2009 MANITOBA INDOOR GAMES JUNIOR AND SENIOR HIGH SCHOOL CHAMPIONSHIPS FEBRUARY 13 AND 14, 2009

Major sponsors – MacDon, Boston Pizza, The Keg Cooperating Club: Stride Ahead Tough Track

SCHEDULE

FRIDAY, FEBRUARY 13, 2009

1:00 p.m.	Meet Ceremonies			
TRACK	Session #1			
1:15 p.m.	Bantam Women	200m (35)	Heats (6)	6 best times to final
1:45 p.m.	Bantam Men	200m (20)	Heats (4)	6 best times to final
2:05 p.m.	Midget Women	200m (23)	Heats (4)	6 best times to final
2:25 p.m.	Midget Men	200m (28)	Heats (5)	6 best times to final
2:50 p.m.	Bantam Women	1500m (5)	FINAL	
3:00 p.m.	Bantam Men	1500m (6)	FINAL	
3:10 p.m.	Midget Women	1500m (7)	FINAL	
3:20 p.m.	Midget Men	1500m (19)	2 TIMED FINA	LS
3:40 p.m.	Bantam Women	200m	FINAL	
3:45 p.m.	Bantam Men	200m	FINAL	
3:50 p.m.	Midget Women	200m	FINAL	
3:55 p.m.	Midget Men	200m	FINAL	
4:00 p.m.	Youth Women	400m (11)	2 TIMED FINA	LS
4:10 p.m.	Youth Men	400m (22)	4 TIMED FINA	LS
4:35 p.m.	Special O Women	60m (4)	FINAL	
4:40 p.m.	Special O Men	60m (10)	FINAL	

4:45 p.m. Dinner Break

FIELD EVENTS

1:00 p.m.	Midget Men	Long Jump (18)
1:00 p.m.	Midget Men	Shot Put (6)
1:00 p.m.	Midget Women	High Jump (10)
2:00 p.m.	Midget Women	Long Jump (28)
2:00 p.m.	Bantam Men	Shot Put (8)
2:00 p.m.	Bantam Women	High Jump (11)

Dinner Break

Session #2			
Youth Women	200m (21)	Heats (4)	6 best times to final
Youth Men	200m (49)	Heats (8)	6 best times to final
Junior/Open Women	200m (4)(3)	Heats (2)	6 best times to final
Junior/Open Men	200m (21)(5)	Heats (5)	6 best times to final
Special O Women	200m (4)	FINAL	
Special O Men	200m (10)	2 TIMED FINA	LS
Youth Women	1500m (11)	FINAL	
Youth Men	1500m (27)	3 TIMED FINA	LS
Youth Women	200m	FINAL	
Youth Men	200m	FINAL	
Junior/Open Women	200m	FINAL	
Junior/Open Men	200m	FINAL	
Special O Men	1500m (4)	FINAL	
Junior/Open Women	1500M (3)(2)	FINAL	
Junior/Open Men	1500M (6)(8)	2 TIMED FINA	L
	Youth Women Youth Men Junior/Open Women Junior/Open Men Special O Women Special O Men Youth Women Youth Men Youth Women Youth Men Junior/Open Women Junior/Open Men Special O Men Junior/Open Women	Youth Women 200m (21) Youth Men 200m (49) Junior/Open Women 200m (4)(3) Junior/Open Men 200m (21)(5) Special O Women 200m (4) Special O Men 200m (10) Youth Women 1500m (11) Youth Men 200m Youth Women 200m Youth Men 200m Junior/Open Women 200m Junior/Open Men 200m Special O Men 1500m (4) Junior/Open Women 1500M (3)(2)	Youth Women 200m (21) Heats (4) Youth Men 200m (49) Heats (8) Junior/Open Women 200m (4)(3) Heats (2) Junior/Open Men 200m (21)(5) Heats (5) Special O Women 200m (4) FINAL Special O Men 200m (10) 2 TIMED FINAL Youth Women 1500m (11) FINAL Youth Men 1500m (27) 3 TIMED FINAL Youth Women 200m FINAL Youth Men 200m FINAL Junior/Open Women 200m FINAL Junior/Open Men 200m FINAL Special O Men 1500m (4) FINAL Junior/Open Women 1500m (3)(2) FINAL

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FRIDAY, FEBRUARY 13, 2009 continued

5:00 p.m.	Special O Men	Shot Put (2)
5:30 p.m.	Junior/Open Women	Long Jump (12)
5:30 p.m.	Junior/Open Men	High Jump (10)
5:30 p.m.	Junior/Open Women	Shot Put (3)(7)
6:30 p.m.	Youth Women	Long Jump (26)
6:30 p.m.	Youth Men	Shot Put (17)
6:45 p.m.	Youth Men	High Jump (15)
7:45 p.m.	Junior/Open Men	Shot Put (2)(7)
8:00 p.m.	Youth/Junior/Open Women	High Jump(6) (10)
8:00 p.m.	Youth Men	Long Jump (18)

