



2010 CALTAF Track Classic
Glenmore Athletic Park
Calgary, AB
June 18-20, 2010

Sanctioned By: Athletics Alberta
Website: www.caltaftrackclassic.com

Eligibility:

- All Alberta athletes must be registered with Athletics Alberta prior to the meet or be *Day of Meet* members.
- Out of province athletes must be registered with their respective Athletics Association or be *Day of Meet* members.
- Relay teams composed of multiple clubs are permitted.

Age Categories:

- Pee wee: born 1999 or 2000
- Bantam: born 1997 or 1998
- Midget: born 1995 or 1996
- Youth: born 1993 or 1994
- Junior: born 1991 or 1992
- Senior: born 1990 -1976
- Masters: born 1975 or earlier

Location/Facility:

- Glenmore Athletic Park - 5300 19 Street S.W, Calgary, AB
- Eight (8) lane 400m Versaturf Track
- All runways are Versaturf
- Throwing circles are concrete

Contacts Info:

- *General Inquiries:* Derrick Johnston – meetdirector@caltaftrackclassic.com 403-200-3700
- *Entry Information:* Jolene Dressler – meetmanager@caltaftrackclassic.com 403-686-6011
- *Media Inquiries:* Cindy Stephen – mediarelations@caltaftrackclassic.com

Registration Packages:

Will be available at the registration desk at the track starting at 4pm on Friday June 18, 2010.

Technical Meeting: A coaches' technical meeting will be held on the infield near the finish line at 5:30pm on Friday June 18 (will include Saturday/Sunday mornings Multi-Events), 12pm Saturday and 9:30am Sunday.

Entry Deadline:

- Entries must be received by 11:59PM Wednesday June 9, 2010.
- Late entries, if accepted, will be charged double .
- Scratches must be submitted by 11:59PM Friday June 11, 2010 to avoid charges.
- No refunds will be provided for scratches after the above deadline.
- Please send entries via Team Manager to: meetmanager@caltafrackclassic.com

Entry fees:

- Individual Events: \$20 for first event; \$15 for each subsequent event
- Peewee/Bantam: \$25 per day
- Relays: \$25 per team

Confirmation will be sent to you via email. If you do not receive a confirmation, your entries were not received.

Please note: *It is your responsibility to confirm your entries.*

Special events:

FATHER'S DAY RACE: A staple at the CALTAF Track Classic. The race will take place on Sunday at NOON. The teams entering the race will be eligible for the exclusive Father's Day Draw. The winner will receive an ounce of **GOLD!** A very special thanks to Cliff Swanlund for the donation – we appreciate his ongoing support!

MILE TEAM PURSUIT: Please see the website for a description of this exciting new event to be run on Friday night. Prizes will be awarded to the winning Men's and Women's team.

Prize Money:

There will be \$2850 worth of prize money this year. Events will be announced after the performance list is completed.

Accommodations – Mount Royal University

Rooms are being held until June 1st. After this date, rooms will not be guaranteed. Special rates have been set aside for meet attendees, please reference the meet when booking your room. The accommodations are less than 5 minutes from the Glenmore Athletic Park.

Mount Royal University - Residences
4825 Mount Royal Gate
Calgary, AB T3E 6K6
403-440-6275
residence@mtroyal.ca

General Rules:

- Seed times must be from current season and verifiable using your Provincial Athletics Association.
- Numbers are to be worn on the front for all events.
- Scratches during the competition are to be done in the marshalling tent.

Marshalling Procedure:

- Track event athletes must check in at the marshalling tent 30min before their race.
- Field event athletes must check in at their event 20min prior to the start of the event.
- Please pay attention to announcements for 1st, 2nd and last call.
- **NO CHECK IN WILL BE ALLOWED AFTER THE 30MIN DEADLINE.**

Event List

Track	Open Men	Open Women	Yth Boys	Yth Girls	Mid. Boys	Mid Girls	Ban. Boys	Ban. Girls	PW Boys	PW Girls
FRIDAY										
3000m	X	X								
300mRW	X	X								
4x100m	X	X	X	X	X	X				
2000m	X	X								
Mile Team Challenge	X	X								
4x400m	X	X	X	X	X	X				
SATURDAY										
Multi-events							X	X	X	X
Sprint Hurdles	X	X	X	X	X	X				
100m	X	X	X	X	X	X				
1200m					X	X				
1500m	X	X	X	X						
300m					X	X				
400m	X	X	X	X						
SUNDAY										
Multi-events							X	X	X	X
200m	X	X	X	X	X	X				
800m	X	X	X	X	X	X				
3000mSC	X	X								
Int. Hurdles	X	X	X	X	X	X				

