

**Athletics Manitoba Outdoor Grand Prix #4 & #5 - 6/12/2009 to 6/13/2009****CSG Combined Event, 400mH & Steeplechase Qual.****U of Manitoba, Winnipeg, MB****Performance List****Event 1 Women 100 m Open**

Lane	Name	Yr	Team	Seed Time
<b>Bison Track &amp; Field Club</b>				
1	Boxill, Alicia	90	Bison Track	
<b>Flying M Athletic Club</b>				
1	Waters, Mallory	93	Flying M	
<b>Springs Christian Academy</b>				
1	Babalola, Tayo	97	Springs Christia	
2	Baiye, Faith	98	Springs Christia	
<b>Stride Aheah Tough Track</b>				
1	Beauvais, Madeline	97	SA Tough Track	
2	Cerasani, Larissa	96	SA Tough Track	
3	Filyk, Megan	95	SA Tough Track	
4	Friesen, Courtney	98	SA Tough Track	
5	Jantz, Alyssa	99	SA Tough Track	
6	Kinzel, Montana	96	SA Tough Track	
7	Madden, Chloe	94	SA Tough Track	
8	Madden, Denae	96	SA Tough Track	
9	Mandzuk, Andrea	95	SA Tough Track	
10	Rempel, Meaghan	91	SA Tough Track	
11	Sellers-Wiebe, Mikayla	97	SA Tough Track	
12	Standing, Brooke	99	SA Tough Track	
13	Ward, Sydney	95	SA Tough Track	
14	Woitas, Jensyn	00	SA Tough Track	

**Unattached**

1 Toews, Jessica 92 Unattached

**Winnipeg Optimist Athletics**

1 Van der Zaag, Natalie 92 Wpg Optimist

**Winnipeg Optimists**

1 Bewski, Alyssa 95 Wpg Optimist  
 2 Miskimmin, Caley 87 Wpg Optimist  
 3 Prychitko, Alexis 91 Wpg Optimist  
 4 Staub, Katie 94 Wpg Optimist  
 5 Whyte, Brodie 97 Wpg Optimist

**Event 2 Women 150 m Open**

Lane	Name	Yr	Team	Seed Time
<b>Stride Aheah Tough Track</b>				
1	Beauvais, Madeline	97	SA Tough Track	
2	Cerasani, Larissa	96	SA Tough Track	
3	Friesen, Courtney	98	SA Tough Track	
4	Jantz, Alyssa	99	SA Tough Track	
5	Kinzel, Montana	96	SA Tough Track	
6	Mandzuk, Andrea	95	SA Tough Track	
7	Standing, Brooke	99	SA Tough Track	
8	Tachinski, Kennedy	99	SA Tough Track	
9	Tachinski, Victoria	99	SA Tough Track	
10	Van Schepdael, Mikaela	96	SA Tough Track	
11	Wanigasekara, Sasanie	95	SA Tough Track	
12	Ward, Sydney	95	SA Tough Track	
13	Woitas, Kennedy	96	SA Tough Track	
14	Yablecki, Eva	95	SA Tough Track	

15 Zajac, Courtney 95 SA Tough Track  
 16 Zajac, Janine 96 SA Tough Track

**Winnipeg Optimists**

1 Whyte, Brodie 97 Wpg Optimist

**Event 3 Women 200 m Open**

Lane	Name	Yr	Team	Seed Time
<b>Bison Track &amp; Field Club</b>				
1	Boxill, Alicia	90	Bison Track	
2	Woo, Meaghan	88	Bison Track	
<b>Flying M Athletic Club</b>				
1	Waters, Mallory	93	Flying M	
<b>Junior Development</b>				
1	Kessler, Veronica	97	Jr. Development	
<b>Stride Aheah Tough Track</b>				
1	Filyk, Megan	95	SA Tough Track	
2	Rempel, Meaghan	91	SA Tough Track	
3	Sellers-Wiebe, Mikayla	97	SA Tough Track	
<b>Unattached</b>				
1	Shamanski, Samantha	92	Unattached	
<b>Winnipeg Optimists</b>				
1	Bewski, Alyssa	95	Wpg Optimist	
2	Kitching, Melissa	93	Wpg Optimist	
3	Merkel, Noelle	95	Wpg Optimist	
4	Miskimmin, Caley	87	Wpg Optimist	
5	Staub, Katie	94	Wpg Optimist	
6	Twerdun, Deondra	88	Wpg Optimist	

