



Team Manitoba - Athletics
2009 Canada Summer Games
Selection Criteria
April 2009

Location, Facility, Dates

- Prince Edward Island
- **8 lanes for all track events**
- maximum spike length is 7mm for all events except high jump and javelin, where 9mm will be accepted
- Throwing equipment as per IAAF Rules will be provided.
 - throwers may submit their implements for certification and use in event's equipment pool
- Competition dates: **August 24-29, 2009**
- Travel days: **August 22 and Return August 29, 2009**

Manitoba Team Selection Trials

- **July 3rd & 4th, 2009 (all events other than those listed below)**
- **June 12th & 13th, 2009 – 400m, Combined Events & Women's Pole Vault**
- **June 24th, 2009 – Steeple Chase (men and women)**

Team Composition and Scoring

- Able-bodied athletes: Up to 32 male athletes; up to 32 female athletes
 - (maximum able bodied team of 50)
- Wheelchair: Up to three (3) competitors (2/1 gender split)
- Special Olympics: Up to four (4) competitors (2/2 gender split)
- Total team complement not to exceed 59 athletes.
- All individual and relay events will be scored from 1st – 26th place.
- Provincial/territorial ranking will be determined by points awarded for 1st – 13th team finish.

Classification

- Able-bodied athletes must be 22 and under (date of birth 1987 or later).
- Special Olympic competitors must be 30 years of age as of December 31, 2009.
- Wheelchair athletes must be under 30 as of December 31, 2009.
- All athletes must be an individual registered member of Athletics Manitoba/Special Olympics/Wheelchair Sports for 2009 **to be eligible for selection to CSG Athletics team.**
- School memberships are not individual, however athletes belonging to a member school will receive the "Club" rate for individual memberships.
- No athlete can be rendered ineligible within 90 days (after May 17, 2009) of the opening of the Games due to carding status or selection to a national "A" team.
- Athletes must be Canadian citizens or landed immigrants.
- There are exceptions for athletes living outside Manitoba to be eligible to compete for Team Manitoba. These exceptions apply to:
 - students attending school on a full-time basis during the year of the games, a non-student athlete attending a recognized national training centre, being a member of a club or provincial sport organization in Manitoba for the entire previous competitive season, having represented Manitoba at a previous national or regional championship, or attending school full-time the previous academic year or a recognized national training centre full-time during the previous 12 months.
 - Other similar circumstances may be considered.

Selection Principles:

- All events at the trials will be in accordance with IAAF rules.
- Each province/territory can enter up to a maximum of two athletes per event and have one relay team per event.
- There is no limit to the number of events that a competitor can enter.
- A province/territory may enter only one relay team in each relay event.
- An athlete is permitted to try out for only one province/territory per Games.
- All athletes seeking selection to the 2009 Canada Summer Games Manitoba Team must compete at the Manitoba trials and remain 100% competition-ready for the Games.
- Follow up on medical issues will involve a certified Sports Therapist.
- Injury may result in de-selection, should an athlete not be able to compete at 100%.
- Final determination will be made with consultation of Games staff, personal coach(s), a certified Sports Therapist and the athlete.
- If an athlete is unable to compete at the trials due to personal reasons (i.e. death of a family member or friend, exams, transportation breakdown etc.) they must immediately inform the Head Coaches of Team Manitoba, Donna Kaye / Jill Neumann of their status/situation. This can be done in person or by phone and must be followed up with a letter submitted to the Head Coaches.
- All appeals must be submitted in writing by 5:00 p.m. (CST) on the last day of the 2009 CSG Manitoba Trials.
- Team selection will be finalized by 12 midnight (CST) the day following the end of the 2009 Manitoba Trials, pending extenuating circumstances.
- All athletes selected to the team will be contacted by the CSG Staff by email, phone or in person.
- If the roster is not complete with athletes attaining the required standard within the designated time period, it will be at the discretion of CSG staff to determine if the addition of athletes will be in the best interests of Team Manitoba.
- This principle also applies to extra relay positions and/or relay alternates.

Selection Criteria:

- All athletes must compete in the designated finals at the Trials.
- All athletes must compete in the same event at the Trials as they would in the Games.
 - For example: If you wish to compete in the women's 200m at the Games, you must compete in the designated women's 200m final at the Trials.