SATURDAY, FEBRUARY 14, 2009

TRACK	Session #3
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9:00 a.m.	Midget Women	3000m (2)	FINAL
9:20 a.m.	Midget Men	3000m (3)	FINAL
9:40 a.m.	Junior/Open Women	400m (2)	FINAL
9:45 a.m.	Junior/Open Men	400m (10)	2 TIMED FINAL
9:55 a.m.	Bantam Women	400 (14)	3 TIMED FINAL
10:10 a.m.	Bantam Men	400m (11)	2 TIMED FINAL
10:20 a.m.	Midget Women	400m (8)	2 TIMED FINAL
10:30 a.m.	Midget Men	400m (16)	3 TIMED FINAL
10:50 a.m.	Bantam Women	60mh (7)	FINAL
10:55 a.m.	Bantam Men	60mh (4)	FINAL
11:05 a.m.	Midget Women	60mh (13)	2 heats
11:15 a.m.	Midget Men	60mh (11)	2 heats
11:30 a.m.	Bantam Women	60m (28)	4 heats
11:50 a.m.	Bantam Men	60m (14)	2 heats
12:00 p.m.	Midget Women	60m (39)	5 heats
12:25 p.m.	Midget Men	60m (32)	4 heats

12:45 p.m. Lunch Break

FIELD

8:45 a.m.	Bantam Women	Long Jump (27)
9:00 a.m.	Bantam Men	High Jump (7)
9:30 a.m.	Bantam Women	Shot Put (9)
9:45 a.m.	Bantam Men	Long Jump (13)
10:45 a.m.	Junior/Open Men	Long Jump (7)

Lunch Break

TRACK	Session #4

1:45 p.m.	Youth Women	60mh (17)	2 heats
1:55 p.m.	Youth Men	60mh (8)	FINAL
2:00 p.m.	Junior Women	60mh (7)	FINAL
2:10 p.m.	Open Women	60mh (2)	FINAL
2:15 p.m.	Junior Men	60mh (6)	FINAL
2:25 p.m.	Youth Women	60m (22)	3 heats
2:35 p.m.	Youth Men	60m (48)	6 heats
3:05 p.m.	Junior/Open Women	60m (10)	FINAL
3:10 p.m.	Junior/Open Men	60m (21)	3 heats
3:30 p.m.	Bantam Women	800m (21)	2 TIMED FINAL
3:40 p.m.	Bantam Men	800m (4)	FINAL
3:45 p.m.	Midget Women	800m (9)	FINAL

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SATURDAY, FEBRUARY 14, 2009 continued

3:50 p.m.	Midget Men	800m (24)	3 TIMED FINAL
4:05 p.m.	Youth Women	800m (15)	2 TIMED FINAL
4:15 p.m.	Youth Men	800m (28)	3 TIMED FINAL
4:30 p.m.	Junior/Open Women	800m (9)	FINAL
4:40 p.m.	Junior/Open Men	800m (15)	2 TIMED FINAL
4:50 p.m.	Special O Women	400m (1)	TIMED FINAL
4:50 p.m.	Special O Men	400m (4)	TIMED FINAL
5:05 p.m.	Bantam Women	4X200m(5)	TIMED FINAL
5:15 p.m.	Bantam Men	4X200m (8)	2 TIMED FINAL
5:25 p.m.	Midget Women	4X200m(5)	TIMED FINAL
5:35 p.m.	Midget Men	4X200m (2)	TIMED FINAL

5:40 p.m. Dinner Break

1:45 p.m.	All Men	Pole Vault (7)
1:45 p.m.	Midget Men	Triple Jump (12)
2:45 p.m.	Youth Men	Triple Jump (6)
3:30 p.m.	Midget Men	High Jump (15)
3:30 p.m.	Midget Women	Shot Put (5)
3:45 p.m.	Midget Women	Triple Jump (10)
4:15 p.m.	Youth Women	Shot Put (13)

5:40 p.m. Dinner Break

6:30 p.m.	Youth/Junior/Open Women	3000m (3)(9)	FINAL
6:50 p.m.	Midget Women	60mh	FINAL
7:00 p.m.	Midget Men	60mh	FINAL
7:10 p.m.	Youth Women	60mh	FINAL
7:25 p.m.	Bantam Women	60m	FINAL
7:30 p.m.	Bantam Men	60m	FINAL
7:35 p.m.	Midget Women	60m	FINAL
7:40 p.m.	Midget Men	60m	FINAL
7:45 p.m.	Youth Women	60m	FINAL
7:50 p.m.	Youth Men	60m	FINAL
7:55 p.m.	Junior/Open Men	60m	FINAL
8:05 p.m.	Youth Men	3000m (12)	FINAL
8:25 p.m.	Junior/Open	3000m (10)	FINAL
8:45 p.m.	Youth/Junior Women	4x200m(3)(1)	FINAL
8:55 p.m.	Youth Men	4x200m (9)	2 TIMED FINAL
9:15 p.m.	Junior Men	4x200m(2)	FINAL

FIELD

6:30 p.m.	Women's	Pole Vault (7)
6:30 p.m.	Youth Women	Triple Jump (15)
7:30 p.m.	Junior/Open Men	Triple Jump (3)
8:00 p.m.	Junior/Open Women	Triple Jump (5)

9:25 p.m. End of Meet