

## **TRACK ATTACK #3**

## Schedule Friday, March 9, 2007

Max Bell Stadium

Please note that we need to begin the meet exactly at noon – please arrive in sufficient time.

INFIELD				OVAL		
12:00	12 Boys		60m	12:00		
	13 Boys		60m		13 year old girls 4x200m relay	
	14 Boys		60m		14 year old girls 4x200m relay	
					12 year old boys 4x200m relay	
	12 Boys		60m Final		13 year old boys 4x200m relay	
	13 Boys		60m Final		14 year old boys 4x200m relay	
14 Boys			60m Final			
	40.011		•		12 Boys	400m
12 Girls			60m		13 Boys	400m
	13 Girls		60m		14 Boys	400m
	14 Girls	5	60m		12 Girls	400m
	12 Girls		60m Final		12 Girls 13 Girls	400m 400m
	12 Girls		60m Final		14 Girls	400m
	14 Girls		60m Final		14 Ollis	400111
INFIELD PIT			oom i mai		See note below for	or time standards!
12:00	14 Boys	s LJ			12 Boys	1500m
	13 Boy				13 Boys	1500m
	12 Boy				14 Boys	1500m
	,				•	
OUTSIDE PIT					12 Girls	1500m
12:00	14 Girls	s LJ			13 Girls	1500m
	13 Girls	s LJ			14 Girls	1500m
	12 Girls	s LJ				
CIRCLE#1						
13 Boys		Shot Put				
14 Boys		Shot Put				
12 Boys		Shot Put				
		onot i ut				
CIRCLE#2						
13 Girls		Shot Put				

NOTES - Due to the large number of athletes and the time restraints of the meet, please note that the following rules will be enforced at the meet.

Finals will be run in the 60m with top 8 times advancing.

Shot Put

Shot Put

12 Girls

14 Girls

- Any athlete who walks in the 1500m race will be asked to leave the track. The 1500m will also have a time standard the race will be stopped at the following times in order to be able to complete all sections:

   Girls 7:30 Boys 7:00
- There will be only 2 attempts per competitor in the Shot Put.
- There will be only 2 attempts per competitor in the Long Jump.