



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

214-200 Main St. • Winnipeg, MB R3C 4M2 • Tel: 204-925-5743 • Fax: 204-925-5792 • athleticsmb@shaw.ca • www.athleticsmanitoba.com

ATHLETICS MANITOBA

2008 JUVENILE PROVINCIAL TEAM PROGRAM

- Athletics Manitoba will be forming a team of **Juvenile aged (Born 1991 & 1992)** to compete against athletes from Saskatchewan on **July 5th, 2008 in Winnipeg**. **Midget (born 1993 & 1994)** athletes will also be selected to field a full team. It is important for athletes to confirm their year of birth with the ID form.
- The team will be selected based on performances obtained at the MHSAA Provincial Championships and Athletics Manitoba 2008 Grand Prix Meets that meet or surpass the standards listed below.
- All athletes must pay a Provincial Team fee of \$50.00, which includes meet entry, Provincial Team singlet, access to Exclusive Use Training Times at the University Stadium in Winnipeg during July & August 2008, and mileage assistance for rural athletes. Athletes who are not currently individual members of Athletics Manitoba will pay \$30 for a full membership. All athletes and their parents must agree to and sign the Athletics Manitoba Code of Conduct and the Athlete Waiver Form prior to the competition.
- The total team size will be approximately 50 athletes. Up to four athletes can be entered in each event, but only the top two for scoring.
- Coaches and athletes are encouraged to contact Athletics Manitoba with top performances in their event. Letters of invitation will be given out / sent out following the MHSAA Provincial Championships.
- Athletes will be contacted if selected for the team on or before June 23rdth, 2007.

2008 JUVENILE PROVINCIAL TEAM

STANDARDS

EVENT	JUVENILE WOMEN			JUVENILE MEN		
	A	B	C	A	B	C
100 meters	13.5	13.9	14.1	11.5	11.8	12.0
200 meters	28.0	28.5	29.0	24.0	24.5	25.0
400 meters	1:04.0	1:05.0	1:06.0	55.0	56.0	57.0
800 meters	2:37.0	2:43.0	2:46.0	2:10.0	2:12.0	2:14.0
1500 meters	5:22.0	5:26.0	5:32.0	4:27.0	4:32.0	4:50.0
3000 meters	12:18.0	12:40.0	12:48.0	10:10.0	10:30.0	10:45.0
100m/110m hurdles	17.9	18.9	19.9	17.5	19.0	20.5
Long Jump	4.55	4.30	4.25	5.70	5.40	5.30
High Jump	1.45	1.40	1.35	1.70	1.65	1.60
Triple Jump	9.45	9.40	9.30	13.00	12.30	11.50
Pole Vault	3.00	2.60	2.30	3.50	3.20	3.00
Shot Put	10.00	9.90	9.80	16.00	15.00	14.50
Discus	26.0	23.0	20.0	40.0	35.0	32.0
Javelin	18.5	16.5	15.8	40.0	32.0	28.0
Hammer	22.0	18.0	16.0	33.0	28.0	22.0



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JUVENILE PROVINCIAL TEAM ATHLETE IDENTIFICATION FORM

Name: _____

Tel: _____

Address: _____

Year of Birth: _____

City, Prov, P.C.: _____

email: _____

Coach: _____

School / Club: _____

Coach Tel: _____

Coach email: _____

Performances:

Event: _____

Performance: _____

When/Where: _____

Event: _____

Performance: _____

When/Where: _____

Event: _____

Performance: _____

When/Where: _____

Event: _____

Performance: _____

When/Where: _____

Event: _____

Performance: _____

When/Where: _____

Event: _____

Performance: _____

When/Where: _____

Comments: _____