FIELD	Open Men	Open Women	Yth Boys	Yth Girls	Mid. Boys	Mid. Girls	Ban. Boys	Ban. Girls	PW Boys	PW Girls
Multi-events	x	x	x	x	x	x	Sat/Sun	Sat/Sun	Sat/Sun	Sat/Sun
Long Jump	Sat.	Sat.			Sat.	Sat.	x	x	x	x
Triple Jump	Sun.	Sun.					x	x	x	x
High Jump	Sun.	Sun.			Sat.	Sat.	x	x	x	x
Pole Vault	Sat.	Sat.			Sat.	Sat.	x	x	x	x
Shot Put	Fri.	Sat.	Fri.		Fri.	Sat.	x	x	x	x
Discus	Sun.	Sun.			Sun.	Sun.	x	x	x	x
Hammer	Sat.	Sat.	Sat.	Sat.	Sat.	Sat.	x	x	x	x
Javelin	Sun.	Sun.			Fri.	Fri.	x	x	x	x

Peewee/Bantam Multi-Event Information:

Peeweess and Bantams will compete in multiple events on Saturday and Sunday.

Peewee: Saturday: 80m, SP, LJ, 800m

Sunday: 80H, HJ, DT, 1200m

Bantams: Saturday: 80m, LJ, SP, 800m

Sunday: 80H, DT, HJ, 1200m

- Medals for 1st-3rd overall and ribbons in each event.
- Scores will be kept for the multiple events - 1st=10pts, 2nd=9pts, 3rd=8pts, etc... to 10th and below who get 1 pt.
- Athletes may miss or "scratch" an event and continue the competition.

Modified rules for field events:

Long jump – *Peeweess* will have a take-off area consisting of a 1 metre zone, the jump will be measured from the athlete's take-off point. For the competition, jumpers will have 3 attempts.

High Jump - *Peeweess*: Starting height of 0.70m, increments of 10cm until a height of 1.00m, increments of 5cm thereafter. *Bantams*: Starting height of 0.90m, increments of 10cm until a height of 1.20m, increments of 5cm thereafter. Further clarification of the Multiple Events rules as well as instruction on the modified field events will be given on site.

Meet Information:

1. All Track athletes are required to check-in at the Marshalling Tent 30 minutes prior to the schedule event start time. When checking-in, please have your bib on and your spikes available to verify spike length.
2. All Field athletes are to check in at the competition area 30 minutes prior to the event's start time.
3. Spikes are to be no longer than 7mm in length. Only smooth pin or pyramid spikes will be allowed. This will be enforced and athletes will be required to remove any illegal spikes.
4. All athletes must wear proper club or school uniforms.
5. Pee Wee and Bantam athletes will NOT use starting blocks in any events.
6. Pee Wee and Bantam athletes who miss an event will be allowed to continue in the competition.
7. Medals will be awarded to the top three finishers in all events. Performances of master athletes will be age-graded.
8. All results will be posted on the shed at the South End of the track.
9. Scratches on the day of competition are to be done in the Marshalling Tent
10. All CALTAF Track Classic Volunteers will be wearing Baby Blue Meet Shirts and will be easily identifiable.
11. Meet Schedule and Performance List will be posted at www.caltaftrackclassic.com
12. Master athletes will compete with Midgets in the field events and in the Open category for track events.

Technical Information**Friday**

1. 4x100m relays will begin marshalling during the Youth Men's 3000m in order to be ready to go immediately after the 3K Race Walk.
2. The Open Men's and Women's Mile Team Pursuit will have a maximum of 8 teams per race and will be entered on a first come, first served basis. Prizes awarded to the top men's and women's teams.
3. Please note the change in age category order for the 4x400m relays at the end of the day.

Saturday

1. If there are 3 heats or less in a given age category for the 100m, that event will go straight to semi-finals.
2. The top seeded heat in the Open Men's and Women's 1500m will race in the evening during the "Saturday Night Finals"
3. The top seeded heats in the 300m will race in the evening during the "Saturday Night Finals"
4. The top seeded heats in all 400m events will race in the evening during the "Saturday Night Finals"
5. For Open Pole Vault and Long Jump, you may be exempted from the qualifying round by entering a verifiable current season performance that is above the qualifying standard for the final.
6. Youth age category is included in the Open Pole Vault and Long Jump
7. The location of the Open Men's and Women's Long Jump Final will depend on wind conditions. Athletes will be informed well in advance via the Track Announcer.

Exemption Standards:

Open Men's LJ: 6.80m
Open Men's PV: 4.75m
Open Women's LJ: 5.50m
Open Women's PV: 3.75m

**CALTAF TRACK CLASSIC
11TH ANNUAL
FATHER'S DAY RACE**

SUNDAY, JUNE 20th at 12:00PM

**EACH FATHER AND SON/DAUGHTER TEAM HAVE A CHANCE TO WIN AN
OUNCE OF GOLD.**

WHAT DO YOU HAVE TO DO TO WIN?

**ENTER THE 100M RACE AND ENTER THE DRAW. YOU CANNOT ENTER THE DRAW IF
YOU DON'T ENTER THE RACE. YOU DON'T NEED TO WIN THE RACE TO WIN THE
GOLD.**

Registration takes place from
11:45AM on June 20th.

LISTEN FOR ANNOUNCEMENTS!!!

Win an ounce of gold!!

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