

2009 Manitoba Prov. Age Class Championship - 7/3/2009 to 7/4/2009

CSG Trials

U of Manitoba, Winnipeg, MB

Performance List

Event 1 Women 100 m Open

Lane	Name	Yr	Team	Seed Time
Bison Track & Field Club				
1	Wong, Lisa	89	Bison Track	12.70
2	Boxill, Alicia	90	Bison Track	12.95
Flying M Athletic Club				
1	Waters, Mallory	93	Flying M	13.30
Garden Valley				
1	Wiens, Kayleigh	93	Garden Valley	12.92
Junior Development				
1	Jeffers, Erinn	95	Jr. Development	13.70
Springs Christian Academy				
1	Babalola, Tayo	97	Springs	NT
2	Baiye, Faith	98	Springs	NT
Stride Ahead Tough Track				
1	Wanigasekara, Sasanie	95	SA Tough Track	13.25
2	Zajac, Courtney	95	SA Tough Track	13.70
3	Filyk, Megan	95	SA Tough Track	13.97
4	Levi, Jessi	96	SA Tough Track	13.97
5	Cerasani, Larissa	96	SA Tough Track	14.40
6	Mandzuk, Andrea	95	SA Tough Track	14.50
7	Madden, Chloe	94	SA Tough Track	14.70
8	Beauvais, Madeline	97	SA Tough Track	14.77
9	Friesen, Courtney	98	SA Tough Track	NT
10	Madden, Denae	96	SA Tough Track	NT
Unattached				
1	Toews, Jessica	92	Unattached	13.03
2	McLeod, Rachael	96	Unattached	13.06
3	Morgan, Yvette	96	Unattached	15.10
Westwood				
1	Addison, Victoria	94	Westwood	NT
Winnipeg Optimist Athletics				
1	Grant, Chantal	89	Wpg Optimist	11.77
2	Miskimmin, Caley	87	Wpg Optimist	12.12
3	Kitching, Melissa	93	Wpg Optimist	13.01
4	Staub, Katie	94	Wpg Optimist	13.12
5	Hebert, Michelle	94	Wpg Optimist	13.18
6	Van der Zaag, Natalie	92	Wpg Optimist	13.50
7	Lavallee, Katie	94	Wpg Optimist	13.54
8	Millns, Carlyne	95	Wpg Optimist	13.60
9	Babalola, Omena	68	Wpg Optimist	13.70
10	Henry, Carmen	92	Wpg Optimist	13.80
11	Bewski, Nicole	91	Wpg Optimist	13.99
12	Gudmundson, Bryarre	97	Wpg Optimist	14.50
13	Fletcher, Meaghan	94	Wpg Optimist	14.70
14	Dela Merced, Geselle	97	Wpg Optimist	14.89
15	Merkel, Noelle	95	Wpg Optimist	15.00
16	Bewski, Alyssa	95	Wpg Optimist	15.00
17	Berube, Marie-Andree	95	Wpg Optimist	15.00

Event 2 Women 150 m Open

Lane	Name	Yr	Team	Seed Time
Lakehead Athletics Club				
1	Chambers-Bedard,	94	Lakehead Athlet	NT
Winnipeg Optimist Athletics				
1	Staub, Katie	94	Wpg Optimist	19.49
2	Hebert, Michelle	94	Wpg Optimist	19.64
3	Lavallee, Katie	94	Wpg Optimist	19.69
4	Millns, Carlyne	95	Wpg Optimist	21.00
5	Hebert, Janine	94	Wpg Optimist	21.64
6	Merkel, Noelle	95	Wpg Optimist	21.80
7	Dela Merced, Geselle	97	Wpg Optimist	22.40
8	Gudmundson, Bryarre	97	Wpg Optimist	22.50
9	Bewski, Alyssa	95	Wpg Optimist	22.69
10	Berube, Marie-Andree	95	Wpg Optimist	23.00
11	Fletcher, Meaghan	94	Wpg Optimist	23.00

Event 3 Women 200 m Open

Lane	Name	Yr	Team	Seed Time
Bison Track & Field Club				
1	King, Diana	86	Bison Track	25.20
2	Woo, Meaghan	88	Bison Track	25.50
3	Boxill, Alicia	90	Bison Track	26.50
Flying M Athletic Club				
1	Waters, Mallory	93	Flying M	26.95
Lakehead Athletics Club				
1	Ivec, Vanessa	90	Lakehead Athlet	27.10
2	Chambers-Bedard,	94	Lakehead Athlet	NT
Selkirk				
1	Fey, Kier	97	Selkirk	28.65
Sisler High School				
1	Paracholski, Carly	93	Sisler	25.12
2	Roberts, Tanisha	93	Sisler	28.80
Stride Ahead Tough Track				
1	Andrushko, Amy	94	SA Tough Track	26.42
2	Wanigasekara, Sasanie	95	SA Tough Track	27.46
3	O'Donnell, Danielle	90	SA Tough Track	28.10
4	Zajac, Courtney	95	SA Tough Track	28.36
5	Filyk, Megan	95	SA Tough Track	28.37
6	Mandzuk, Andrea	95	SA Tough Track	28.88
7	Levi, Jessi	96	SA Tough Track	30.20
8	Beauvais, Madeline	97	SA Tough Track	30.50
9	Friesen, Courtney	98	SA Tough Track	NT
Unattached				
1	McLeod, Rachael	96	Unattached	28.41
2	Morgan, Yvette	96	Unattached	31.50
Winnipeg Optimist Athletics				
1	Grant, Chantal	89	Wpg Optimist	24.50
2	Miskimmin, Caley	87	Wpg Optimist	25.78
3	Kitching, Melissa	93	Wpg Optimist	26.14
4	Cote, Raven	93	Wpg Optimist	27.00
5	Huebert, Sarah	92	Wpg Optimist	27.52