**Event 4 Women 300 m Open**

Lane	Name	Yr	Team	Seed Time
<b>Springs Christian Academy</b>				
1	Kolesar, Dyanna	97	Springs Christia	
<b>Stride Aheah Tough Track</b>				
1	Beauvais, Madeline	97	SA Tough Track	
2	Booker, Sydney	97	SA Tough Track	
3	Friesen, Courtney	98	SA Tough Track	
4	Jantz, Alyssa	99	SA Tough Track	
5	Standing, Carissa	96	SA Tough Track	
6	Tachinski, Kennedy	99	SA Tough Track	
7	Tachinski, Victoria	99	SA Tough Track	
8	Zajac, Courtney	95	SA Tough Track	
9	Zrinyi, Anna	97	SA Tough Track	

**Event 5 Women 400 m Open**

Lane	Name	Yr	Team	Seed Time
<b>Bison Track &amp; Field Club</b>				
1	King, Diana	86	Bison Track	
<b>Flying M Athletic Club</b>				
1	Johnson, Alyssa	91	Flying M	
<b>Stride Aheah Tough Track</b>				
1	Baran, Melanie	94	SA Tough Track	
2	Passler-Bates, Danika	97	SA Tough Track	
3	Sellers-Wiebe, Mikayla	97	SA Tough Track	

**Athletics Manitoba Outdoor Grand Prix #4 & #5 - 6/12/2009 to 6/13/2009****CSG Combined Event, 400mH & Steeplechase Qual.****U of Manitoba, Winnipeg, MB****Performance List****Winnipeg Optimists...(Event 5 Women 400 m Open)**

1 Kitching, Melissa 93 Wpg Optimist

**Event 6 Women 800 m Open**

Lane	Name	Yr	Team	Seed Time
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**Bison Track & Field Club**

1 Campbell, Jennifer 87 Bison Track

**College Louis-Riel**

1 Sylvie, Michaud 91 College Louis-R

**Elton Collegiate**

1 Rollins, Dennis 93 Elton Colleg

**Junior Development**

1 Kessler, Veronica 97 Jr. Development

**Stride Aheah Tough Track**

1 Bobrowski, Laura 96 SA Tough Track

2 Booker, Sydney 97 SA Tough Track

3 Friesen, Courtney 98 SA Tough Track

4 Kinzel, Montana 96 SA Tough Track

5 Passler-Bates, Danika 97 SA Tough Track

6 Sellers-Wiebe, Mikayla 97 SA Tough Track

7 Standing, Carissa 96 SA Tough Track

8 Tachinski, Kennedy 99 SA Tough Track

9 Tachinski, Victoria 99 SA Tough Track

10 Van Schepdael, Mikaela 96 SA Tough Track

11 Zajac, Janine 96 SA Tough Track

**Event 7 Women 1500 m Open**

Lane	Name	Yr	Team	Seed Time
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**Bison Track & Field Club**

1 Altomare, Alyssa 89 Bison Track

2 Ginter, Lacey 88 Bison Track

**College Louis-Riel**

1 Remillard, Janelle 91 College Louis-R

2 Sylvie, Michaud 91 College Louis-R

**Elton Collegiate**

1 Rollins, Dennis 93 Elton Colleg

**Stride Aheah Tough Track**

1 Kinzel, Montana 96 SA Tough Track

2 Zrinyi, Julia 94 SA Tough Track

**Event 9 Women 5000 m Open**

Lane	Name	Yr	Team	Seed Time
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**Elton Collegiate**

1 Rollins, Dennis 93 Elton Colleg

**Event 10 Women 80 m Hurdles 0.762m-7.5m Open**

Lane	Name	Yr	Team	Seed Time
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**Stride Aheah Tough Track**

1 Paul, Karleigh 93 SA Tough Track

**Winnipeg Optimists**

1 Bewski, Nicole 91 Wpg Optimist

**Event 14 Women 100 m Hurdles 0.840m-8.5m Open**

Lane	Name	Yr	Team	Seed Time
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**Bison Track & Field Club**

