



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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Grand Prix #4

Friday, June 12, 2009

University Stadium

5:00 pm

Final Schedule

TRACK

5:00 pm	100m – Male – Decathlon Event # 1 CSG Trials (5)
5:30 pm	100mH Heptathlon Female Event #1 CSG Trials (4)
5:45 pm	400mH CSG Trials M (4) W (4)
6:05 pm	100m – M (26) W (25)
6:45 pm	1500m – M (20) W (7)
7:30 pm	400m Youth and Up – M (13) W (6)
7:50 pm	300m (Midget and Under) M (5) W (10)
8:05 pm	200m – Heptathlon Female – Event #4
8:30 pm	400m – Decathlon Men – Event #5

FIELD

5:30 pm	Long Jump – Decathlon Men –Event # 2
6:00 pm	Long Jump –Men (13)
6:00 pm	Pole Vault – Men / Women (3_ 7) (Women - CSG Trials)
6:00 pm	High Jump –Heptathlon Female – Event #2
6:00 pm	Shot Put – Women / Men (6 + 9)
6:45 pm	Shot Put – Decathlon-Men- Event # 3
7:15 pm	Shot Put — Heptathlon Female – Event #3
7:15 pm	High Jump- Decathlon Men- Event # 4
7:15 pm	Long Jump –Women (16)
8:00 pm	Hammer – Male / Female (3 + 3)