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Performance List

Winnipeg Optimist Athletics...(Event 3 Women 200 m Open)

6	Grondin, Renee	92	Wpg Optimist	28.50
7	Van der Zaag, Natalie	92	Wpg Optimist	29.50
8	Babalola, Omena	68	Wpg Optimist	30.00

Event 4 Women 300 m Open

Lane	Name	Yr	Team	Seed Time
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Lakehead Athletics Club

1	Chambers-Bedard,	94	Lakehead Athlet	NT
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Winnipeg Optimist Athletics

1	Takatch, Katie	94	Wpg Optimist	43.14
2	Lavallee, Katie	94	Wpg Optimist	44.23
3	Hebert, Janine	94	Wpg Optimist	45.67
4	Smith, Lindsay	94	Wpg Optimist	45.67
5	Gudmundson, Bryarre	97	Wpg Optimist	48.09
6	Berube, Marie-Andree	95	Wpg Optimist	51.00
7	Fletcher, Meaghan	94	Wpg Optimist	51.00

Event 5 Women 400 m Open

Lane	Name	Yr	Team	Seed Time
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Bison Track & Field Club

1	Woo, Meaghan	88	Bison Track	57.50
2	Campbell, Jennifer	87	Bison Track	58.00
3	King, Diana	86	Bison Track	58.00
4	Bordun, Kimberly-Ann	89	Bison Track	59.00

Flying M Athletic Club

1	Johnson, Alyssa	91	Flying M	55.14
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Lakehead Athletics Club

1	Ivec, Vanessa	90	Lakehead Athlet	1:00.50
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Selkirk

1	Fey, Kier	97	Selkirk	1:03.56
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Sisler High School

1	Paracholski, Carly	93	Sisler	58.09
2	Paracholski, Meagan	93	Sisler	59.06
3	Roberts, Tanisha	93	Sisler	1:03.27

Springs Christian Academy

1	Babalola, Tayo	97	Springs	NT
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Stride Ahead Tough Track

1	Andrushko, Amy	94	SA Tough Track	1:00.00
2	Baran, Melanie	94	SA Tough Track	1:00.18
3	Van Schepdael, Mikaela	96	SA Tough Track	1:12.75
4	Passler-Bates, Danika	97	SA Tough Track	1:17.00
5	Zrinyi, Anna	97	SA Tough Track	1:19.00

Winnipeg Optimist Athletics

1	Huebert, Sarah	92	Wpg Optimist	59.00
2	Kitching, Melissa	93	Wpg Optimist	1:01.11
3	Cote, Raven	93	Wpg Optimist	1:03.00
4	Wroblewski, Rebecca	92	Wpg Optimist	1:04.00
5	Grant, Liz	93	Wpg Optimist	1:08.00

Event 6 Women 800 m Open

Lane	Name	Yr	Team	Seed Time
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Bison Track & Field Club

1	Campbell, Jennifer	87	Bison Track	2:20.00
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2	Hesketh, Andrea	89	Bison Track	2:25.00
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College Louis-Riel

1	Remillard, Janelle	91	College Louis-R	2:32.00
2	Sylvie, Michaud	91	College Louis-R	2:33.00

Garden Valley

1	Wiens, Kayleigh	93	Garden Valley	2:34.45
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Lakehead Athletics Club

1	Megan, Yuan	94	Lakehead Athlet	2:26.80
2	Michelle, Krezonoski	93	Lakehead Athlet	2:28.90

Morden

1	Wirth, Lauren	99	Morden	NT
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Peter & Andrew Running Club

1	Stromberg, Justine	88	P.A.R.C.	2:22.00
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Sisler High School

1	Paracholski, Meagan	93	Sisler	2:21.08
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Stride Ahead Tough Track

1	Zrinyi, Julia	94	SA Tough Track	2:17.80
2	Baran, Melanie	94	SA Tough Track	2:21.12
3	Zajac, Janine	96	SA Tough Track	2:40.39
4	Van Schepdael, Mikaela	96	SA Tough Track	2:41.82
5	Zrinyi, Anna	97	SA Tough Track	2:43.00
6	Passler-Bates, Danika	97	SA Tough Track	2:49.33

Unattached

1	Sadowy, Sara	95	Unattached	2:30.00
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Winnipeg Optimist Athletics

1	Teschuk, Erin	94	Wpg Optimist	2:22.13
2	Takatch, Katie	94	Wpg Optimist	2:23.76
3	Smith, Lindsay	94	Wpg Optimist	2:25.77
4	Grondin, Renee	92	Wpg Optimist	2:30.00
5	Hebert, Janine	94	Wpg Optimist	2:31.90
6	Dela Merced, Geselle	97	Wpg Optimist	2:40.00
7	Adamson, Jaclyn	91	Wpg Optimist	NT

Event 7 Women 1500 m Open

Lane	Name	Yr	Team	Seed Time
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College Louis-Riel

1	Remillard, Janelle	91	College Louis-R	5:17.00
2	Sylvie, Michaud	91	College Louis-R	5:17.00

Lakehead Athletics Club

1	Megan, Yuan	94	Lakehead Athlet	4:48.45
2	Naroski, Tess	89	Lakehead Athlet	4:52.60
3	Michelle, Krezonoski	93	Lakehead Athlet	4:54.04