1 Bordun, Kimberly-Ann 89 Bison Track

**Winnipeg Optimists**

1 Bewski, Nicole 91 Wpg Optimist

2 Twerdun, Deondra 88 Wpg Optimist

**Event 17 Women 400 m Hurdles 0.762m-35m Open**

Lane	Name	Yr	Team	Seed Time
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**Bison Track & Field Club**

1 Baker, Dana 87 Bison Track

2 Campbell, Jennifer 87 Bison Track

3 Woo, Meaghan 88 Bison Track

**Stride Aheah Tough Track**

1 Paul, Karleigh 93 SA Tough Track

**Event 23 Women High Jump Open**

Pos	Name	Yr	Team	Seed Mark
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1 Filyk, Megan 95 SA Tough Track

2 Sellers-Wiebe, Mikayla 97 SA Tough Track

3 Woitas, Kennedy 96 SA Tough Track

**Unattached**

1 Scott, Megan 90 Unattached

**Winnipeg Optimist Athletics**

1 Logozar, Teresa 72 Wpg Optimist

**Winnipeg Optimists**

1 Prychitko, Alexis 91 Wpg Optimist

2 Twerdun, Deondra 88 Wpg Optimist

3 Whyte, Brodie 97 Wpg Optimist

**Event 22 Women Pole Vault Open**

Pos	Name	Yr	Team	Seed Mark
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**Winnipeg Optimist Athletics**

1 Boila, Sarah 92 Wpg Optimist

2 Cook, Taralyn 89 Wpg Optimist

3 Garfinkle, Mikaela 92 Wpg Optimist

4 Gauthier, Carrisa 93 Wpg Optimist

5 Logozar, Teresa 72 Wpg Optimist

6 Robson, Victoria 85 Wpg Optimist

**Winnipeg Optimists**

1 Allen, Alexandra 90 Wpg Optimist

**Event 24 Women Long Jump Open**

Pos	Name	Yr	Team	Seed Mark
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**Stride Aheah Tough Track**

1 Beauvais, Madeline 97 SA Tough Track

2 Burns, Bridget 95 SA Tough Track

3 Cerasani, Larissa 96 SA Tough Track

4 Filyk, Megan 95 SA Tough Track

5 Jantz, Alyssa 99 SA Tough Track

6 Madden, Chloe 94 SA Tough Track

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7	Madden, Denae	96	SA Tough Track
8	Mandzuk, Andrea	95	SA Tough Track
9	Paul, Karleigh	93	SA Tough Track
10	Sellers-Wiebe, Mikayla	97	SA Tough Track
11	Standing, Brooke	99	SA Tough Track
12	Standing, Carissa	96	SA Tough Track
13	Woitias, Jensyn	00	SA Tough Track

**Unattached**

1	Shamanski, Samantha	92	Unattached
2	Toews, Jessica	92	Unattached

**Winnipeg Optimists**

1	Kitching, Melissa	93	Wpg Optimist
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**Event 25 Women Triple Jump Open**

Pos	Name	Yr	Team	Seed Mark
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**Junior Development**

1	Kessler, Veronica	97	Jr. Development
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**Stride Ahead Tough Track**

1	Paul, Karleigh	93	SA Tough Track
2	Wanigasekara, Sasanie	95	SA Tough Track

**Unattached**

1	Scott, Megan	90	Unattached
2	Shamanski, Samantha	92	Unattached
3	Toews, Jessica	92	Unattached

**Winnipeg Optimist Athletics**

1	Logozar, Teresa	72	Wpg Optimist
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**Winnipeg Optimists**

1	Bewski, Nicole	91	Wpg Optimist
2	Prychitko, Alexis	91	Wpg Optimist
3	Twerdun, Deondra	88	Wpg Optimist

**Event 27 Women Shot Put 3kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Stride Ahead Tough Track**

1	Burns, Bridget	95	SA Tough Track
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**Event 28 Women Shot Put 4kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Flying M Athletic Club**

1	Ocran, Michelle	87	Flying M
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**Event 26 Women Shot Put 2.73kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Stride Ahead Tough Track**

