



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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Outdoor Grand Prix # 6

Wednesday, June 24, 2009
University Stadium, U of M
5:30 pm

Tentative Schedule

TRACK

5:30 pm	2000m/3000m S / C (M / W) Canada Games Trials
6:00 pm	110mH / 100mH (M / W)
6:15 pm	100m (M / W)
7:00 pm	1500m (M / W)
7:30 pm	300m – Pee Wee/Bantam/Midget M /W
8:00 pm	400m – Youth and Older M / W
8:30 pm	3000m / 5000m M / W

FIELD

6:00 pm	Long Jump – Male
6:00 pm	Pole Vault – M / F
6:00 pm	Shot Put – Male / F
7:00 pm	Hammer – Male M / F
7:15 pm	Long Jump – Female