Manitoba National Triathlon

1	Edwards, Rachael	91	MB Triathlon	4:45.00
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Morden

1	Wirth, Lauren	99	Morden	NT
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Peter & Andrew Running Club

1	Stromberg, Justine	88	P.A.R.C.	4:49.00
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Stride Ahead Tough Track

1	Van Schepdael, Mikaela	96	SA Tough Track	5:27.59
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Unattached

1	Dubois, Nicole	91	Unattached	5:09.00
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CSG Trials

U of Manitoba, Winnipeg, MB

Performance List

Unattached...(Event 7 Women 1500 m Open)

2	Sadowy, Sara	95	Unattached	5:15.00
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Winnipeg Optimist Athletics

1	Adamson, Jaelyn	91	Wpg Optimist	4:47.30
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2	Teschuk, Erin	94	Wpg Optimist	4:50.07
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Event 8 Women 3000 m Open

Lane Name	Yr	Team	Seed Time
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Lakehead Athletics Club

1	Megan, Yuan	94	Lakehead Athlet	10:29.70
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2	Quirion, Hilary	90	Lakehead Athlet	10:45.10
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3	Naroski, Tess	89	Lakehead Athlet	10:45.20
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4	Michelle, Krezonoski	93	Lakehead Athlet	10:48.00
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Unattached

1	Hamilton, Cassie	92	Unattached	NT
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Event 9 Women 5000 m Open

Lane Name	Yr	Team	Seed Time
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Bison Track & Field Club

1	Bruckschwaiger, Katrina	82	Bison Track	17:30.00
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2	Gregoire, Melanie	89	Bison Track	18:00.00
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3	Ginter, Lacey	88	Bison Track	18:00.00
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4	Bell, Alex	89	Bison Track	18:30.00
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5	Altomare, Alyssa	89	Bison Track	19:15.00
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Manitoba National Triathlon

1	Edwards, Rachael	91	MB Triathlon	18:40.00
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2	Moore, Stevie	90	MB Triathlon	19:06.00
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Unattached

1	Dubois, Nicole	91	Unattached	19:30.00
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Event 10 Women 80 m Hurdles 0.762m-7.5m Open

Lane Name	Yr	Team	Seed Time
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Winnipeg Optimist Athletics

1	Hebert, Michelle	94	Wpg Optimist	11.45
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2	Millns, Carlynnne	95	Wpg Optimist	12.87
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3	Henry, Carmen	92	Wpg Optimist	13.56
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Event 14 Women 100 m Hurdles 0.84m-8.5m Open

Lane Name	Yr	Team	Seed Time
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Bison Track & Field Club

1	Bordun, Kimberly-Ann	89	Bison Track	16.40
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2	Boxill, Alicia	90	Bison Track	17.00
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Sisler High School

1	Gallant, Jena	91	Sisler	NT
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Stride Ahead Tough Track

1	O'Donnell, Danielle	90	SA Tough Track	15.54
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Unattached

1	Gundrum, Amanda	91	Unattached	16.65
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Winnipeg Optimist Athletics

1	Twerdun, Deondra	88	Wpg Optimist	16.76
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2	Grondin, Renee	92	Wpg Optimist	NT
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3	Bewski, Nicole	91	Wpg Optimist	NT
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Event 15 Women 200 m Hurdles 0.762m-35m Open

Lane Name	Yr	Team	Seed Time
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1	Millns, Carlynnne	95	Wpg Optimist	NT
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Event 22 Women Pole Vault Open

Pos	Name	Yr	Team	Seed Mark
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1	Robson, Victoria	85	Wpg Optimist	3.82m
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2	Logozar, Teresa	72	Wpg Optimist	3.40m
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3	Boila, Sarah	92	Wpg Optimist	3.28m
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4	Gauthier, Carrisa	93	Wpg Optimist	3.08m
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5	Garfinkle, Mikaela	92	Wpg Optimist	3.05m
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6	Cook, Taralyn	89	Wpg Optimist	2.75m
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Event 23 Women High Jump Open

Pos	Name	Yr	Team	Seed Mark
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Garden Valley

1	Guenther, Lindsay	93	Garden Valley	1.45m
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Stride Ahead Tough Track

1	O'Donnell, Danielle	90	SA Tough Track	1.68m
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2	Filyk, Megan	95	SA Tough Track	1.30m
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Unattached

1	Morgan, Yvette	96	Unattached	1.25m
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2	Smith, Taylor	92	Unattached	NH
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3	Scott, Megan	90	Unattached	NH
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Winnipeg Optimist Athletics

1	Logozar, Teresa	72	Wpg Optimist	1.55m
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2	Prychitko, Alexis	91	Wpg Optimist	1.50m
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3	Stoesz, Meredith	90	Wpg Optimist	1.50m
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4	Grondin, Renee	92	Wpg Optimist	1.35m
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Event 24 Women Long Jump Open

Pos	Name	Yr	Team	Seed Mark
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Bison Track & Field Club

1	Wong, Lisa	89	Bison Track	5.30m
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2	Baker, Dana	87	Bison Track	5.20m
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Garden Valley

1	Wiens, Kayleigh	93	Garden Valley	4.66m
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2	Guenther, Lindsay	93	Garden Valley	ND
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Junior Development

1	Jeffers, Erinn	95	Jr. Development	4.05m
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Springs Christian Academy

1	Babalola, Tayo	97	Springs	1.77m
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2	Baiye, Faith	98	Springs	1.56m
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Stride Ahead Tough Track

1	Wanigasekara, Sasanie	95	SA Tough Track	5.15m
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2	O'Donnell, Danielle	90	SA Tough Track	5.09m
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3	Zajac, Courtney	95	SA Tough Track	4.23m
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4	Filyk, Megan	95	SA Tough Track	4.21m
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5	Mandzuk, Andrea	95	SA Tough Track	4.21m
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6	Cerasani, Larissa	96	SA Tough Track	3.73m
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2009 Manitoba Prov. Age Class Championship - 7/3/2009 to 7/4/2009