1	Beauvais, Madeline	97	SA Tough Track
2	Cerasani, Larissa	96	SA Tough Track
3	Jantz, Alyssa	99	SA Tough Track
4	Sellers-Wiebe, Mikayla	97	SA Tough Track

**Event 30 Women Discus 1kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Flying M Athletic Club**

1	Ferris, Karen	91	Flying M
2	Mackie, Kristen	89	Flying M

**Winnipeg Optimists**

1	Prychitko, Alexis	91	Wpg Optimist
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**Event 29 Women Hammer 4kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Flying M Athletic Club**

1	Ferris, Karen	91	Flying M
2	Mackie, Kristen	89	Flying M
3	Ocran, Michelle	87	Flying M

**Event 31 Women Javelin 600g Open**

Pos	Name	Yr	Team	Seed Mark
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**Winnipeg Optimists**

1	Bewski, Alyssa	95	Wpg Optimist
2	Prychitko, Alexis	91	Wpg Optimist
3	Twerdun, Deondra	88	Wpg Optimist

**Event 79 Women Heptathlon Open**

Pos	Name	Yr	Team	Points
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**Stride Ahead Tough Track**

1	Graceffo, Amy	94	SA Tough Track
2	O'Donnell, Danielle	90	SA Tough Track

**Winnipeg Optimists**

1	Allen, Alexandra	90	Wpg Optimist
2	Gregg, Melanie	76	Wpg Optimist

**Event 37 Men 100 m Open**

Lane	Name	Yr	Team	Seed Time
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**Springs Christian Academy**

1	Anderson, Joseph	86	Springs Christia
2	Babalola, Tope	97	Springs Christia
3	Baiye, Samuel	00	Springs Christia

**Stride Ahead Tough Track**

1	Baydock, Kaelin	98	SA Tough Track
2	Baydock, Kieran	99	SA Tough Track
3	Beddome, Aaron	91	SA Tough Track
4	Deleau, Luc	99	SA Tough Track
5	Henry, John	94	SA Tough Track
6	McQueen, Jovencio	97	SA Tough Track
7	Moll, Dylan	99	SA Tough Track
8	Moll, Graham	97	SA Tough Track
9	Parrington, Nolan	95	SA Tough Track
10	Shynkaruk, Taylor	95	SA Tough Track

**Unattached**

1	Burmey, Nicolas	98	Unattached
2	Murphy, Ryan	94	Unattached
3	Peters, Colton	00	Unattached

**Winnipeg Optimist Athletics**

1	Akins, Michael	93	Wpg Optimist
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**Winnipeg Optimists**

1	Gadjadhar, Mack	91	Wpg Optimist
2	Gundrum, Joshua	90	Wpg Optimist
3	McAdam, Justin	91	Wpg Optimist
4	Pollock, Ethan	90	Wpg Optimist

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5	Sader, Levi	94	Wpg Optimist
6	Schindell, Brayden	94	Wpg Optimist
7	Stovel-Robertson, Dane	98	Wpg Optimist
8	Stovel-Robertson, Quinn	94	Wpg Optimist
9	Trapmore, Kevin	91	Wpg Optimist

**Event 38 Men 150 m Open**

Lane	Name	Yr	Team	Seed Time
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**Junior Development**

1	Koshelanyk, Matthew	98	Jr. Development
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**Stanley Knowles School**

1	Anderson, Robert	95	Stanley Knowles
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**Stride Ahead Tough Track**

1	Deleau, Luc	99	SA Tough Track
2	McQueen, Jovencio	97	SA Tough Track
3	Moll, Dylan	99	SA Tough Track
4	Moll, Graham	97	SA Tough Track
5	Van Schepdael, Matthew	96	SA Tough Track
6	Van Schepdael, Tyler	96	SA Tough Track

**Unattached**

1	Burmey, Nicolas	98	Unattached
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**Event 39 Men 200 m Open**

Lane	Name	Yr	Team	Seed Time
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**Bison Track & Field Club**

