TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY



2010-2011 INDOOR GRAND PRIX SERIES

- Schools and clubs will be charged for all entries, whether the athlete attends or not. Late entries will be allowed at the discretion of the meet director.
- NEW FOR 2010-2011 ANY ENTRIES SUBMITTED AFTER THE ONLINE DEADLINE WILL BE TREATED AS LATE ENTRIES. LATE ENTRIES MUST BE REGISTERED AT THE TRACK BETWEEN 4:00 AND 5:00 PM (DAY OF MEET) AND ARE SUBJECT TO AVAILABILITY OF SPACE IN A GIVEN EVENT AND HIGHER ENTRY FEES. THERE IS NO GUARANTEE OF LANE OR HEAT SELECTION ON LATE ENTRIES.

MEET INFORMATION

- Schedules for the meet will be posted the next work day following the entry deadline. Evening meets usually start at 6pm and Saturday
 meets usually start at 9am, with check-in one hour prior. All meets are at Max Bell Centre at the University of Manitoba.
- Participants MUST be an individual member or school member of Athletics Manitoba. Day memberships are available.
- For schedules, Hy-Tek Entry Files and entry lists, please go to www.athleticsmanitoba.com Track & Field Events
- All meets are run as Open events, with athletes seeded according to submitted Seed Performance. If no Seed Performance is submitted, athletes will be placed in the slower sections. Seed performances should be from the previous outdoor or indoor season to provide the best competition.
- All track events are timed finals. Field events will have six rounds, except where competition needs to be limited for time.
- Entry fees are \$5.00 per event (Electronic entries only)
- Late entries are \$8.00 per event.

- For the Hy-Tek Meet Manager file or to link to online entry go to www.athleticsmanitoba.com - Track & Field - Events
- Any questions, please contact Rob Guy at 925-5745

Indoor Grand Prix #1 Friday, December 10 Max Bell – University of Manitoba (60mh, 150m/200m, 600m/800m, 1000m (University only), 3000m, Long Jump, Pole Vault, Shot Put)

Indoor Grand Prix #2 Saturday, December 11 Max Bell – University of Manitoba (60m, 300m/400m, 1500m, 4x200m, High Jump, Triple Jump, Weight Toss, Standing Long Jump)

Indoor Grand Prix #3 Wednesday, January 12 Max Bell – University of Manitoba (60mh, 150m/200m, 600m/800m, 1000m (University only), 3000m, Long Jump, Pole Vault, Shot Put)

Indoor Grand Prix #4 Friday, January 21 Max Bell – University of Manitoba (60m, 300m/400m, 1500m, 4x100m, High Jump, Triple Jump, Weight Toss, Standing Long Jump)

Indoor Grand Prix #5 Saturday, January 22 Max Bell – University of Manitoba (60mh, 150m/200m, 600m/800m, 1000m (University only), 3000m, Long Jump, Pole Vault, Shot Put, Multiple Events Indoor Championships)

Indoor Grand Prix #6 Wednesday, February 16 Max Bell – University of Manitoba (60mh, 150m/200m, 600m/800m, 3000m, Long Jump, Pole Vault, Shot Put)