CSG Trials

U of Manitoba, Winnipeg, MB

Performance List

Stride Ahead Tough Track...(Event 24 Women Long Jump

7	Levi, Jessi	96	SA Tough Track	3.08m
8	Beauvais, Madeline	97	SA Tough Track	2.63m
9	Madden, Denae	96	SA Tough Track	ND
10	Madden, Chloe	94	SA Tough Track	ND

Unattached

1	Gundrum, Amanda	91	Unattached	5.15m
2	Toews, Jessica	92	Unattached	4.94m
3	McLeod, Rachael	96	Unattached	4.15m
4	Bobko, Patricia	58	Unattached	3.87m
5	Morgan, Yvette	96	Unattached	3.62m

Westwood

1	Addison, Victoria	94	Westwood	ND
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Winnipeg Optimist Athletics

1	Twerdun, Deondra	88	Wpg Optimist	5.05m
2	Logozar, Teresa	72	Wpg Optimist	4.50m
3	Grondin, Renee	92	Wpg Optimist	4.41m
4	Millns, Carlynne	95	Wpg Optimist	4.15m
5	Dela Merced, Geselle	97	Wpg Optimist	ND

Event 25 Women Triple Jump Open

Pos	Name	Yr	Team	Seed Mark
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Flying M Athletic Club

1	Waters, Mallory	93	Flying M	ND
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Stride Ahead Tough Track

1	Wanigasekara, Sasanie	95	SA Tough Track	10.95m
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Unattached

1	Gundrum, Amanda	91	Unattached	10.51m
2	Toews, Jessica	92	Unattached	10.24m
3	Smith, Taylor	92	Unattached	ND
4	Scott, Megan	90	Unattached	ND

Winnipeg Optimist Athletics

1	Bewski, Nicole	91	Wpg Optimist	9.09m
2	Twerdun, Deondra	88	Wpg Optimist	ND
3	Millns, Carlynne	95	Wpg Optimist	ND

Event 26 Women Shot Put 2.73kg Open

Pos	Name	Yr	Team	Seed Mark
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Stride Ahead Tough Track

1	Cerasani, Larissa	96	SA Tough Track	7.11m
2	Beauvais, Madeline	97	SA Tough Track	6.06m

Event 27 Women Shot Put 3kg Open

Pos	Name	Yr	Team	Seed Mark
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Unattached

1	Bobko, Patricia	58	Unattached	8.37m
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Event 28 Women Shot Put 4kg Open

Pos	Name	Yr	Team	Seed Mark
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Flying M Athletic Club

1	Ocran, Michelle	87	Flying M	11.16m
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Sisler High School

1	Matwyczuk, Alexa	93	Sisler	ND
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Unattached

1	Martin, Stacey	91	Unattached	8.91m
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Winnipeg Optimist Athletics

1	Twerdun, Deondra	88	Wpg Optimist	10.67m
2	Grondin, Renee	92	Wpg Optimist	8.50m

Event 29 Women Hammer 4kg Open

Pos	Name	Yr	Team	Seed Mark
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Flying M Athletic Club

1	Mackie, Kristen	89	Flying M	38.69m
2	Ocran, Michelle	87	Flying M	35.99m
3	Ferris, Karen	91	Flying M	31.29m

Event 30 Women Discus 1kg Open

Pos	Name	Yr	Team	Seed Mark
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1	Mackie, Kristen	89	Flying M	37.06m
2	Ferris, Karen	91	Flying M	35.20m

Sisler High School

1	Matwyczuk, Alexa	93	Sisler	ND
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Winnipeg Optimist Athletics

1	Prychitko, Alexis	91	Wpg Optimist	17.63m
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Event 31 Women Javelin 600g Open

Pos	Name	Yr	Team	Seed Mark
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Springs Christian Academy

1	Anderson, Hannah	92	Springs	ND
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Stride Ahead Tough Track

1	O'Donnell, Danielle	90	SA Tough Track	31.99m
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Unattached

1	Harmon, Sara	90	Unattached	37.50m
2	Stratton, Desiree	90	Unattached	34.12m
3	Boudreau, Alanna	83	Unattached	ND

William Morton Collegiate

1	Adamson, Jody	92	William Morton	36.72m
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Winnipeg Optimist Athletics

1	Grondin, Renee	92	Wpg Optimist	35.00m
2	Prychitko, Alexis	91	Wpg Optimist	20.09m
3	Bewski, Alyssa	95	Wpg Optimist	ND

Event 37 Men 100 m Open

Lane	Name	Yr	Team	Seed Time
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Bison Track & Field Club

1	Moolchan, Kieran	89	Bison Track	11.00
2	Ferguson, Quin	88	Bison Track	11.00

Riversdale Athletics

1	D'Eon, Marcel	53	Riversdale Athle	12.68
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Sisler High School

1	Mar Franciso, John	94	Sisler	NT
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Springs Christian Academy

1	Baiye, Samuel	00	Springs	NT
2	Babalola, Tope	97	Springs	NT

2009 Manitoba Prov. Age Class Championship - 7/3/2009 to 7/4/2009

CSG Trials

U of Manitoba, Winnipeg, MB

Performance List

Stanley Knowles School...(Event 37 Men 100 m Open)

1	Anderson, Robert	95	Stanley Knowles	12.34
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Stride Ahead Tough Track

1	Parrington, Nolan	95	SA Tough Track	12.16
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2	Deleau, Luc	99	SA Tough Track	NT
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Unattached

1	Lucas, Phil	80	Unattached	10.99
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2	Labbe, Nathan	88	Unattached	11.00
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3	Brydges, Dylan	94	Unattached	NT
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Walter Whyte School