Note: Once an athlete has been selected to the team, they could be entered in an additional event that they did not compete in at the Trials if, in the opinion of the Games staff, it is in the best interest of the team. This will not deselect another athlete from an event. For example, scratch John from the 200m for Frank who qualified for only the 400m.

Selection Process:

1. First place at Trials and has achieved A standard.
2. Second place at Trials and has achieved A standard. .
3. Appeals and has achieved A standard.
4. First place at Trials and has achieved B standard.
5. Second place at Trials and has achieved B standard.
6. Appeals and has achieved B standard.
7. Relay members who would improve a Relay team's potential finish.
8. First place at Trials and has achieved minimum standard with preference to athlete who will score highest in one or more events.
9. Second place at Trials and has achieved minimum standard with preference to athlete who will score highest in one or more events.
10. Appeals and has achieved minimum standard.
11. First place at Trials and did not achieve minimum standard, however will benefit Team Manitoba's scoring at the 2009 Canada Summer Games
12. Second place at Trials and did not achieve minimum standard, however will benefit Team Manitoba's scoring at the 2009 Canada Summer Games.

Note: Final team selection to be approved by the Board of Directors of Athletics Manitoba.

Manitoba 2009 Canada Games Athletics Standards

A+ standard Possible gold medal
 A standard Possible medal
 B standard Potential to advance to an A Final
 C standard/Minimum Point scorer

Women	A+	A	B	C	Men	A+	A	B	C
100m	11.72	12	12.19	12.82	100m	10.41	10.62	10.85	11.44
200m	23.62	24.47	25.28	25.99	200m	21.31	21.49	22.01	22.32
400m	54.91	55.69	57.65	59.91	400m	47.43	48.2	49.64	52.2
800m	02:09.4	02:11.6	02:14.8	02:25.6	800m	01:52.3	01:53.4	01:55.8	02:00.0
1500m	04:26.5	04:29.2	04:34.0	04:56.1	1500m	03:53.7	03:55.0	03:59.4	04:04.9
5000m	16:52.3	17:19.1	18:05.8	19:37.2	5000m	14:28.9	14:43.6	15:19.9	17:07.1
3000m EQ				11:10.0	3000m EQ				09:10.4
100mH	13.62	14.15	15.15	15.51	110mH	14.28	14.52	15.21	16.4
400mH	59.44	61.33	64.46	01:09.3	110mH.914 EQ				15.98
2000mSC	06:46.0	06:56.1	07:09.8	07:37.7	400mH	51.15	53.1	56.24	60.32
3000mSC EQ				12:15.0	3000mSC	08:57.5	09:08.3	09:36.1	10:02.0
4 X 100m	46.04	47.07	51.63		2000mSC EQ				06:40.0
4 X 400m	03:43.7	03:48.0	04:04.8		4 X 100m	40.56	41.27	43.3	
High Jump	1.76	1.72	1.62	1.5	4 X 400m	03:13.1	03:14.9	03:27.3	
Long Jump					High Jump	2.18	2.08	2.01	1.9
Triple Jump	5.91	5.74	5.39	5.22	Long Jump	7.53	7.25	6.82	6.23
Jump	12.69	12.19	11.23	10.25	Triple Jump	15.15	14.85	13.98	13.18
Pole Vault	3.74	3.51	3.17	1.85	Pole Vault	4.96	4.77	4.39	2.95
Discus	48.38	44.56	38.54	28.77	Discus	51.45	46.47	40.07	27.45
Shot Put	14.4	13.38	12.06	10.37	Discus 1.75k				34.81
Javelin	46.99	43.65	39.12	29.82	Shot Put	16.76	15.32	13.04	9.84
Hammer	58	52.07	41.9	20.89	Javelin	67.79	60.72	52.88	47.22
Heptathlon	4972	4786	3754	2658	Javelin 700gm				50.17
Pentathlon Eq				1900	Hammer	60.46	54.68	43.79	19.6
Tetrathlon Eq				1620	Hammer 5K				32.07
					Decathlon	6997	6559	5802	4114
					Pentathlon EQ				2055
					Tetrathlon EQ				2523