

2007 MILK TRACK & FIELD SCHEDULE

TRACK EVENTS

FRIDAY, JUNE 8

<u>TIME</u>	<u>EVENT</u>	<u>CLASSIFICATION</u>
11:00 AM	MEDLEY RELAY	TIMED FINALS (8,2,2,4) JV. GIRLS
11:15 AM	MEDLEY RELAY	TIMED FINALS (8,2,2,4) SR. GIRLS
11:30 AM	MEDLEY RELAY	TIMED FINALS (8,2,2,4) JV. BOYS
11:45 AM	MEDLEY RELAY	TIMED FINALS (8,2,2,4) SR. BOYS
12:00 PM	200 M	HEATS JV. GIRLS
12:15 PM	200 M	HEATS SR. GIRLS
12:30 PM	200 M	HEATS JV. BOYS
12:45 PM	200 METRES	HEATS SR. BOYS

1:00 PM MILK AWARDS PRESENTATION (MEDLEY RELAY EVENTS)

1:15 PM	1500 M	FINALS	JV. GIRLS
1:30 PM	1500 M	FINALS	SR. GIRLS
1:45 PM	1500 M	FINALS	JV. BOYS
2:00 PM	1500 M	FINALS	SR. BOYS
2:15 PM	80 M HURDLES	HEATS	JV. GIRLS
2:30 PM	80 M HURDLES	HEATS	SR. GIRLS
2:45 PM	100 M HURDLES	HEATS	JV. BOYS
3:00 PM	100 M HURDLES	HEATS	SR. BOYS

3:15 PM MILK AWARDS PRESENTATION (1500 M EVENTS AND 12:00 PM FIELD EVENTS)

3:25 PM	MULTI EVENT 100	FINAL	JV. GIRLS
3:27 PM	MULTI EVENT 100	FINAL	SR. GIRLS
3:30 PM	100 M	HEATS	JV. GIRLS
3:45 PM	100 M	HEATS	SR. GIRLS
4:00 PM	100 M	HEATS	JV. BOYS
4:15 PM	100 M	HEATS	SR. BOYS
4:30 PM	MULTI EVENT 100	FINAL	JV. BOYS
4:32 PM	MULTI EVENT 100	FINAL	SR. BOYS
4:35 PM	400 M	HEATS	JV. GIRLS
4:50 PM	400 M	HEATS	SR. GIRLS
5:05 PM	400 M	HEATS	JV. BOYS
5:20 PM	400 M	HEATS	SR. BOYS

5:35 PM MILK AWARDS PRESENTATION (1:30 AND 3:00 PM FIELD EVENTS)

5:50 PM	4 X 100 M	HEATS	JV. GIRLS
6:05 PM	4 X 100 M	HEATS	SR. GIRLS
6:20 PM	4 X 100 M	HEATS	JV. BOYS
6:35 PM	4 X 100 M	HEATS	SR. BOYS
6:50 PM	4X 400 M	TIMED FINALS	JV. GIRLS
7:05 PM	4X 400 M	TIMED FINALS	SR. GIRLS
7:20 PM	4X 400 M	TIMED FINALS	JV. BOYS
7:35 PM	4X 400 M	TIMED FINALS	SR. BOYS

7:45 PM MILK AWARDS PRESENTATION (4X400 M EVENTS AND 4:30 & 6:00 PM FIELD EVENTS)