1	Juvonen, Timothy	00	Walter Whyte	16.05
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Winnipeg Optimist Athletics

1	Szczepaniak, David	88	Wpg Optimist	10.90
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2	Lautenslager, Rhys	90	Wpg Optimist	11.15
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3	Twerdun, Tanner	91	Wpg Optimist	11.20
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4	Guy, Eric	95	Wpg Optimist	11.40
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5	Gadjadhar, Mack	91	Wpg Optimist	11.45
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6	McMaster, Jamie	91	Wpg Optimist	11.45
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7	Pollock, Ethan	90	Wpg Optimist	11.58
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8	Akins, Michael	93	Wpg Optimist	11.64
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9	Duncan, Patrick	93	Wpg Optimist	11.80
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10	Sader, Levi	94	Wpg Optimist	11.98
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11	Schindell, Brayden	94	Wpg Optimist	12.34
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12	Leech, Kyle	94	Wpg Optimist	13.10
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13	Lo, Joseph	95	Wpg Optimist	13.20
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14	Bilenko, Vitaliy	94	Wpg Optimist	13.66
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15	Hurdal, Quenton	96	Wpg Optimist	14.66
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16	Madrid, Christian	97	Wpg Optimist	14.89
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Event 38 Men 150 m Open

Lane	Name	Yr	Team	Seed Time
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Sisler High School

1	Mar Franciso, John	94	Sisler	NT
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Springs Christian Academy

1	Babalola, Tope	97	Springs	25.61
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2	Toews, AJ	97	Springs	NT
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Unattached

1	Brydges, Dylan	94	Unattached	NT
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Walter Whyte School

1	Juvonen, Timothy	00	Walter Whyte	NT
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Winnipeg Optimist Athletics

1	Sader, Levi	94	Wpg Optimist	18.30
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2	Leech, Kyle	94	Wpg Optimist	18.57
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3	Kohut, Josh	95	Wpg Optimist	18.67
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4	Lo, Joseph	95	Wpg Optimist	18.70
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5	Guy, Eric	95	Wpg Optimist	19.10
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6	Schindell, Brayden	94	Wpg Optimist	19.30
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7	Bilenko, Vitaliy	94	Wpg Optimist	23.75
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8	Hurdal, Quenton	96	Wpg Optimist	23.80
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Event 39 Men 200 m Open

Lane	Name	Yr	Team	Seed Time
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Bison Track & Field Club

1	Ferguson, Quin	88	Bison Track	21.89
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2	Durand, Zacharie	89	Bison Track	22.80
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Flying M Athletic Club

1	Waters, Jay	91	Flying M	23.36
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John Taylor collegiate

1	Woo, Graham	93	John Taylor coll	26.00
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Kelvin High

1	Fitkowsky, Matthew	93	Kelvin High	22.70
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Lakehead Athletics Club

1	McDonough, Joseph	93	Lakehead Athlet	23.18
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Riversdale Athletics

1	D'Eon, Marcel	53	Riversdale Athle	26.50
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Stride Ahead Tough Track

1	Parrington, Nolan	95	SA Tough Track	24.79
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2	Post, Mac	93	SA Tough Track	25.78
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3	Dillon, Shane	97	SA Tough Track	30.10
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4	Deleau, Luc	99	SA Tough Track	NT
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Unattached

1	Labbe, Nathan	88	Unattached	22.79
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Winnipeg Optimist Athletics

1	Twerdun, Tanner	91	Wpg Optimist	22.30
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2	Szczepaniak, David	88	Wpg Optimist	22.55
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3	McMaster, Jamie	91	Wpg Optimist	22.80
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4	Akins, Michael	93	Wpg Optimist	23.27
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5	Gadjadhar, Mack	91	Wpg Optimist	23.56
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6	Pollock, Ethan	90	Wpg Optimist	23.99
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7	Beckett, Patrick	93	Wpg Optimist	24.51
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8	Nickol, Brett	91	Wpg Optimist	25.90
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Event 40 Men 300 m Open

Lane	Name	Yr	Team	Seed Time
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Junior Development

1	Koshelanyk, Matthew	98	Jr. Development	54.97
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2	Desmarais, Mathieu	95	Jr. Development	NT
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Springs Christian Academy

1	Toews, AJ	97	Springs	NT
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Stanley Knowles School

1	Anderson, Robert	95	Stanley Knowles	43.50
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Unattached

1	Brydges, Dylan	94	Unattached	NT
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2	Croy, Ryan	94	Unattached	NT
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3	Peters, Colton	00	Unattached	NT
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Winnipeg Optimist Athletics

1	Sader, Levi	94	Wpg Optimist	39.78
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2	Leech, Kyle	94	Wpg Optimist	41.58
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3	Kohut, Josh	95	Wpg Optimist	42.04
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4	Lo, Joseph	95	Wpg Optimist	42.35
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5	Schindell, Brayden	94	Wpg Optimist	43.50
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2009 Manitoba Prov. Age Class Championship - 7/3/2009 to 7/4/2009

CSG Trials

U of Manitoba, Winnipeg, MB

Performance List

Winnipeg Optimist Athletics...(Event 40 Men 300 m Open)

6 Legare, Brad 94 Wpg Optimist 43.67

Event 41 Men 400 m Open

Lane	Name	Yr	Team	Seed Time
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Bison Track & Field Club

