

The 6th Annual

“Royal Rumble on the Rubber”



Thursday, May 14, 2009

Start Time: 10:30 am

Selkirk Community Stadium

at

Lord Selkirk Regional Comprehensive Secondary School

221 Mercy St., Selkirk, MB

All-Weather (Flex-Seal) Surface for all events except for
Concrete Discus and Shotput circles

* 5 – 7 mm pyramid spikes recommended
9 mm permitted for high jump and javelin
(No “Christmas tree spikes)

\$5.00/athlete or \$50.00/team

Ribbons for 1st – 5th place

RSVP to:

Scott Gurney

Work: 482-6926 ext.3233

Fax: 785-2571

Email: sgurney@lssd.ca

A full schedule of events will be run, time permitting except for the
4 x 400m.

**Include a contact fax number, or email address where a meet schedule
can be sent.**

Schools will be asked to help run an event.
Please indicate the approximate number of athletes attending.

P.S. Don't forget your spikes!