



**TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY**  
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**Indoor Grand Prix #2  
(Last Chance Meet)  
Saturday, December 12th, 2009  
9:00 am  
Max Bell Centre, University of Manitoba**

**Tentative Schedule**

**Track**

9:00 am	60m – Women
9:30 am	60m – Men
10:00 am	4x200m – Women
10:15 am	4x200m – Men
10:30 am	1500m – Women
10:50 am	1500m – Men
10:20 am	300m – Women - Midget and Under & University
10:50 am	300m – Men – Midget and Under & University
11:05 am	400m – Women - Youth and Over
11:10 pm	400m – Men – Youth and Over

**Field**

9:00 am	Triple Jump – Women
10:00 am	Triple Jump – Men
10:00 am	High Jump – Men
10:15 am	Weight Toss – All Men /Women
11:15 am	High Jump – Women