1	Ferguson, Quin	88	Bison Track	47.31
2	Durand, Zacharie	89	Bison Track	49.50
3	Campbell, Stephen	90	Bison Track	55.00

Flying M Athletic Club

1 Waters, Jay 91 Flying M 51.86

John Taylor collegiate

1 Woo, Graham 93 John Taylor coll 56.00

Kelvin High

1 Fitkowsky, Matthew 93 Kelvin High 51.25

Lakehead Athletics Club

1 McDonough, Joseph 93 Lakehead Athlet 51.44

River East Collegiate

1 Willems, Brian 92 River East 52.39

Sisler High School

1 Sampson, Terrence 92 Sisler 51.75

Stride Ahead Tough Track

1	Parrington, Nolan	95	SA Tough Track	56.09
2	Post, Mac	93	SA Tough Track	56.80
3	Van Schepdael, Tyler	96	SA Tough Track	1:12.00
4	Deleau, Luc	99	SA Tough Track	NT

Winnipeg Optimist Athletics

1	Szczepaniak, David	88	Wpg Optimist	50.01
2	McMaster, Jamie	91	Wpg Optimist	51.12
3	Van Koughnet, Joel	91	Wpg Optimist	52.04
4	Beckett, Patrick	93	Wpg Optimist	54.55
5	Duncan, Patrick	93	Wpg Optimist	55.40
6	Nickol, Brett	91	Wpg Optimist	55.50

Event 42 Men 800 m Open

Lane	Name	Yr	Team	Seed Time
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Bison Track & Field Club

1	Carr, Paul	86	Bison Track	1:56.00
2	Toet, Travis	89	Bison Track	1:58.50
3	Kelly, Patrick	87	Bison Track	1:58.77
4	Barnett, Colin	89	Bison Track	1:59.50
5	Campbell, Stephen	90	Bison Track	2:04.00

College Louis-Riel

1	Brault, Charles	93	College Louis-R	2:03.00
2	Bulloch, Patrique	94	College Louis-R	2:09.50
3	Robinson, Daniel	92	College Louis-R	2:12.00

Junior Development

1	Koshelanyk, Matthew	98	Jr. Development	2:44.51
2	Desmarais, Mathieu	95	Jr. Development	NT

Kelvin High

1 Fitkowsky, Matthew 93 Kelvin High 2:06.19

Lakehead Athletics Club

1 Chris, Brown 91 Lakehead Athlet 2:00.45

2 Ben, Belluz 93 Lakehead Athlet 2:05.50

River City Athletics

1 Miller, Thomas 92 River City 2:06.32

River East Collegiate

1 Willems, Brian 92 River East 2:07.92

Riversdale Athletics

1 D'Eon, Marcel 53 Riversdale Athle 2:39.50

Springs Christian Academy

1	Nicholas, Mathieu	95	Springs	NT
2	Nicolas, Marc	94	Springs	NT

Stride Ahead Tough Track

1	Thacher, Eric	92	SA Tough Track	2:03.79
2	Gemmell, Brendan	93	SA Tough Track	2:12.00
3	Dillon, Shane	97	SA Tough Track	2:25.00
4	Van Schepdael, Matthew	96	SA Tough Track	2:28.61
5	Van Schepdael, Tyler	96	SA Tough Track	2:39.00

Unattached

1	Peters, Braedan	95	Unattached	2:07.00
2	Peters, Dustin	93	Unattached	2:16.00
3	Peters, Colton	00	Unattached	3:00.00

Walter Whyte School

1 Juvonen, Andrew 96 Walter Whyte 2:32.70

Winnipeg Optimist Athletics

1	Brown, Alastair	90	Wpg Optimist	1:56.64
2	Saccucci, Jordan	91	Wpg Optimist	2:00.00
3	Van Koughnet, Joel	91	Wpg Optimist	2:01.15
4	Drover, Conrad	93	Wpg Optimist	2:09.00
5	Sader, Levi	94	Wpg Optimist	2:09.23
6	Duncan, Patrick	93	Wpg Optimist	2:11.00
7	Taylor, Matt	93	Wpg Optimist	2:13.00
8	Taylor, Matthew	93	Wpg Optimist	2:13.00
9	Legare, Brad	94	Wpg Optimist	2:14.00
10	Loch, Robert	95	Wpg Optimist	2:16.00
11	Paterson, Ben	94	Wpg Optimist	2:20.61
12	Nowrang, Brett	94	Wpg Optimist	2:24.00

Event 43 Men 1500 m Open

Lane	Name	Yr	Team	Seed Time
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Bison Track & Field Club

1	Carr, Paul	86	Bison Track	3:57.00
2	Kelly, Patrick	87	Bison Track	4:04.00
3	Budigoma, Desire	88	Bison Track	4:06.00
4	DeJong, Calvary	85	Bison Track	4:08.00
5	Penner, Adam	86	Bison Track	4:10.00
6	Lang, Dennis	51	Bison Track	4:35.00

College Louis-Riel

1	Brault, Charles	93	College Louis-R	4:14.00
2	Bulloch, Patrique	94	College Louis-R	4:33.00
3	Robinson, Daniel	92	College Louis-R	4:38.00

Junior Development

1	Lutz, Haldon	95	Jr. Development	5:05.00
2	Koshelanyk, Matthew	98	Jr. Development	NT
3	Desmarais, Mathieu	95	Jr. Development	NT

2009 Manitoba Prov. Age Class Championship - 7/3/2009 to 7/4/2009

CSG Trials

U of Manitoba, Winnipeg, MB

Performance List

Lakehead Athletics Club...(Event 43 Men 1500 m Open)

1	Chris, Brown	91	Lakehead Athlet	4:10.00
2	Daniel, Howells	92	Lakehead Athlet	4:12.00
3	Peter, Esposti	90	Lakehead Athlet	4:12.80
4	Aulagnon, Dominique	93	Lakehead Athlet	4:15.20
5	Ben, Belluz	93	Lakehead Athlet	4:20.50
6	Chambers-Bedard, Geoff	92	Lakehead Athlet	4:22.30