TRACK EVENTS

SATURDAY, JUNE 9

TIME	EVENT		CLASSIFICATION
9:45 AM	3000 M	FINAL	JV. GIRLS
10:05 AM	3000 M	FINAL	SR. GIRLS
10:25 AM	3000 M	FINAL	JV. BOYS
10:45 AM	3000 M	FINAL	SR. BOYS
11:05 AM	200 M	FINAL	JV. GIRLS
11:10 AM	200 M	FINAL	SR. GIRLS
11:15 AM	200 M	FINAL	JV. BOYS
11:20 AM	200 M	FINAL	SR. BOYS
11:25 AM	80 M HURDLES	FINAL	JV. GIRLS
11:35 AM	80 M HURDLES	FINAL	SR. GIRLS
11:45 AM	100 M HURDLES	FINAL	JV. BOYS
11:55 AM	100 M HURDLES	FINAL	SR. BOYS
12:00 PM	800 MULTI EVENT FINAL		JV. GIRLS
12:05 PM	800 MULTI EVENT FINAL		SR. GIRLS
12:10 PM	800 M	FINAL	JV. GIRLS
12:20 PM	800 M	FINAL	SR. GIRLS
12:30 PM	800 M	FINAL	JV. BOYS
12:40 PM	800 M	FINAL	SR. BOYS
12:45 PM	800 MULTI EVENT FINAL		JV. BOYS
12:50 PM	800 MULTI EVENT FINAL		SR. BOYS
1:00 PM	MILK AWARDS PRESENTATION		
	(3000M, 200M, HURDLES, 800 M EVENTS. 9:30 & 11:00AM FIELD EVENTS)		
1:10 PM	100 M	FINAL	JV. GIRLS
1:15 PM	100 M	FINAL	SR. GIRLS
1:20 PM	100 M	FINAL	JV. BOYS
1:25 PM	100 M	FINAL	SR. BOYS
1:35 PM	400 M	FINAL	JV. GIRLS
1:40 PM	400 M	FINAL	SR. GIRLS
1:45 PM	400 M	FINAL	JV. BOYS
1:50 PM	400 M	FINAL	SR. BOYS
1:55 PM	4 X 100 METRES	FINAL	JV. GIRLS
2:05 PM	4 X 100 METRES	FINAL	SR. GIRLS
2:15 PM	4 X 100 METRES	FINAL	JV. BOYS
2:25 PM	4 X 100 METRES	FINAL	SR. BOYS

2:35 PM MILK AWARDS PRESENTATION
(MULTI EVENT, 100M, 400M AND 4 X 100M, TRACK EVENTS AND 12:30 PM FIELD EVENTS)



FIELD EVENTS

FRIDAY, June 8

12:00 PM	LONG JUMP	JV. GIRLS
12:00 PM	DISCUS	SR. BOYS
12:00 PM	HIGH JUMP	SR. GIRLS
*12:00 PM	MULTI EVENT SHOT PUT	GIRLS (JV AND SR)
1:30 PM	LONG JUMP	SR. BOYS
1:30 PM	DISCUS	SR. GIRLS
1:30 PM	HIGH JUMP	JV. BOYS
*1:30 PM	MULTI EVENT SHOT PUT	BOYS (JV AND SR)
3:00 PM	LONG JUMP	SR. GIRLS
3:00 PM	DISCUS	JV. BOYS
3:00 PM	HIGH JUMP	JV. GIRLS
4:30 PM	LONG JUMP	JV. BOYS
4:30 PM	DISCUS	JV. GIRLS
4:30 PM	HIGH JUMP	SR. BOYS
6:00 PM	TRIPLE JUMP	JV. GIRLS
6:00PM	JAVELIN	SR. GIRLS
6:00PM	SHOT PUT	SR. BOYS

SATURDAY, JUNE 9

9:30 AM	TRIPLE JUMP	SR. BOYS
9:30 AM	JAVELIN	JV. BOYS
9:30 AM	SHOT PUT	JV. GIRLS
*9:30 AM	MULTI EVENT LONG JUMP	GIRLS (JV. & SR.)
*10:30 AM	MULTI EVENT LONG JUMP	BOYS (JV. & SR.)
11:00 AM	TRIPLE JUMP	JV. BOYS
11:00 AM	JAVELIN	SR. BOYS
11:00 AM	SHOT PUT	SR. GIRLS
12:30 PM	TRIPLE JUMP	SR. GIRLS
12:30 PM	JAVELIN	JV. GIRLS
12:30 PM	SHOT PUT	JV. BOYS

* EACH ATHLETE WILL GET A TOTAL OF THREE JUMPS/THROWS.

MULTI EVENT SCORING SYSTEM

1ST - 16, 2ND 14, 3RD - 12, 4TH - 10, 5TH - 8, 6TH - 4, 7TH - 3, 8TH - 2