1	Durand, Zacharie	89	Bison Track
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**College Louis-Riel**

1	Garand-Verrette, Yarade	94	College Louis-R
2	Luke, Alexandre	94	College Louis-R

**Flying M Athletic Club**

1	Esau, Kevin	86	Flying M
2	Waters, Jay	91	Flying M

**Stride Ahead Tough Track**

1	Beddome, Aaron	91	SA Tough Track
2	Boyd, Connor	96	SA Tough Track
3	Parrington, Nolan	95	SA Tough Track
4	Post, Mac	93	SA Tough Track

**Winnipeg Optimist Athletics**

1	Akins, Michael	93	Wpg Optimist
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**Winnipeg Optimists**

1	Gadjadhar, Mack	91	Wpg Optimist
2	McMaster, Jamie	91	Wpg Optimist
3	Pollock, Ethan	90	Wpg Optimist
4	Sader, Levi	94	Wpg Optimist
5	Schindell, Brayden	94	Wpg Optimist
6	Stovel-Robertson, Dane	98	Wpg Optimist
7	Stovel-Robertson, Quinn	94	Wpg Optimist
8	Trapmore, Kevin	91	Wpg Optimist

**Event 40 Men 300 m Open**

Lane	Name	Yr	Team	Seed Time
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**Junior Development**

1	Koshelanyk, Matthew	98	Jr. Development
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**Stride Ahead Tough Track**

1	Moll, Dylan	99	SA Tough Track
2	Moll, Graham	97	SA Tough Track

**Unattached**

1	Burmey, Nicolas	98	Unattached
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**Winnipeg Optimists**

1	Schindell, Brayden	94	Wpg Optimist
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**Event 41 Men 400 m Open**

Lane	Name	Yr	Team	Seed Time
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**Bison Track & Field Club**

1	Barnett, Colin	89	Bison Track
2	Durand, Zacharie	89	Bison Track

**Flying M Athletic Club**

1	Esau, Kevin	86	Flying M
2	Waters, Jay	91	Flying M

**Peter & Andrew Running Club**

1	Schellenberg, Andrew	87	Peter & Andrew
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**Stanley Knowles School**

1	Anderson, Robert	95	Stanley Knowles
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**Stride Ahead Tough Track**

1	Beddome, Aaron	91	SA Tough Track
2	Boyd, Connor	96	SA Tough Track
3	DE Vos, Colton	93	SA Tough Track
4	Parrington, Nolan	95	SA Tough Track
5	Post, Mac	93	SA Tough Track

**Winnipeg Optimists**

1	McMaster, Jamie	91	Wpg Optimist
2	Sader, Levi	94	Wpg Optimist

**Event 42 Men 800 m Open**

Lane	Name	Yr	Team	Seed Time
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**Bison Track & Field Club**

1	Kelly, Patrick	87	Bison Track
2	Toet, Travis	89	Bison Track

**College Louis-Riel**

1	Bulloch, Patrique	94	College Louis-R
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**Junior Development**

1	Desmarais, Mathieu	95	Jr. Development
2	Koshelanyk, Matthew	98	Jr. Development

**Kelvin High**

1	Fitkowsky, Matthew	93	Kelvin High
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**Peter & Andrew Running Club**

1	Schellenberg, Andrew	87	Peter & Andrew
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**Sisler High School**

1	Sampson, Terrence	92	Sisler
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**St. John's High School**

1	Vincent, Sam	92	St. John's
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**Stanley Knowles School**

1	Anderson, Robert	95	Stanley Knowles
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**Athletics Manitoba Outdoor Grand Prix #4 & #5 - 6/12/2009 to 6/13/2009****CSG Combined Event, 400mH & Steeplechase Qual.****U of Manitoba, Winnipeg, MB****Performance List****Stride Ahead Tough Track...(Event 42 Men 800 m Open)**

1	Beddome, Aaron	91	SA Tough Track
2	Boyd, Connor	96	SA Tough Track
3	DE Vos, Colton	93	SA Tough Track
4	Deleau, Luc	99	SA Tough Track
5	Moll, Dylan	99	SA Tough Track
6	Van Schepdael, Matthew	96	SA Tough Track
7	Van Schepdael, Tyler	96	SA Tough Track

**Unattached**

1	Burmey, Nicolas	98	Unattached
2	Rollins, Dennis	93	Unattached

**Winnipeg Optimist Athletics**

1	Hailemolekot, Mogos	91	Wpg Optimist
2	Krisjanson, Bjorn	93	Wpg Optimist
3	Neufeld, Levi	94	Wpg Optimist
4	Paterson, Ben	94	Wpg Optimist
5	Saccucci, Jordan	91	Wpg Optimist