River City Athletics

1	Miller, Thomas	92	River City	4:17.38
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Springs Christian Academy

1	Nicolas, Marc	94	Springs	NT
2	Nicholas, Mathieu	95	Springs	NT

Stride Ahead Tough Track

1	Thacher, Eric	92	SA Tough Track	4:13.74
2	Gemmell, Brendan	93	SA Tough Track	4:33.53
3	Dillon, Shane	97	SA Tough Track	4:50.96
4	Van Schepdael, Matthew	96	SA Tough Track	4:58.00

Unattached

1	Nicol-Samuel, DeLohnni	91	Unattached	4:04.00
2	Peters, Braedan	95	Unattached	4:23.00
3	Peters, Dustin	93	Unattached	4:40.00

Walter Whyte School

1	Juvonen, Andrew	96	Walter Whyte	5:11.29
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Winnipeg Optimist Athletics

1	Brown, Alastair	90	Wpg Optimist	3:55.27
2	Drover, Conrad	93	Wpg Optimist	4:30.00
3	Neufeld, Levi	94	Wpg Optimist	4:30.37
4	Taylor, Matthew	93	Wpg Optimist	4:45.00
5	Taylor, Matt	93	Wpg Optimist	4:50.10

Event 44 Men 3000 m Open

Lane Name	Yr	Team	Seed Time
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Lakehead Athletics Club

1	Peter, Esposti	90	Lakehead Athlet	9:15.00
2	Daniel, Howells	92	Lakehead Athlet	9:15.80
3	Aulagnon, Dominique	93	Lakehead Athlet	9:25.60
4	Chambers-Bedard, Geoff	92	Lakehead Athlet	9:35.70

Event 45 Men 5000 m Open

Lane Name	Yr	Team	Seed Time
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Bison Track & Field Club

1	Budigoma, Desire	88	Bison Track	15:25.00
2	DeJong, Calvary	85	Bison Track	15:45.00
3	Hynes, Tyler	84	Bison Track	15:45.00
4	Penner, Adam	86	Bison Track	15:45.00
5	Muise, Brendyn	91	Bison Track	16:20.00

Lakehead Athletics Club

1	Refern - Pucci, Antonio	85	Lakehead Athlet	16:00.00
2	Aulagnon, Dominique	93	Lakehead Athlet	16:44.30

Unattached

1	Nicol-Samuel, DeLohnni	91	Unattached	15:42.00
2	Samuel, Dane	67	Unattached	15:54.00

Winnipeg Optimist Athletics

1	Brown, Alastair	90	Wpg Optimist	15:45.00
2	Krisjanson, Bjorn	93	Wpg Optimist	NT
3	Booth, Mike	80	Wpg Optimist	NT

Event 47 Men 100 m Hurdles 0.84m-8.5m Open

Lane Name	Yr	Team	Seed Time
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Unattached

1	Croy, Ryan	94	Unattached	NT
2	Brydges, Dylan	94	Unattached	NT

Winnipeg Optimist Athletics

1	Guy, Eric	95	Wpg Optimist	NT
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Event 49 Men 110 m Hurdles 0.914m-9.14 Open

Lane Name	Yr	Team	Seed Time
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Sisler High School

1	DeGuzman, Daniel	93	Sisler	NT
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Event 51 Men 110 m Hurdles 1.067m-9.14m Open

Lane Name	Yr	Team	Seed Time
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Bison Track & Field Club

1	Moolchan, Kieran	89	Bison Track	15.00
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Unattached

1	Labbe, Nathan	88	Unattached	16.00
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Winnipeg Optimist Athletics

1	Smook, Troy	88	Wpg Optimist	15.50
2	Lautenslager, Rhys	90	Wpg Optimist	NT
3	Entz, Scott	92	Wpg Optimist	NT
4	Finnson, Curtis	91	Wpg Optimist	NT

Event 53 Men 300 m Hurdles 0.84m-35m Open

Lane Name	Yr	Team	Seed Time
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Sisler High School

1	Cuaresma, Brendan	94	Sisler	NT
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Event 54 Men 400 m Hurdles 0.84m-35m Open

Lane Name	Yr	Team	Seed Time
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1	Sampson, Terrence	92	Sisler	58.22
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Event 60 Men Pole Vault Open

Pos	Name	Yr	Team	Seed Mark
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Winnipeg Optimist Athletics

1	Logoza, Josh	89	Wpg Optimist	3.45m
2	Bilenko, Vitaliy	94	Wpg Optimist	3.35m
3	Buchanan, Arthur	91	Wpg Optimist	3.25m
4	Bairos-Novak, Steven	94	Wpg Optimist	3.10m
5	Welchinski, Tyrone	89	Wpg Optimist	NH
6	Lautenslager, Rhys	90	Wpg Optimist	NH

Event 61 Men High Jump Open

Pos	Name	Yr	Team	Seed Mark
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Stride Ahead Tough Track

1	Parrington, Nolan	95	SA Tough Track	1.55m
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2009 Manitoba Prov. Age Class Championship - 7/3/2009 to 7/4/2009

CSG Trials

U of Manitoba, Winnipeg, MB

Performance List

Unattached...(Event 61 Men High Jump Open)

1	Croy, Ryan	94	Unattached	NH
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Winnipeg Optimist Athletics

1	Rodewald, Lucas	90	Wpg Optimist	2.06m
2	Buchanan, Arthur	91	Wpg Optimist	1.96m
3	Finnson, Curtis	91	Wpg Optimist	1.63m
4	Guy, Eric	95	Wpg Optimist	1.59m
5	Kohut, Josh	95	Wpg Optimist	1.55m
6	Lo, Joseph	95	Wpg Optimist	1.50m
7	Bilenko, Vitaliy	94	Wpg Optimist	NH

