeg MB R3C 4M2. Payments can also be dropped off at 5th floor, 238 Portage Avenue. For more information, contact Melvin by phone: (204) 925-5737 or email: melvinmaggantay@sport.mb.ca.

2010 MASRC Track & Field Meet - Registration Form

Last Name: _____ First Name: _____

Date of Birth: _____ Gender: Male Female
Day Month Year

Address: _____ Town/City: _____

Postal Code: _____ Telephone: _____

Email: _____

Coach: _____ Club/School: _____

Events: 1) _____ 2) _____ 3) _____ Relay: Yes No

For North American Indigenous Games identification:

(Please select one of the following)

Non-Aboriginal First Nations Métis Inuit

Parent/Guardian:

On behalf of the athlete listed above, in consideration of your accepting this, I hereby waive their rights and claims for damage against Athletics Canada, Athletics Manitoba, MASRC, the Organizers of the meet, their agents, representatives, successors and assign for any and all injuries that the athlete may suffer in this competition.

Signature: _____ Print Name: _____

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SCHEDULE

The events will begin at 9:00 am and as soon as an event is completed the next event will be marshalled. Ongoing announcements will be made as to start times of events. If you are competing in a track event and a field event that are scheduled at the same time, you must check in with the field event and let them know you are going to compete in the track event and then return to the field event immediately after you are done on the track.

TRACK

9:00 am	1500m (oval)	Youth Men Midget Men Bantam Men Bantam Women Midget Women Youth Women	9:00 am	60m (infield)	Bantam Women Midget Women Youth Women Youth Men Midget Men Bantam Men
	200m	Bantam Women Midget Women Youth Women Bantam Men Midget Men Youth Men			
	800m	Bantam Women Midget Women Youth Women Bantam Men Midget Men Youth Men			
	4x200m	Bantam Women Midget Women Youth Women Bantam Men Midget Men Youth Men			



FIELD

9:00 am	Long Jump	Bantam Men Midget Men Youth Men Bantam Women Midget Women Youth Women
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As soon as the 60m races are completed the shot put and high jump will begin in the following order:

Shot Put	Bantam Women Midget Women Youth Women Youth Men Midget Men Bantam Men	High Jump	Youth Men Midget Men Bantam Men Bantam Women Midget Women Youth Women
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