## Headingley Fire Department Run for Wishes Saturday, May 29, 2010



Timex Series # 6 Run

5 km Run

3 km Fun Walk

## **5 KM PROVINCIAL CHAMPIONSHIP**

- Starting at Headingley Fire Department, located at 125 Bridge Rd., the 5 km run crosses over the Taylor Bridge, west on Roblin Blvd., south on Alboro St., west on Hatfield Rd., north on Seekings St., and returning to the fire hall on Roblin Blvd. and over the Taylor Bridge. The 3 km walk route follows the same course, with a cross-over to Rodney St. through Phoenix School's playground.
- Both events start at 9:00 A.M.
- Prizes are awarded for the 5 km run in 5 year age categories.
- Join us for all the fun after the run! There will be lots of random prize draws, food and refreshments.
- Proceeds from the event will be donated to the Rehab Centre for Children Foundation
- A T-shirt is guaranteed to those who register prior to May 14. Those registering after May 14 will receive T-shirts **as long as supplies last**.
- Register in person or on-line. Forms are available at the R.M. of Headingley, Headingley Grill, the North Headingley Hall or from any member of the Headingley Fire Department. Register on-line at <u>www.RunningRoom.com</u> Payment by cash or cheque. Please make cheques payable to Headingley Fire Department. Payment by credit card will be accepted on-line through the Running Room, located at 1875 Grant Ave.
- Race kit pick-up at the Running Room, Kenaston Village Mall, 1875 Grant Ave. between 4:00 and 7:00 on Thursday and Friday, May 27 and 28. Those registering through school groups will have their packages delivered to their schools, the week prior to the event. Contact person is Glenn Reimer at 889 5806.