Event 62 Men Long Jump Open

Pos	Name	Yr	Team	Seed Mark
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Sisler High School

1	DeGuzman, Daniel	93	Sisler	ND
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Springs Christian Academy

1	Babalola, Tope	97	Springs	1.95m
2	Baiye, Samuel	00	Springs	1.69m

Stride Ahead Tough Track

1	Parrington, Nolan	95	SA Tough Track	5.50m
2	Deleau, Luc	99	SA Tough Track	ND

Unattached

1	Labbe, Nathan	88	Unattached	7.45m
2	Walford, David	90	Unattached	6.72m

Winnipeg Optimist Athletics

1	Gundrum, Joshua	90	Wpg Optimist	6.58m
2	Akins, Michael	93	Wpg Optimist	5.74m
3	Guy, Eric	95	Wpg Optimist	5.69m
4	Leech, Kyle	94	Wpg Optimist	5.39m
5	Lo, Joseph	95	Wpg Optimist	5.35m
6	Sader, Levi	94	Wpg Optimist	4.24m
7	Hurdal, Quenton	96	Wpg Optimist	ND
8	Entz, Scott	92	Wpg Optimist	ND
9	Bilenko, Vitaliy	94	Wpg Optimist	ND

Event 63 Men Triple Jump Open

Pos	Name	Yr	Team	Seed Mark
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Flying M Athletic Club

1	Waters, Jay	91	Flying M	12.22m
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Sisler High School

1	DeGuzman, Daniel	93	Sisler	ND
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Unattached

1	Walford, David	90	Unattached	13.97m
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Winnipeg Optimist Athletics

1	Gundrum, Joshua	90	Wpg Optimist	14.14m
2	Welchinski, Tyrone	89	Wpg Optimist	ND

Event 64 Men Hammer 4kg Open

Pos	Name	Yr	Team	Seed Mark
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Unattached

1	Morrow, Brett	94	Unattached	ND
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Event 66 Men Hammer 7.26kg Open

Pos	Name	Yr	Team	Seed Mark
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Flying M Athletic Club

1	Charrier, Justin	86	Flying M	ND
2	Suppes, Garth	87	Flying M	ND

Event 68 Men Shot Put 2.73kg Open

Pos	Name	Yr	Team	Seed Mark
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Morden

1	Wirth, Michael	97	Morden	ND
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Event 69 Men Shot Put 4kg Open

Pos	Name	Yr	Team	Seed Mark
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Junior Development

1	Desmarais, Mathieu	95	Jr. Development	ND
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Unattached

1	Morrow, Brett	94	Unattached	12.40m
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Event 70 Men Shot Put 5kg Open

Pos	Name	Yr	Team	Seed Mark
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Springs Christian Academy

1	Hackie, Ezra	93	Springs	10.90m
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Event 71 Men Shot Put 7.26kg Open

Pos	Name	Yr	Team	Seed Mark
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Flying M Athletic Club

1	Charrier, Justin	86	Flying M	ND
2	Suppes, Garth	87	Flying M	ND

Unattached

1	Labbe, Nathan	88	Unattached	8.00m
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Winnipeg Optimist Athletics

1	Buchanan, Arthur	91	Wpg Optimist	12.25m
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Event 72 Men Shot Put 6kg Open

Pos	Name	Yr	Team	Seed Mark
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Springs Christian Academy

1	Hackie, Caleb	91	Springs	10.72m
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Event 73 Men Discus 1kg Open

Pos	Name	Yr	Team	Seed Mark
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Morden

1	Wirth, Michael	97	Morden	ND
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Event 74 Men Discus 1.5kg Open

Pos	Name	Yr	Team	Seed Mark
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Springs Christian Academy

1	Hackie, Ezra	93	Springs	ND
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Event 75 Men Discus 2kg Open

Pos	Name	Yr	Team	Seed Mark
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Flying M Athletic Club

1	Sedor, Mat	88	Flying M	46.21m
2	Angus, Mark	76	Flying M	ND
3	Suppes, Garth	87	Flying M	ND

2009 Manitoba Prov. Age Class Championship - 7/3/2009 to 7/4/2009**CSG Trials****U of Manitoba, Winnipeg, MB****Performance List****Flying M Athletic Club...(Event 75 Men Discus 2kg Open)**

4	Suppes, Patrick	86	Flying M	ND
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Unattached

1	Stackiw, Dave	67	Unattached	ND
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Winnipeg Optimist Athletics

1	Buchanan, Arthur	91	Wpg Optimist	34.74m
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Event 76 Men Discus 1.75kg Open

Pos	Name	Yr	Team	Seed Mark
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Springs Christian Academy

1	Hackie, Caleb	91	Springs	ND
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Event 78 Men Javelin 700g Open

Pos	Name	Yr	Team	Seed Mark
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John Taylor collegiate

1	Woo, Graham	93	John Taylor coll	39.86m
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Springs Christian Academy

1	Hackie, Ezra	93	Springs	ND
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Event 80 Men Javelin 800g Open

Pos	Name	Yr	Team	Seed Mark
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Flying M Athletic Club

1	Waterhouse, Travis	88	Flying M	54.19m
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2	Suppes, Patrick	86	Flying M	ND
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Unattached

1	Labbe, Nathan	88	Unattached	40.00m
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2	Nadeau, Alex	92	Unattached	ND
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Winnipeg Optimist Athletics

1	Buchanan, Arthur	91	Wpg Optimist	47.51m
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2	Gundrum, Joshua	90	Wpg Optimist	45.74m
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3	Lautenslager, Rhys	90	Wpg Optimist	32.63m
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4	Schindell, Brayden	94	Wpg Optimist	ND
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