**Winnipeg Optimists**

1	Burrows, Jesse	93	Wpg Optimist
2	Nowrang, Brett	94	Wpg Optimist
3	Sader, Levi	94	Wpg Optimist

**Event 43 Men 1500 m Open**

Lane Name	Yr	Team	Seed Time
<b>Bison Track &amp; Field Club</b>			
1	Kelly, Patrick	87	Bison Track
2	Lang, Dennis	51	Bison Track
3	Tranquada, Eric	84	Bison Track

**College Louis-Riel**

1	Robinson, Daniel	92	College Louis-R
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**Junior Development**

1	Desmarais, Mathieu	95	Jr. Development
2	Koshelanyk, Matthew	98	Jr. Development

**River City Athletics**

1	Miller, Thomas	92	River City
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**Stride Ahead Tough Track**

1	Boyd, Connor	96	SA Tough Track
2	DE Vos, Colton	93	SA Tough Track
3	Mislawchuk, Tyler	94	SA Tough Track
4	Moll, Dylan	99	SA Tough Track

**Unattached**

1	Nicol-Samuel, DeLohnni	91	Unattached
2	Peters, Colton	00	Unattached
3	Rollins, Dennis	93	Unattached
4	Samuel, Dane	67	Unattached

**Winnipeg Optimist Athletics**

1	Hailemolekot, Mogos	91	Wpg Optimist
2	Krisjanson, Bjorn	93	Wpg Optimist
3	Saccucci, Jordan	91	Wpg Optimist
4	Van Koughnet, Joel	91	Wpg Optimist

**Winnipeg Optimists**

1	Burrows, Jesse	93	Wpg Optimist
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**Event 44 Men 3000 m Open**

Lane Name	Yr	Team	Seed Time
<b>Junior Development</b>			
1	Desmarais, Mathieu	95	Jr. Development

**Stride Ahead Tough Track**

1	Martineau, Josh	97	SA Tough Track
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**Event 45 Men 5000 m Open**

Lane Name	Yr	Team	Seed Time
<b>Unattached</b>			
1	Rollins, Dennis	93	Unattached

**Event 51 Men 110 m Hurdles 1.067m-9.14m Open**

Lane Name	Yr	Team	Seed Time
<b>Bison Track &amp; Field Club</b>			
1	Moolchan, Kieran	89	Bison Track

**Event 48 Men 110 m Hurdles 0.914m-9.14m Open**

Lane Name	Yr	Team	Seed Time
<b>Winnipeg Optimists</b>			
1	Entz, Scott	92	Wpg Optimist

**Event 54 Men 400 m Hurdles 0.914m-35m Open**

Lane Name	Yr	Team	Seed Time
<b>Bison Track &amp; Field Club</b>			
1	Durand, Zacharie	89	Bison Track

**Kelvin High**

1	Fitkowsky, Matthew	93	Kelvin High
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**Sisler High School**

1	Sampson, Terrence	92	Sisler
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**Winnipeg Optimists**

1	Entz, Scott	92	Wpg Optimist
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**Event 56 Men 3000 m Steeplechase Open**

Lane Name	Yr	Team	Seed Time
<b>River City Athletics</b>			
1	Miller, Thomas	92	River City

**Event 61 Men High Jump Open**

Pos	Name	Yr	Team	Seed Mark
<b>Stride Ahead Tough Track</b>				
1	McQueen, Jovencio	97	SA Tough Track	
2	Parrington, Nolan	95	SA Tough Track	

**Winnipeg Optimists**

1	Schindell, Brayden	94	Wpg Optimist	
2	Welchinski, Tyrone	89	Wpg Optimist	

**Event 60 Men Pole Vault Open**

Pos	Name	Yr	Team	Seed Mark
<b>Winnipeg Optimist Athletics</b>				
1	Bairos-Novak, Steven	94	Wpg Optimist	
2	Logozar, Josh	89	Wpg Optimist	

