



National
Coaching
Certification
Program

Competition Development Winter Schedule 2010/2011

Sport for Life Centre 145 Pacific Ave.

<u>Date:</u>	<u>Module</u>	<u>Time</u>
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December 2010

Wednesday December 1	Managing Conflict	6:00pm-10:00pm
Thursday December 2	Leading Drug Free Sport	6:30pm – 10:00pm
Friday December 3	^Coaching and Leading Effectively Part 1	6:30pm – 10:00pm
Saturday December 4	^Coaching and Leading Effectively Part 2	8:30am- 3:30pm
Sunday December 5	^Psychology of Performance	8:30am – 4:30pm

January 2011

Thursday January 20	^ Prevention and Recovery Part 1	6:30pm – 10:00pm
Friday January 21	^ Prevention and Recovery Part 2	6:30pm- 10:00pm
Saturday January 22	Developing Athletic Abilities*	8:30am- 4:30pm

^ Prevention and Recovery and Coaching and Leading Effectively are all 2 part modules. Attendance is mandatory in both parts for **trained status**.

*Developing Athletic Abilities includes a Pre-workshop online session that must be completed through the Coaches Association of Canada website.



145 Pacific Avenue • Winnipeg MB R3B 2Z6
Phone [204] 925-5605 • Fax [204] 925-5916

Funding Partner



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