

## TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

214-200 Main St. ● Winnipeg, MB R3C 4M2 ● Tel: 204-925-5743 ● Fax: 204-925-5792 ● athleticsmb@shaw.ca ● www.athleticsmanitoba.com

## ATHLETICS MANITOBA ELEMENTARY SCHOOL RELAYS

Wednesday, March 17, 2010 Max Bell Centre – University of Manitoba

## **SCHEDULE**

The schedule may need to be altered during the meet - please listen for announcements throughout the day.

<u>10:00 a.m.</u>	4x200m Relay 4x200m Relay 4x200m Relay 4x200m Relay 4x200m Relay 4x200m Relay	Grade 6 Boys Grade 5 Boys Grade 4 Boys Grade 6 Girls Grade 5 Girls Grade 4 Girls	<u>10:00 a.m.</u>	4xStanding LJ 4xStanding LJ 4xStanding LJ 4xStanding LJ 4xStanding LJ 4xStanding LJ	Grade 4 Girls Grade 6 Boys Grade 4 Boys Grade 5 Boys Grade 6 Girls Grade 5 Girls
<u>10:00 a.m.</u>	8 x 40m Shuttle 8 x 40m Shuttle	Grade 6 Boys Grade 5 Boys			

Following the completion of the 4x200m Relay, the 600m will begin in the following order:

Grade 6 Boys Grade 5 Boys Grade 4 Boys Grade 4 Girls Grade 5 Girls Grade 6 Girls

Following the completion of the Shuttle Relay, the 4x Shot Put will begin in the following order:

Grade 4 Girls Grade 5 Girls Grade 6 Girls Grade 6 Boys Grade 5 Boys Grade 4 Boys

(1<sup>st</sup> = 7 points, 2<sup>nd</sup> = 5 points, 3<sup>rd</sup> = 3 points, 4<sup>th</sup> = 2 points, 5<sup>th</sup> = 1 point)