## Athletics Manitoba Outdoor Grand Prix #4 &amp; #5 - 6/12/2009 to 6/13/2009

## CSG Combined Event, 400mH &amp; Steeplechase Qual.

## U of Manitoba, Winnipeg, MB

## Performance List

**Winnipeg Optimists...(Event 60 Men Pole Vault Open)**

1 Welchinski, Tyrone 89 Wpg Optimist

**Event 62 Men Long Jump Open**

Pos	Name	Yr	Team	Seed Mark
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**Stride Ahead Tough Track**

1	Baydock, Kaelin	98	SA Tough Track	
2	Baydock, Kieran	99	SA Tough Track	
3	Beddome, Aaron	91	SA Tough Track	
4	Deleau, Luc	99	SA Tough Track	
5	Henry, John	94	SA Tough Track	
6	McQueen, Jovencio	97	SA Tough Track	
7	Moll, Dylan	99	SA Tough Track	
8	Parrington, Nolan	95	SA Tough Track	
9	Shynkaruk, Taylor	95	SA Tough Track	

**Unattached**

1 Burmeyer, Nicolas 98 Unattached

**Winnipeg Optimist Athletics**

1 Akins, Michael 93 Wpg Optimist

**Winnipeg Optimists**

1	Gundrum, Joshua	90	Wpg Optimist	
2	McAdam, Justin	91	Wpg Optimist	

**Event 63 Men Triple Jump Open**

Pos	Name	Yr	Team	Seed Mark
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**Flying M Athletic Club**

1 Waters, Jay 91 Flying M

**Winnipeg Optimists**

1	Gundrum, Joshua	90	Wpg Optimist	
2	McAdam, Justin	91	Wpg Optimist	
3	Welchinski, Tyrone	89	Wpg Optimist	

**Event 70 Men Shot Put 6kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Unattached**

1 Zelniski, Mike 91 Unattached

**Event 71 Men Shot Put 7.26kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Flying M Athletic Club**

1 Suppes, Garth 87 Flying M

**Event 68 Men Shot Put 4kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Unattached**

1 Buchanan, Jayden 95 Unattached

**Event 67 Men Shot Put 2.73kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Stride Ahead Tough Track**

1	Baydock, Kaelin	98	SA Tough Track	
2	Baydock, Kieran	99	SA Tough Track	
3	McQueen, Jovencio	97	SA Tough Track	
4	Moll, Dylan	99	SA Tough Track	

5 Moll, Graham 97 SA Tough Track

**Unattached**

1 Burmeyer, Nicolas 98 Unattached

**Event 75 Men Discus 2kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Flying M Athletic Club**

1	Angus, Mark	76	Flying M	
2	Suppes, Garth	87	Flying M	
3	Suppes, Patrick	86	Flying M	

**Event 72 Men Discus 1kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Unattached**

1 Buchanan, Jayden 95 Unattached

**Event 66 Men Hammer 7.26kg Open**

Pos	Name	Yr	Team	Seed Mark
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**Flying M Athletic Club**

1	Charrier, Justin	86	Flying M	
2	Suppes, Garth	87	Flying M	

**Event 78 Men Javelin 800g Open**

Pos	Name	Yr	Team	Seed Mark
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1 Waterhouse, Travis 88 Flying M

**Winnipeg Optimists**

1 Gundrum, Joshua 90 Wpg Optimist

**Event 76 Men Javelin 600g Open**

Pos	Name	Yr	Team	Seed Mark
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**Unattached**

1 Buchanan, Jayden 95 Unattached

**Winnipeg Optimists**

1 Schindell, Brayden 94 Wpg Optimist

**Event 80 Men Decathlon Open**

Pos	Name	Yr	Team	Points
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**St. John's High School**

1 Dietrich, Dillon 91 St. John's

**Winnipeg Optimists**

1	Buchanan, Arthur	91	Wpg Optimist	
2	Finnson, Curtis	91	Wpg Optimist	
3	Lautenslager, Rhys	90	Wpg Optimist	
4	Teilemanns, Nic	89	Wpg Optimist	

**Event 82 Men Outdoor Pentathlon Open**

Pos	Name	Yr	Team	Points
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**Winnipeg Optimist Athletics**

1 Guy, Eric 95 Wpg Optimist