



# **TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY**

## **COACHING SURVEY**

February 14, 2009

This survey is to help in the planning and meeting your coaching education requests.

Athletics Manitoba is planning the Spring Track and Field Super Seminar on Friday, April 17, 2009 at the University of Manitoba Max Bell Centre. Are there any particular events, topics or speakers that you would like to hear?:

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Would you prefer a different location? \_\_\_\_\_

Would you prefer a certification clinic in place of the general event approach that is currently offered? \_\_\_\_\_

Athletics Manitoba offered a Fall Cross-Country Seminar last year on a Saturday – is this something that would be beneficial to do again?

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Which day is best for seminars? \_\_\_\_\_

What topics/events would you like covered? \_\_\_\_\_

National Coaching Certification Courses (NCCP) are offered through Athletics Manitoba. They include:

1. The Grassroots Run, Jump, Throw (RJT) Instructor program is aimed a younger elementary age and early middle school children. Course takes 8 hours in a teacher inservice or 12 hours in a weekend course.
2. Sport Coach replaces the old Level 1. This gives a general overview of all event areas and includes the Competition A theory components. Course takes 14 hours.
3. Club Coach replaces old Level 2. It specializes in an event area, such as (Sprints Relays and Hurdles), (Middle Distance and Distance), (Jumps), (Throws) and includes the Competition B theory components. Course takes 14 hours.
4. Level 3 Technical is an event specific course (i.e. High Jump) aimed at coaches working with specialized athletes (16 years of age and above). Course requires 21 hours. Theory is separate.
5. Non NCCP courses. Athletics Manitoba can meet many requests for clinics on a variety of topics and or events (often as part of school professional development).

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Are there NCCP courses that you would like to take: \_\_\_\_\_

Is there a best time of the year to host NCCP courses? \_\_\_\_\_

Is there a best time of the week? \_\_\_\_\_

Would you be interested in a course in the evenings spread over several weeks?

\_\_\_\_\_

Would you be interested in a course during the summer? \_\_\_\_\_

Would your school division be interested in coaching education courses?

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Suggestions and comments on coaching education:

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Suggestions and comments on improving the sport:

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Name \_\_\_\_\_ Work Phone \_\_\_\_\_

Home Phone \_\_\_\_\_ Email \_\_\_\_\_

School/Club or Organization \_\_\_\_\_